

# FRET KNOT



Second Quarter ◇ April – July A.S. LIII 2019

Altavia Anniversary



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Herewith follows the legal stuff:

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## From the Chronicler

Contessa Battista De Kie Del Goya Da Lagos

Greetings,

As May rolls around the barony celebrates Altavia Anniversary, I celebrate a year as Chronicler and I also celebrate the anniversary of my birth! Its been 53 years for me and I've spent 22 of them in Altavia. My first event in Altavia was Anniversary with Durnyn and Aelfwyn on the Baronial thrones and Edric and Albra on the Royal thrones. Laertes, I and Estebahn had sworn that when we moved to Los Angeles from Texas, we would not be doing the SCA, then we met Altavia. We became fast friends with the Baron and Baroness and our rebel style and sarcastic sense of humor fit right in. My first Caiden award was given to me at Altavia Anniversary my duelist. In Ansteorra the title of Lady could be used on the fighting field when you received your AOA but in Caid you could only use the title if it was a fighting title. That evening in closing court I was given my duelist so that I could continue to refer to myself as Lady on the fighting field. It was the first of many kind gestures.

Over the years I have enjoyed many events in Altavia and many Anniversaries. I have attended as Queen, stealing most of my royal guard from Altavia without a single complaint from the baron and baroness. I have attended as the rapier champion, as a heavy fighter, as an officer, in a cast with a broken foot and even one special event as the entire complaint department (with my own sash). Altavia has always been a light-hearted fun barony with Barons and Baroness's that have always reflected and encouraged that same attitude. Eventually I will have spent more than half my life in Altavia and I can't imagine a better place to spend it or better people to spend it with.

Happy Anniversary



## From Their Excellencies



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### THL Nikolaos Phaistos & THL Briana MacCabe

Greetings,

It's February and love is in the air! His Excellency and I want to say how much we love our Altavian family and everything we get to do together. From attending tourneys, like last month's Queen's Champion and Unbelted to working on arts together at A&S nights to just hanging out at fighter practice and Guildhall, we couldn't think of a better group of people to have as our collective Valentines!

We hope everyone had fun at last month's events and we'd like to congratulate Master Colwyn for becoming her Majesty's Queen's Champion. Master Colwyn and His Excellency represented Altavia very well in the finals and it was a very fun fight to watch! We also had at least one Altavian, Vigulfr, fight at Unbelted and thank you to everyone who came and hung out with us at both tourneys. Black Oak Lodge/Festival of the Rose was last weekend and we had a small but mighty Altavian contingent. It was a lovely day full of arts and food. Particularly exciting to me was seeing the first performance of a new Commedia troupe in Caid (I wanna play!).

Looking further down the road, we have Anniversary planning (we'll be talking about that later) and Potrero War. Altavia has a baronial camp already on the books for Potrero but we are looking for someone to take on camp master/mistress duties.

We want to leave everyone with something to ponder as we start getting ready for our Anniversary event and other events throughout the year. What is something new that you'd like to see Altavia or Caid try or something that we haven't done in a while that you'd like to see us try and bring back? Master Giuseppie started an awesome thread on the Book of Faces this week on that topic and, as your Baron and Baroness, we want to help you make your SCA dreams a reality. If you have an idea, no matter how small or large, feasible or pie-in-the-sky, come talk to us or bring your idea here to this council and let's see what kind of magic we can make, together.

*(Chroniclers Note: Dated Materials have been removed or adjusted. The above notes are also available on the webpage.)*

# Sugarpaste and the Elizabethan Age

By Johnnae Ilyn Lewis, CE

England's Queen Elizabeth I succeeded to the throne on 17 November 1558. Her coronation occurred on 15 January 1559. Her reign marks the start of many things. Shakespeare and a host of other playwrights created tragedies and comedies which are still performed today. English explorers sailed the world, seeking fortune, fame, and knowledge; English colonies were planned and even begun in the far-off Americas and Indies and even extending to the Indian subcontinent. It was a time of unbridled optimism, a time of the possible when all things seemed within reach or grasp. It was, as many have called it, a Golden Age.

One very important activity which happens rather more quietly during the reign of Elizabeth I is the growth in numbers and titles of printed volumes. There is a phenomenal increase in the number of books, broadsides, and pamphlets published during the reign. The Stationers Company which both controlled and promoted the printers and printing presses dates to 1557/1558. Through its records and through the careful study of surviving volumes, catalogues, and bibliographies, we can mark the increase of printed editions. One of these areas is that of cookery and confectionary. Yes, cookbooks explode. We move rapidly from the two known and true Tudor cookery books of **THIS IS THE BOKE OF COKERY** [Pynson 1500] and **A PROPRE NEW BOOKE OF COKERY** [1545] and the often reprinted and very popular specialized carving and serving volume **THE BOKE OF KERVYNGE** [1508] into volumes titled as treasures and treasuries, jewels, jewel houses, delights, Epularios promising the secrets of the Italian banquet, and mere volumes which come to us as bookes of cookerie.

One of the books published in the very year in which Elizabeth came to the throne is what we now call a book of secrets. These were often rambling volumes or accounts which promised and revealed assortments of medicinal and apothecary remedies and cures, advice on maladies, menopause, ulcers, impotence, childbirth, worms, and sores, mixed in with advice on housewifery, technology, diet, alchemy, magic, tricks, dyes, perfumes, and in one notable case a few confectionary recipes. The works are often catalogued under the subject headings of: "Medicine -- Formulae, receipts, prescriptions" and "Recipes -- Early works to 1800." From those subject headings, one would expect nothing of interest for the modern reader, but yet, there are those few confectionary recipes calling for exploration.

The volume containing those recipes for candies and morsels just happens to be the most famous and influential of all those various books of secrets. It was first published in Italy in 1555, and it became simply the international best seller of the age. Professor William Eamon notes that in a mere forty-five years, it had appeared in more than seventy editions. By the year 1600 it was available in languages ranging from the original Italian, to those of Latin, German, French, Dutch, Spanish, and even Polish. [Eamon 139] In England the volume was titled **THE SECRETES OF THE REUERENDE MAYSTER ALEXIS OF PIEMOUNT**; it first appeared in 1558 and was reprinted in 1559, 1562, 1568, 1580, and 1595. (The author is known by various names, but I use the common name of Alessio when referring to him.) The  
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volume proved to be so popular that eventually three additional volumes offering even more secrets were published in England; the 1595 edition is a combined edition of all four of those volumes with a combined index.

So looking in **THE THIRD BOKE** of the original 1558 volume one finds a dozen recipes for confections of citrons and peels to a *morsel* from Naples. Those recipes are interesting, but what draws our attention and holds it is the recipe titled “*To make a paste of sugre.*” This is the earliest recipe in English for the pliable paste we now refer to as sugarpaste, sugar plate, flower paste or gum paste. Yes, even in the 21<sup>st</sup> century, we still craft sugar items from it.

**The original recipe from 1558 in full is as follows:**

*To make a paste of sugre, whereof a man maye make all maner of fruites, and other fyne thynges, with theyr forme, as platters, dishes, glasses, cuppes, and such like thinges, wherwith you may furnish a table: and when you haue doen, eate them vp. A pleasant thing for them that sit at the table.*

TAke gomme dragant, as muche as you will, and stiepe it in Rose water, vntill it be molified. And for foure vneces of Sugre, take of it the bignes of a Beane, the iuyce of Lemons a walnut shell full, and a litle of the white of an egge: but you must firste take the gomme, and beate it so much with a pestel in a mortar of white marble, or of brasse vntill it become like water, then putte to it the iuyce with the white of the egge, incorporating wel al together. This dooen, take iiiii. vneces of fine white sugre, well beaten to poulder, and cast it into the mortar by litle and litle, vntill all bee turned into the forme of paste. Than take it oute of the laied mortar, and bray it vpon the poulder of sugre, as it were meale or flowre, vntill all bee like soft paste, to the ende you may turne it and facion it which way you wil. Whan you haue brought your paste to this forme, sprede it abroad with Sinamom, vpon greate or small leaues, as you shal thinke it good: and so shal you forme and make what things you wil, as is aforesaied. With suche fine knackes as maye serue a table, taking heede that there stand no hote thing nigh vnto it. At the ende of the banket they may eate al, and breake the platters, dishes, glasses, cuppes, and all thinges: for this paste is verie delicate and saueurous. If you will make a thing of moore finesse than this, make a tarte of Almondes stamped with sugre, and rose water, of like sorte that march paines be made of. This shall you laye betwene twoo pastes of suche vesselles or fruites, or some other thing as you thinke good.

Alessio. **THE SECRETES OF THE REUERENDE MAYSTER ALEXIS OF PIEMOUNT.** 1558.

We see it contains that mysterious ingredient of “gomme dragant” which we still buy today in packages marked as “Gum tragacanth.” A natural gum extracted from the *Astragalus* shrubs, it has for centuries been used as a binding agent and within medicines such as salves, balms, washes, and pills. Mixed with sugar, the resulting paste became a pliable medium for creating all sorts of marvelous things or as the recipe title suggests “*platters, dishes, glasses, cuppes, and such like thinges, wherwith you may furnish a table*” and “*when you haue doen, eate them vp.*”

Before the sixteenth century ended other culinary authors took up the promotion of this new substance. Variations of the recipe based upon Alessio’s 1558 original recipe, sometimes in the much the same language appeared in the 1591 edition of Partridge’s **The treasure of commodious conceits**, and Thomas Dawson’s 1597 **The second part of the good hus-wiues iewell**. By the time Sir Hugh Plat publishes his **Delightes for ladies to adorne their persons, tables, closets, and distillatories with beauties, banquets, perfumes and waters** in 1600 and 1602, he has modified the

recipe to include “6. ounces for more gaine) of the best starch you can buy.” Ever the virtuoso experimentalist, Plat includes more detailed instructions on how best to use the paste in “wodden moulds.” He helpfully instructs, “& when it hath taken the whole impression, knocke the mold on the edge against a table, and the paste will issue forth with the impression of the molde vpon it: or if the molde be deepe cut, you may put in the pointe of your knife gently into the deepest parts heere and there, lifting vpp by little and little the paste out of the molde.” If you want smooth paste, he suggests, “And if you woulde haue your past exceeding smooth, as to make cardes and such like conceiptes thereof, then roule your paste vppon a sliced paper with a smooth & polished rowling pin.” Plat. **Delightes for Ladies**. 1602.

**Those who work with sugarpaste today can still attest to the wisdom to Plat’s instructions.**

Given that I began this account with a brief mention of Elizabeth I, it would be remiss if I did not mention at least one account from 1591 where the Queen was feted with sugar works.\*

"At another entertainment given to the "" Queenes Majestie in progress at Elvetham in Hampshire, by the Right Honourable the Earl of Hertford, 1591, on the third day .... [And] .... During a brilliant display in the fire works on the water, there was a banquet served up, all in glass and silver, into the low gallerie in the garden, from a hill side, fourteen score off, by two hundred of my Lord of Hertford's gentlemen, every one carrying so many dishes, that the whole number amounted to a thousand : and there were to light them in their way a hundred torchbearers. To satisfy the curious, we will here enumerate some of the particulars of what this banquet consisted:

Her Majesty's arms, in sugar work. The several arms of all our nobility, ditto.

Many men and women, in sugar work, and some ' inforst' by hand.

Castles, forts, ordnance, drummers, trumpeters, and soldiers of all sorts, in sugar work.

Lions, unicorns, bears, horses, camels, bulls, rams, dogs, tigers, elephants, antelops, dromedaries, apes, and all other beasts, in sugar work.

Eagles, falcons, cranes, bustards, hermshaws, bittens, pheasants, partridges, quails, larks, sparrows, pigeons, cocks, owls, and all that fly, in sugar work.

Snakes, adders, vipers, frogs, toads, and all kinds of worms, in sugar work.

Mermaids, dolphins, whales, congars, sturgeons, pikes, carps, breams, and all sorts of fishes, in sugar work.

All these were standing dishes of sugar work. The selfe same devises were also there, all in flat work.

As well as the following items, and many such like, in flat sugar work and cinnamon.”

\*I must admit some of these works might have been cast sugar or even marzipan, but one has to think that “pastes of sugre” found their place among what was a huge display of wealth and artistic skill. The account gives us all

inspiration and license to experiment and recreate multitudes of canny and delightful sugar works in that most Elizabethan of confectionary substances—sugarpaste!

### Sources:

The account of Elizabeth's visit to Hampshire can be found in:

**Recollections of royalty from the death of William Rufus, in 1100, to that of the Cardinal York, the last lineal descendant of the Stuarts, in 1807** by Charles Chadwicke Jones. London, Saunders and Otley, 1828. pp 169-172.

The original book dating from 1591 is:

**The honorable entertainment gieuen to the Queenes Maiestie in progresse, at Eluetham in Hampshire, by the right honorable the Earle of Hertford 1591.** London: Printed by Iohn Wolfe, 1591. The actual book may be viewed through **EEBO/Early English Books Online**. The account of the sugar-works appears on images 16 and 17.

On Alessio

Eamon, William. **Science and the Secrets of Nature. Books of Secrets in Medieval and Early Modern Culture.** Princeton: Princeton University Press, 1994.

Holloway, Johnna. "Alessio and the Secretes of Cookery." **Tournaments Illuminated**. Summer 2003, Issue 147. pp. 9-12.

Notaker, Henry. **Printed Cookbooks in Europe, 1470-1700.** New Castle, Delaware: Oak Knoll Press, 2010.

### On Sugarpaste

Brears, Peter. "Rare Conceits and Strange Delights: The Practical Aspects of Culinary Sculpture." **"Banqueting Stuffe": The Fare and Social Background of the Tudor and Stuart Banquet.** Ed. Constance Ann Wilson. Edinburgh: EUP, 1991. Print. [Original paper given at the first Leeds Symposium on Food History and Traditions, 1986]

Brears, Peter. **Cooking and Dining In Tudor and Early Stuart England.** London: Prospect Books, 2015. Contains instructions for the modern cook. Suggests Dawson's recipe.

Day, Ivan. "Sugar Sculpture." **The Oxford Companion to Sugar and Sweets.** Ed: Darra Goldstein. Oxford: OUP, 2015. Print.

Day, Ivan. **Royal Sugar Sculpture. 600 Years of Splendour.** Barnard Castle, Durham, U.K.: The Bowes Museum, 2002. See <http://www.historicfood.com/moulds.htm> for notes on Ivan's website.

Day, Ivan. "Supper with Shakespeare." Food History Jottings. Blog. 11 December 2012  
<http://foodhistorjottings.blogspot.com/2012/12/supper-with-shakespeare.html>

Within the Society, I would be remiss without mentioning the work of Countess Alys (Elise Fleming). Her seminal article on sugar paste titled: "Sugar Paste: A Cook's "Play Dough"" is archived and may be found at:

<http://damealys.medievalcookery.com/CooksPlayDough.html>

My own writings on sugar and subtleties may be found in my blog: Subtleties&Stuffe  
<https://commonplaceboke.blogspot.com/2014/12/subtleties.html>

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## EVENT ANNOUNCEMENTS

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### Altavia Anniversary

Come on down, stop on by, hop a carpet and fly to another Arabian night!

Scorned by an unfaithful wife, Shahryar is the king of a great empire, but is brokenhearted. Shahryar chose to marry a new woman every day only to kill her the next morning. More and more innocent women die until one day Scheherazade, the daughter of the king's top advisor, offers to marry the king. The king and advisor both protests, but Scheherazade insists, all knowing that the night could be her last. That night, she requests the presence of her sister and tells a story that manages to be the beginning of dozens of stories meant to keep her alive. Scheherazade weaves a deep narrative, linking together stories into a rich tapestry of old legends and new tales. Which leads to Shahryar falling in love with Scheherazade and removing the threat of daily death from her life.

So, in the theme of The Golden Age come on May 11, 2019 at Veteran's Park in Sylmar! Let's all tell and create some memorable stories!

Activities of the day will include baronial champion tournaments for Armored, Rapier, Unarmored, and Youth Combat. A baronial Arts and Sciences champion will be chosen. We'll also have contests, games, a raffle, and lots more fun activities!

#### **Schedule for the Day:**

- 8:00 a.m. Populace welcome and gate opens
- 10:00 a.m. Opening Court (at the discretion of TRMs)
- 2:00 p.m. Last of the A&S Entries accepted
- 4:00 p.m. Closing Court (at the discretion of TRMs)
- 5:00 p.m. Site closes

#### **Location**

Veteran's Park, 13000 Sayre St, Sylmar, CA 91342

#### **Registration Fees**

- Adult SCA Member Registration: \$7
  - Adult Registration: \$12
  - Children ages 16 and under are guests of the barony.
- Please make checks payable to: SCA Inc./Barony of Altavia

Your events stewards are Lady Amber MacRae and Mistress Cecilia Medici  
Event Steward Email:

[anniversary@sca-altavia.org](mailto:anniversary@sca-altavia.org)

<https://www.facebook.com/events/408266266654855/>

# Get to know your Baronial Officers 3

I asked our Baronial Officers the following questions and here are their replies!

Stay tuned for more responses in the next Fret Knot!

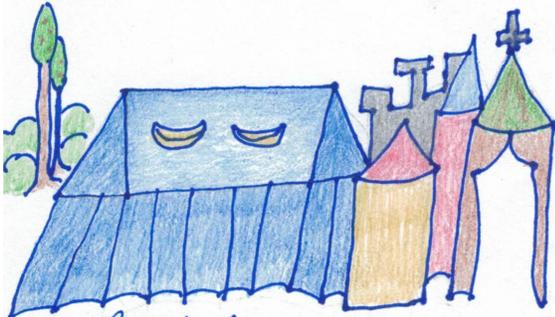
(I am translating these from hard to read hand written notes so excuse any mistakes)

1. How did you pick your SCA name?
  - a. Matlens: I found the SCA name researching papers online.
  - b. Timotheus: My name is German
  - c. Griffith: I looked up possible names, loved one region, Germany. Then went with something familiar and easy to convey with out having to spell it out to much.
  - d. Briana: Briana was a name I used at Renfaire because of a long complicated in joke. MacCabe came from my mom's maiden name Maccabee.
  - e. Edith: To long a story to tell
  - f. Battista: Time Life Famous Artist Books. I picked some names I liked.
2. What time period does your persona cover?
  - a. Matlens: I never decided.
  - b. Timotheus: 1550's +
  - c. Griffith: 14<sup>th</sup> century, 1323 and on
  - d. Briana: 1570-1590
  - e. Edith: 1150 anarchy between Stephen and Maud. David 1 of Scotland and supported Robert of Geosten.
  - f. Battista: 1500-1600
3. What's the one movie you could watch over and over again?
  - a. Matlens: Star Wars – A New Hope
  - b. Timotheus: White Christmas or Going My Way
  - c. Griffith: Magic Flute
  - d. Briana: Wizard of Oz
  - e. Edith: LOTR
  - f. Battista: World War Z and The Mummy
4. What have you always wished you could do in the SCA?
  - a. Matlens: Ride side saddle.
  - b. Timotheus: Done It?
  - c. Griffith: Going to war. Always look forward to it.
  - d. Briana: go to Pensic
  - e. Edith: N/A
  - f. Battista: Sew, win crown!
5. Cats or Dogs?
  - a. Matlens: Both!
  - b. Timotheus: Cats
  - c. Griffith: Yes!
  - d. Briana: Cats
  - e. Edith: Cats
  - f. Battista: Rodents! Ferrets!

6. What is your mundane heritage?
  - a. Matlens: Eastern European
  - b. Timotheus: German + Scott
  - c. Griffith: German, Mexican American
  - d. Briana: Eastern European Jewish
  - e. Edith: Scottish
  - f. Battista: American Indian Choctaw, Irish
7. What is your SCA heritage?
  - a. Matlens: Eastern European
  - b. Timotheus: German + Scott
  - c. Griffith: German
  - d. Briana: Irish
  - e. Edith: Scottish
  - f. Battista: Portuguese Pirate/Landscaper
8. What do you do for a living?
  - a. Matlens: I'm a costumer
  - b. Timotheus: Retired
  - c. Griffith: Blueprints for construction documents for additions, remodel, and new buildings for mostly residential homes and expediter, therefore.
  - d. Briana: I'm an idle noble
  - e. Edith: J Breath
  - f. Battista: Online craft art store upcycle vintage books at Wookiedesigns.com
9. Have you ever had the chicken pox, measles or mumps?
  - a. Matlens: Chicken Pox
  - b. Timotheus: Chicken Pox, Measles and Mumps
  - c. Griffith: Chicken Pox
  - d. Briana: Chicken Pox
  - e. Edith: All of the above
  - f. Battista: Chicken Pox and Mumps
10. Favorite Music/Album/Band?
  - a. Matlens: Too many to name. Everything but Rap.
  - b. Timotheus: Bing Crosby, David Bowie and Classical Music
  - c. Griffith: Industrial Metal, classic opera, rock and roll, steampunk, random.
  - d. Briana: Hamilton OBC
  - e. Edith: Anun/Capperallie
  - f. Battista: Queen, RUSH, Carpenters, Beatles

Cartoons

"no shit there i was!"



Royal Encampment

"no shanks there i was!"



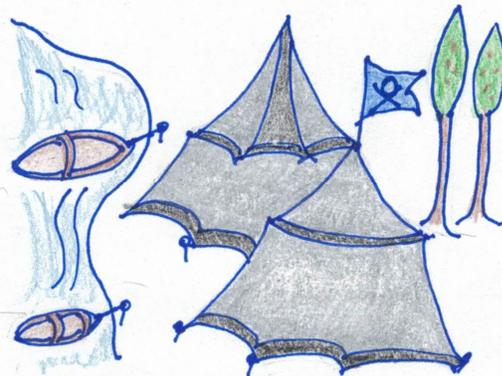
Cooking Encampment

"no sheep there i was!"



Scottish Encampment

"no ships there i was!"



Pirate Encampment

"no Schlitz there i was!"



Brewers Encampment

"no slits there i was!"



Landsknechte Encampment

Cartoon concept and art by Battista De Kie Del Goya Da Lagos

## A Filk By Baroness Briana MacCabe

This Fair Caidan Land

(A counterfactotum of "Never, Never Land." Revised lyrics by THL Briana MacCabe)

I know a place where dreams are served  
And time is ...seldom... planned  
It's not on any chart  
You must find it with your heart  
this fair Caidan Land

It's full of knights so brave and true  
and Queens and ladies, too  
Just keep an open mind  
And then suddenly you'll find  
this fair Caidan Land

You'll have a treasure if you stay there  
More precious than anything you own  
For the real-world melts away there  
And you are never, ever alone

And that's the Kingdom where dreams are served  
And time is seldom planned  
Just think of lovely Kings  
And your heart will fly on wings  
Forever, in this Crescent Land

You'll have a treasure if you stay there  
More precious than anything you own  
For the real-world melts away there  
And you are never, ever alone

And that's the place where dreams are served  
And time is seldom planned  
Just think of lovely Kings  
And your heart will fly on wings  
Forever, in this fair Caidan Land



# Altavia Baronial Officers



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- ❖ Deputy Children's Officer: currently vacant
- ❖ Chronicler: Contessa Battista de Kie del Goya da Lagos
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- ❖ List Officer: THL Matlens Litovka
  - [lists@sca-altavia.org](mailto:lists@sca-altavia.org)
- ❖ Marshal: Griffith Von Bremen
  - [marshal@sca-altavia.org](mailto:marshal@sca-altavia.org)
- ❖ Deputy Marshal: VACANT
- ❖ Deputy Marshal for Equestrian: Guene Annwyll
  - [equestrian@sca-altavia.org](mailto:equestrian@sca-altavia.org)
- ❖ Deputy Marshal of Armored Combat: Sir Thorin O'Seaghdha
  - [marshal@sca-altavia.org](mailto:marshal@sca-altavia.org)
- ❖ Deputy Marshal of Rapier: Don Nathaniel Longbow
  - [rapier@sca-altavia.org](mailto:rapier@sca-altavia.org)
- ❖ Deputy Marshal Thrown Weapons: Cristobal Santiago Barba de Alcazar
  - [tw@sca-altavia.org](mailto:tw@sca-altavia.org)
- ❖ Deputy Marshal Unarmored Combat: Cecil Sawyer Smiter
  - [tw@sca-altavia.org](mailto:tw@sca-altavia.org)
- ❖ Deputy Marshal Youth Combat: Baroness Tezar of Aeolis
  - [youthcombat@sca-altavia.org](mailto:youthcombat@sca-altavia.org)
- ❖ Social Media Officer: Eadwine Dane
- ❖ Webwright: Dame Lynnette de Sandoval del Valle de los Unicornios
  - [webwright@sca-altavia.org](mailto:webwright@sca-altavia.org)
- ❖ Deputy Webwright: Vasilisa
  - [webwright@sca-altavia.org](mailto:webwright@sca-altavia.org)



## Meetings & Practices in the Barony

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### **Meetings:**

- *Council Meeting*
  - 2<sup>nd</sup> Tuesday of the month 7:00pm
  - Location: Proto-Cathedral of St. Mary Byzantine Catholic Church, 5329 Sepulveda Blvd., Sherman Oaks, Ca. 91411
  - This meeting involves officer reports, Baronial discussions, event reports, and announcements, everyone is welcome (and encouraged) to come.
  - <http://www.sca-altavia.org/meetings/>
- *Newcomers Meeting*
  - As needed 7:00pm
  - Location: Verdugo Park, 3201 West Verdugo, Burbank, Ca 91505, right hand side of the park at the stone tables near the tennis courts.
  - Everyone is welcome and given an overview of the SCA.
  - Contact the Chatelaine for details.

### **Combat Practices:**

- *Archery* - [archery@sca-altavia.org](mailto:archery@sca-altavia.org)
  - 1<sup>st</sup> & 3<sup>rd</sup> Sunday of the month 11:30am-3:00pm
  - Location: Woodley park archery range ([woodleyparkarchers.org/direction](http://woodleyparkarchers.org/direction))
  - Additional times most Tuesday and Friday nights. Contact the Captain of Archers to verify dates and times. Contact ahead for loaner gear.
- *Equestrian* - [equestrian@sca-altavia.org](mailto:equestrian@sca-altavia.org)
  - Various days of every month 6:30pm-8:30pm
  - Location: Conejo Creek Equestrian Park, 1350 Avenida de las Flores, Thousand Oaks, Ca 91360
  - Open to all regardless of Baronial affiliation
  - Riders must bring own mounts. Authorizations available, jousting, mounted combat, crest combat, mounted games, marshalette and general riding.
  - Minors must have a parent or guardian present at all times.
  - [www.sca-altavia.org/meetings/equestrian/index.html](http://www.sca-altavia.org/meetings/equestrian/index.html)
- *Armored & Rapier Combat* - [rapier@sca-altavia.org](mailto:rapier@sca-altavia.org) / [heavy@sca-altavia.org](mailto:heavy@sca-altavia.org)
  - Every Monday 7:30pm-9:30pm
  - Location: Verdugo Park, 3201 West Verdugo, Burbank, Ca 91505, right hand side of the park near the tennis courts.

- *Unarmored Combat*
  - 2<sup>nd</sup> & 4<sup>th</sup> Monday 7:30pm–9:30pm
  - Location: Verdugo Park, 3201 West Verdugo, Burbank, Ca 91505, right hand side of the park near the tennis courts.
- *Youth Combat*
  - 2<sup>nd</sup> & 4<sup>th</sup> Monday 7:30pm–9:30pm
  - Location: Verdugo Park, 3201 West Verdugo, Burbank, Ca 91505, right hand side of the park near the tennis courts.
- *Thrown Weapons* - [tw@sca-altavia.org](mailto:tw@sca-altavia.org)
  - 1<sup>st</sup> & 3<sup>rd</sup> Sunday 11:00am-2:30pm
  - Location: Woodley park archery range ([woodleyparkarchers.org/direction](http://woodleyparkarchers.org/direction))

**Arts & Sciences:** - [arts@sca-altavia.org](mailto:arts@sca-altavia.org)

- *Arts & Science Workshops (aka Craft Nights)*
  - 4<sup>th</sup> Tuesday of the Month 7:00pm-9:00pm
  - Location: Proto-Cathedral of St. Mary Byzantine Catholic Church, 5329 Sepulveda Blvd., Sherman Oaks, Ca. 91411
  - Take part in the advertised class or bring sewing or craft projects.
  - Meeting themes are published on facebook and the Altavia Website
- *Bardic Circle* - [bardic@sca-altavia.org](mailto:bardic@sca-altavia.org)
  - Host Baron Sir Charles of Dublin at the home of Baron Sir Robear du Bois.
  - Contact A&S Officer for directions & dates all can perform or watch
- *Children's Activities* - [children@sca-altavia.org](mailto:children@sca-altavia.org)
  - Children's events are held at every event that Altavia sponsors
- *Culinary Guild*
  - Special interest group for all things delicious to eat and drink.
  - All are welcome in discussions, recipes & historical research.
  - Meetings once a month [www.facebook.com/groups/242868192471271](https://www.facebook.com/groups/242868192471271)
- *Dance Practice*
  - Every Monday 7:30 (**CURRENTLY ON HIATUS**)
  - Location: Verdugo Park, 3201 West Verdugo, Burbank, Ca 91505, right hand side of the park near the tennis courts.

**Scheduled Arts and Science Classes**

- See [Arts@sca-altavia.org](mailto:Arts@sca-altavia.org) for a current Schedule of Classes



## Altavia Current Champions



- ❖ **Archery:** Baron Bjorn Zenthffeer as of 10/29/18
- ❖ **Armored Combat:** Sir William Ulfsson as of 5/12/18
- ❖ **Arts & Sciences:** Lady Annabel Radleigh as of 5/12/18
- ❖ **Bardic:** Lord Robyn Lon Creighton of Thorndyke as of 12/16/17
- ❖ **Chess:** Natasha of Altavia & Mike Manley as of 12/16/17
- ❖ **Equestrian:** Milady Inara of Darach 05/20/18
- ❖ **Fretted Fork Non Period:** Mistress Cecilia Medici as of 10/29/18
- ❖ **Fretted Fork Period:** Lucrezia of Isles 10/29/18
- ❖ **Rapier Combat:** Don Nathaniel Longbow as of 5/12/18
- ❖ **Thrown Weapons:** Paganus Grimlove as of 10/29/18
- ❖ **Unarmored Combat:** THL Tierrynna Caer Narvon as of 5/12/18
- ❖ **Youth Archery:** Loki of the Dell as of 10/23/16
- ❖ **Youth Arts and Sciences:** Natallya as of 5/13/17
- ❖ **Youth Combat:** Nicholai Stagghorn & Cora Valenzuela as of 5/12/18

