

# **FRIGHT** KNOT



Fourth Quarter ♦ October – January A.S. LIV 2019



## TABLE OF CONTENTS

❖ Table of Contents	Page 2
❖ Notes from the Chronicler	Page 3
❖ Notes from their Excellencies	Page 4
❖ Article "The Ghille Dhu"	Page 5
❖ Event Announcements	Page 6
❖ Baronial Officers	Page 7-8
❖ Meetings and Practices	Page 9-10
❖ Baronial Champions	Page 11

Herewith follows the legal stuff:

This is the 4th Quarter, 2019 issue of the Fret Knot, a publication of the Barony of Altavia of the Society for Creative Anachronism, Inc. (SCA, Inc.). The Fret Knot is available from Contessa Battista De Kie Del Goya Da Lagos (Kie Spring) at [chronicler@sca-altavia.org](mailto:chronicler@sca-altavia.org). It is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies.

Copyright © 2019 Society for Creative Anachronism, Inc. For information on reprinting photographs, articles, or artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors.

The Fret Knot is provided free of charge; and can be downloaded from the Altavia Yahoo!© Group website: <http://groups.yahoo.com/group/Altavia/>. Membership in the online Altavia group is free and open to the public, though initial posts are moderated.

The images and text are presented for educational purposes only and as such do not violate the Fair Use Copyright laws. The low resolution (72 dpi) JPG image is entirely unsuitable for printed reproduction, and as such provides no competition for licensed, high resolution images of any copyrighted images.

Please respect copyrights. The use of this or any image from the Fret Knot, for any publication for profit, or in any manner that violates federal and international copyright laws is expressly forbidden. ***Please send submissions to [chronicler@sca-altavia.org](mailto:chronicler@sca-altavia.org)***



## FROM THE CHRONICLER



### Contessa Battista De Kie Del Goya Da Lagos

Greetings,

Welcome to Halloween! It's funny I dress up every weekend in Costume as well as conventions and theme nights, but I still love the idea of dressing up at Halloween! I remember when I was a kid making robots out of boxes and styrofoam McDonalds packages, putting on overalls and playing the now politically incorrect Hobo, a little green food coloring that never completely washed off and I was a witch. My mother would organize scavenger hunts and you would knock on the door of a stranger and ask them for a 1972 penny or a matchbook from a hotel. We would go to the park and chase each other around with cans of shaving cream then head to the local drive in and watch scary movies.

Today things are definatly different. No more drive in movies, no more Styrofoam, Hobo's are no longer funny little clowns with a stick and a bandana but the guy standing on the corner yelling to himself and these days knocking on a strangers door asking for a penny dressed like a witch might get you shot! Despite all this I still can't help but get excited about the concept of Halloween. Once a year you get to be something you're not, unless you're in the SCA.

The SCA gives me 52 or more days a year to dress up and be something I'm not. I can be a Queen, a Pirate, a Princess, a Knight, a Samurai, a King, a Prince, a Wench, a Lady, a Lord and anything in between. Thank you SCA for 30 years of playing at Halloween.





## FROM THEIR EXCELLENCIES



---

### THL Nikolaos Phaistos & THL Briana MacCabe

#### HAPPY OCTOBER ALTAVIA!

Angels Anniversary was a totally **rad** blast from the 80s past! His Excellency and I want to thank everyone that helped to set up and tear down, especially our friends in the Horsemen, Captain Cassandra de Lorraine and our Flaxen Abbey brother and sister, Eadric The-Younger and Molly Marking.

Congrats to all who were recognized for their awesomeness including the newest court Baroness Fu Ching Lan and our two new Peers-to-Be, Baroness Sophia (Laurel) and THL Garrick (Master of Defense)!

Congrats, also, to the victors of the day's contests including Duke Sven for armored, Altavia's very own Don Nathaniel Longbow for rapier, and Sehket of the Horsemen for A&S (her second A&S win and only her third event...holy wow!)

I feel absolutely re-energized about the SCA after such a lovely day! We can't wait to spend a full week with our chosen family at GWW!

Love you all <3

Yours in Service to the Dream,

Baron Nikolaos Phaistos  
Baroness Briana MacCabe

*(Chroniclers Note: Dated Materials have been removed or adjusted. The above notes are also available on the webpage.)*

# The Ghille Dhu

By THL Edith of Arbroath



The Ghille Dhu is a male fairy who lives deep within Scottish forests, particularly in birch trees. He lives alone and camouflages himself from humans, using leaves and moss for clothing.

He only comes out at night and gets very angry if adults' trespass upon his forest, severely punishing those that interfere with his precious leafy home. However, he is also known for his kindness to young people.

In one famous tale in Scottish folklore, the Ghille Dhu came across a frightened local girl named Jessie Macrae. It was getting dark so the Ghille Dhu comforted her then led her safely through the forest to her home.

GÀIDHLIG Pronunciation of The Ghille Dhu: Twigg GIHLyeh doo. The h makes a slightly different sound more like g but not sure how to write it.



## **Event Announcement Agincourt Tourney**

The Barony of Altavia invites you to join us at Woodley Park archery range for our Agincourt Tournament as we celebrate St. Crispin's Day with archery, thrown weapons, fun with fiber arts, and our Fretted Fork Cooking competition! Altavia's Archery and Thrown Weapons Champions (adults and youths) will be decided from the day's competitors.

Tournament location: Woodley Park is at 6331 Woodley Ave, Van Nuys, CA 91406 in the Sepulveda Dam Basin Recreation Area, between Burbank Blvd and Victory Blvd. This is a dry site. Seriously: this is a DRY SITE. Sharp projectiles and alcohol do not mix. Extra-long stakes are needed when putting up pavilions or pop-ups.

Altavia's Culinary Guild is hosting their Fretted Fork cooking contest. Come and bring your favorite dishes. We'll have period and non-period categories. In the period category documentation is not required but appreciated.

Fiber Playday: Come and sit under the trees and play with fibers: Work on new or unfinished projects, and maybe learn a new hobby.

[https://www.facebook.com/events/484082635727233/?active\\_tab=about](https://www.facebook.com/events/484082635727233/?active_tab=about) for more information.



## **Event Announcement Agincourt Feast**

After a glorious day of archery, thrown weapons, and fun at the Altavia's Agincourt Tournament please join the Barony at St. Mary's Proto-Cathedral Feast Hall for a welcome back feast for our English archers!

Location: St. Mary's Proto-Cathedral Feast Hall, 5329 Sepulveda Blvd, Sherman Oaks, CA 91411

Bring your feast ware, table decorations, dancing shoes, games, and enjoy an evening of food and fun!

This is a wet site. Enclosed candles are allowed. Please feel free to decorate your table! The tables are round and will be set up to sit 6 people.

Menu of 15th Century English Dishes. Reservations: RSVP for the feast to the event steward at [feast@sca-altavia.org](mailto:feast@sca-altavia.org).

<https://www.facebook.com/events/2334469806881577/> for menu and more information.



# ALTAVIA BARONIAL OFFICERS



- ❖ Baron: THL Nikolaos Phaistos
  - [Baron@sca-altavia.org](mailto:Baron@sca-altavia.org)
- ❖ Baroness: THL Briana MacCabe
  - [Baroness@sca-altavia.org](mailto:Baroness@sca-altavia.org)
- ❖ Chief Lady in Waiting: Lady Juanica Montanez
  - [court@sca-altavia.org](mailto:court@sca-altavia.org)
- ❖ Captain of the Guard: Cassandra de Lorrain
  - [guard@sca-altavia.org](mailto:guard@sca-altavia.org)
- ❖ Seneschal: Mistress Meliora Deverel
  - [seneschal@sca-altavia.org](mailto:seneschal@sca-altavia.org)
- ❖ Deputy Seneschal: VACANT
  - [seneschal@sca-altavia.org](mailto:seneschal@sca-altavia.org)
- ❖ Deputy Captain of Archers: Cristofanus Castellani
  - [archery@sca-altavia.org](mailto:archery@sca-altavia.org)
- ❖ Arts & Sciences Officer: Lady Juanica Montanez
  - [arts@sca-altavia.org](mailto:arts@sca-altavia.org)
- ❖ Deputy Arts & Sciences Officer: THL Edith of Arbroath
  - [arts@sca-altavia.org](mailto:arts@sca-altavia.org)
- ❖ Chatelaine: Lady Monique Marie Sauniere
  - [chatelaine@sca-altavia.org](mailto:chatelaine@sca-altavia.org)
- ❖ Deputy Chatelaines: Mistress Meliora Deverel
  - [chatelaine@sca-altavia.org](mailto:chatelaine@sca-altavia.org)
- ❖ Children's Minister: Baroness Tezar of Aeolis
  - [children@sca-altavia.org](mailto:children@sca-altavia.org)
- ❖ Deputy Children's Officer: currently vacant
- ❖ Chronicler: Contessa Battista de Kie del Goya da Lagos
  - [chronicler@sca-altavia.org](mailto:chronicler@sca-altavia.org)
- ❖ Constable: Selene Colfox
  - [constable@sca-altavia.org](mailto:constable@sca-altavia.org)
- ❖ Deputy Constable: Yusuf of Altavia
  - [constable@sca-altavia.org](mailto:constable@sca-altavia.org)
- ❖ Exchequer: Elle Wynn of Essex
  - [exchequer@sca-altavia.org](mailto:exchequer@sca-altavia.org)
- ❖ Deputy Exchequer: Baron Timotheus Zacharia von Schloss Zwilling
  - [exchequer@sca-altavia.org](mailto:exchequer@sca-altavia.org)
- ❖ Herald: THL Damien von Baden
  - [herald@sca-altavia.org](mailto:herald@sca-altavia.org)
- ❖ Court Herald: Baroness Tezar of Aeolis

- [herald@sca-altavia.org](mailto:herald@sca-altavia.org)
- ❖ List Officer: THL Matlens Litovka
  - [lists@sca-altavia.org](mailto:lists@sca-altavia.org)
- ❖ Marshal: Griffith Von Bremen
  - [marshal@sca-altavia.org](mailto:marshal@sca-altavia.org)
- ❖ Deputy Marshal: VACANT
- ❖ Deputy Marshal for Equestrian: Guene Annwyll
  - [equestrian@sca-altavia.org](mailto:equestrian@sca-altavia.org)
- ❖ Deputy Marshal of Armored Combat: Sir Thorin O'Seaghdha
  - [marshal@sca-altavia.org](mailto:marshal@sca-altavia.org)
- ❖ Deputy Marshal of Rapier: Don Nathaniel Longbow
  - [rapier@sca-altavia.org](mailto:rapier@sca-altavia.org)
- ❖ Deputy Marshal Thrown Weapons: Cristobal Santiago Barba de Alcazar
  - [tw@sca-altavia.org](mailto:tw@sca-altavia.org)
- ❖ Deputy Marshal Unarmored Combat: Cecil Sawyer Smiter
  - [tw@sca-altavia.org](mailto:tw@sca-altavia.org)
- ❖ Deputy Marshal Youth Combat: Baroness Tezar of Aeolis
  - [youthcombat@sca-altavia.org](mailto:youthcombat@sca-altavia.org)
- ❖ Social Media Officer: Eadwine Dane
- ❖ Webwright: Dame Lynnette de Sandoval del Valle de los Unicornios
  - [webwright@sca-altavia.org](mailto:webwright@sca-altavia.org)
- ❖ Deputy Webwright: Vasilisa
  - [webwright@sca-altavia.org](mailto:webwright@sca-altavia.org)





## MEETINGS & PRACTICES IN THE BARONY

### **Meetings:**

- *Council Meeting*
  - 2<sup>nd</sup> Tuesday of the month 7:00pm
  - Location: Proto-Cathedral of St. Mary Byzantine Catholic Church, 5329 Sepulveda Blvd., Sherman Oaks, Ca. 91411
  - This meeting involves officer reports, Baronial discussions, event reports, and announcements, everyone is welcome (and encouraged) to come.
  - <http://www.sca-altavia.org/meetings/>
- *Newcomers Meeting*
  - As needed 7:00pm
  - Location: Verdugo Park, 3201 West Verdugo, Burbank, Ca 91505, right hand side of the park at the stone tables near the tennis courts.
  - Everyone is welcome and given an overview of the SCA.
  - Contact the Chatelaine for details.

### **Combat Practices:**

- *Archery* - [archery@sca-altavia.org](mailto:archery@sca-altavia.org)
  - 1<sup>st</sup> & 3<sup>rd</sup> Sunday of the month 11:30am-3:00pm
  - Location: Woodley park archery range ([woodleyparkarchers.org/direction](http://woodleyparkarchers.org/direction))
  - Additional times most Tuesday and Friday nights. Contact the Captain of Archers to verify dates and times. Contact ahead for loaner gear.
- *Equestrian* - [equestrian@sca-altavia.org](mailto:equestrian@sca-altavia.org)
  - Various days of every month 6:30pm-8:30pm
  - Location: Conejo Creek Equestrian Park, 1350 Avenida de las Flores, Thousand Oaks, Ca 91360
  - Open to all regardless of Baronial affiliation
  - Riders must bring own mounts. Authorizations available, jousting, mounted combat, crest combat, mounted games, marshalette and general riding.
  - Minors must have a parent or guardian present at all times.
  - [www.sca-altavia.org/meetings/equestrian/index.html](http://www.sca-altavia.org/meetings/equestrian/index.html)
- *Armored & Rapier Combat* - [rapier@sca-altavia.org](mailto:rapier@sca-altavia.org) / [heavy@sca-altavia.org](mailto:heavy@sca-altavia.org)
  - Every Monday 7:30pm-9:30pm
  - Location: Verdugo Park, 3201 West Verdugo, Burbank, Ca 91505, right hand side of the park near the tennis courts.

- *Unarmored Combat*
  - 2<sup>nd</sup> & 4<sup>th</sup> Monday 7:30pm–9:30pm
  - Location: Verdugo Park, 3201 West Verdugo, Burbank, Ca 91505, right hand side of the park near the tennis courts.
- *Youth Combat*
  - 2<sup>nd</sup> & 4<sup>th</sup> Monday 7:30pm–9:30pm
  - Location: Verdugo Park, 3201 West Verdugo, Burbank, Ca 91505, right hand side of the park near the tennis courts.
- *Thrown Weapons* - [tw@sca-altavia.org](mailto:tw@sca-altavia.org)
  - 1<sup>st</sup> & 3<sup>rd</sup> Sunday 11:00am-2:30pm
  - Location: Woodley park archery range ([woodleyparkarchers.org/direction](http://woodleyparkarchers.org/direction))

**Arts & Sciences:** - [arts@sca-altavia.org](mailto:arts@sca-altavia.org)

- *Arts & Science Workshops (aka Craft Nights)*
  - 4<sup>th</sup> Tuesday of the Month 7:00pm-9:00pm
  - Location: Proto-Cathedral of St. Mary Byzantine Catholic Church, 5329 Sepulveda Blvd., Sherman Oaks, Ca. 91411
  - Take part in the advertised class or bring sewing or craft projects.
  - Meeting themes are published on facebook and the Altavia Website
- *Bardic Circle* - [bardic@sca-altavia.org](mailto:bardic@sca-altavia.org)
  - Host Baron Sir Charles of Dublin at the home of Baron Sir Robear du Bois.
  - Contact A&S Officer for directions & dates all can perform or watch
- *Children's Activities* - [children@sca-altavia.org](mailto:children@sca-altavia.org)
  - Children's events are held at every event that Altavia sponsors
- *Culinary Guild*
  - Special interest group for all things delicious to eat and drink.
  - All are welcome in discussions, recipes & historical research.
  - Meetings once a month [www.facebook.com/groups/242868192471271](https://www.facebook.com/groups/242868192471271)
- *Dance Practice*
  - Every Monday 7:30 (**CURRENTLY ON HIATUS**)
  - Location: Verdugo Park, 3201 West Verdugo, Burbank, Ca 91505, right hand side of the park near the tennis courts.

**Scheduled Arts and Science Classes**

- See [Arts@sca-altavia.org](mailto:Arts@sca-altavia.org) for a current Schedule of Classes



## ALTAVIA CURRENT CHAMPIONS



- ❖ **Archery:** Baron Bjorn Zenthffeer as of 10/29/18
- ❖ **Armored Combat:** Duke Sven Orfhendur as of 5/11/19
- ❖ **Arts & Sciences:** Rycharde the Bowemon as of 5/11/19
- ❖ **Special Baroness Bardic Prize:** Dame Gorandookht Mamigionian as of 5/11/19
- ❖ **Bardic:** Lord Eadwine Dane as of 12/16/18
- ❖ **Chess:** Baroness Illuminada Eugenia de Guadalupe y Godoy as of 12/16/18
- ❖ **Equestrian:** Milady Inara of Darach as of 05/20/18
- ❖ **Fretted Fork Non Period:** Mistress Cecilia Medici as of 10/29/18
- ❖ **Fretted Fork Period:** Lucrezia of Isles as of 10/29/18
- ❖ **Rapier Combat:** Master Eógan Ua Confraích as of 5/11/19
- ❖ **Thrown Weapons:** Paganus Grimlove as of 10/29/18
- ❖ **Unarmored Combat:** THL Tierrynna Caer Narvon as of 5/12/18
- ❖ **Youth Archery:** Loki of the Dell as of 10/23/16
- ❖ **Youth Arts and Sciences:** Natallya of Altavia as of 5/13/17
- ❖ **Youth Combat:** Zakarja Von Bremen as of 5/11/19

