

# FRET KNOT



First Quarter ◇ January – April A.S. LIII 2019

12<sup>th</sup> Night



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Herewith follows the legal stuff:

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## From the Chronicler

Contessa Battista De Kie Del Goya Da Lagos

Greetings,

This year has really flown by and so begins my fourth attempt at a newsletter as well as my fourth attempt at being clever and entertaining. Thanksgiving and Christmas have both come and gone and it is now the New Year. I would still like to take a moment to mention a few things I am thankful for. I am thankful for the relationships that I have found through the SCA. The friendships you make in the SCA are always a little different than any other relationship you have. It's not until that Non SCA Christmas Party that you realize that most of the people your considering inviting live an hour or two away and it's not until you try to send a Christmas card that you realize you don't know any ones real name!

It is also the only friendships you will make where no matter what or where something happens to you there is a built in support network. I remember once a long time ago when I was traveling on vacation and needed to rent a car. The rental agency forgot to mention that they only took credit cards which at the time I didn't have. I was stranded in a strange state at a strange airport (before uber, cell phones and other common items) and had no idea what to do. I used the phone and called an SCA friend who then called another SCA friend and within an hour a lady I did not know showed up at the airport and gave me her credit card so I could rent a car. That is the power of the SCA and the friendships and bonds that the SCA fosters. It is the core of the Mythical "Dream" that we all speak of and aspire too. The SCA is a lifestyle choice that doesn't always fit into the modern world but that always influences that world.

So this is what I am thankful for. I am thankful that I have made the choice to surround myself with so many like-minded caring people. It is sad that so many mundane world problems keep creeping into the world of the SCA lately but I hold out hope that no matter how things change the ideas that make the friendships I've formed in the SCA so powerful will continue to thrive. That we will all, when necessary, take a step back and remember why we are friends because as with anything we are stronger together.

Looking forward to a New Year, New Friends and continuing to care for and maintain the friends and friendships I have. So go out and make 2019 better because only you have the power to do so.\*

Happy New Year!

\*you also have the power to prevent forest fires and the power of Grayskull...but I digress



## From Their Excellencies



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### THL Nikolaos Phaistos & THL Briana MacCabe

Greetings,

It's the season to be thankful and His Excellency and I want to say how thankful we are for each and every one of you. Altavians are a remarkable bunch of artisans, fighters, organizers, hard workers, creative thinkers and all-around awesome people. We are lucky to have you in our lives.

One thing we are especially grateful for is that all Altavians (that we are aware of) came through the recent fires unscathed. We know that there are quite a few SCA folk in the West that weren't so lucky. Keep your eyes on Facebook for ways to help, if you are so inclined. Both His Majesty Dawid and Caid's DRC Aldgytha have posted links on their personal pages regarding assistance efforts.

We are also very thankful for everyone who helped out at Agincourt Tourney and Feast a few weeks ago. Thank you to Cecilia and Christoph for event stewarding the tourney, Christoph for running the archery portion, Santiago for running thrown weapons, Cecilia for running the Fretted Fork. We also had our first feast in many years...many thanks to Meliora for running the front of the house and to Selene for cooking a wonderful feast. Many wonderful people helped Meliora with serving including Cecilia, Lynnette, and Rayne and Courtney, Hadassah, and Anne helped Selene in the kitchen. Wonderful job, all!

We're entering a slower event season as we take time to celebrate with our non-SCA families. Isles Anniversary is coming up this weekend and His Excellency and I are both attending; we hope to see you there. Medieval Marketplace is the Saturday after Thanksgiving and is an excellent place to work on your holiday gift list. After that, we enter the season of Yules. Altavia and Angel's Mythical Yule is on December 15 and we will hear a lot more about that coming. After that, the New Year and a new reign will be upon us, sooner than any of us think!

We hope that you all have a wonderful Thanksgiving next week with lots of family and food. We're looking forward to a wonderful holiday season with all of you here in Altavia!

*(Chroniclers Note: The above notes are also available on the webpage.)*



*Unknown*

**Thomas Tusser's Christmas Karrol**

**Contributed by: THL Johnnae Ilyn Lewis, CE**

A Christmas Karrol of the byrth of Christ, vppon the tune of King Salomon. Chap. 27.

Was not Christ ower Saiour,  
sent vnto vs, from God aboue,  
not for ower good behaiour:  
but onely of his mercy & loue.

if this be true, as true it is,  
truely in dede:

Great thanks to God to yeld for this,  
then had we nede.

2

This did our God for a very trothe,  
to trayne to him, the soule of man,  
and iustly to performe his othe:  
to Sara & to Abraham than,  
that through his sede, all nations should  
blessed be:

As in due time, performed he would,

al flesh should see.

3

which wondrously is brought to passe,

and in our sight al ready donne,

By sending, as his promis was

(to comfort vs) his onely sonne,

euē Christ (I meane) that virgins childe

in bethelem borne.

that lamb of God, that prophet milde,

with crowned thorne.

4

Such was his loue to saue vs all,

from danger of the curse of God,

that we stood in by Adams fall,

& by our owne deserued rod

that through his blood & holy name,

to such as beleues,

And flye from sinne, & abors the same,

free mercye he geues.

5

For thease glad newes, this feast doth bringe

to God, the Sonne and holy Ghoste,

let man geue thanks reioyce & singe.

from world to world, from coste to coste,

for al other giftes so many wayes,

that God doth send.

Let vs in Christe, geue God the praise,

while life shal end.

T. **Tusser**.

Tusser, Thomas. **Fiue hundred points of good husbandry**. 1573. EEBO edition.

## **About the author:**

Thomas Tusser remains one of my favorite authors for examining the customs and agricultural activities of sixteenth century England. The author (c.1524–1580) was a writer, poet, musician, singer, and notably a failed farmer. He attended Cambridge University in East Anglia and was at both Kings and Trinity Hall. Prior to his attending Cambridge, Tusser had been a “singing boy” and chorister, and he returned to employment as a professional singer and musician at various times in his life. He served at court and other residences in the service of William Paget before retiring once again to East Anglia to farm and write. His agrarian publication in verse on the agricultural year and rural customs, **A Hundreth Good Pointes of Husbandrie** was first published in 1557. It consisted of just thirteen leaves and was unpagged. By the 1562 and 1571 editions, Tusser had added “a Hundrethe good points of huswifry newly corrected and amplified with dyuers proper lessons.”

Tusser’s work was then expanded to **Five Hundreth Pointes of Good Husbandrie** when published in 1573. Tusser’s “Karrol” first appeared in this 1573 edition. Appearing in eighteen editions between 1557 and 1599 and in another five editions by 1638, it was for its time one of largest-selling books of poetry in Elizabethan England. Even after the author’s death in 1580, editions appeared which were noted as being “corrected,” “augmented,” “re-ordered,” and/or generally “improved.” By the eighteenth century authors were still re-editing Tusser and adding their own glossaries, notes and observations on current or present practices. Surprisingly, the work reappeared in Victorian England and was once again heralded in at least six distinct editions.

### About the Karrol

Christmas carols are defined in the **Oxford English Dictionary**, third edition as: “A song or hymn of joy sung at Christmas in celebration of the Nativity. Rarely applied to hymns on certain other festal occasions.” Tusser’s Karrol appears as one of the early quotations for the entry on carols. Appearing as it does in 1573 and being reprinted so often in the late sixteenth century, we can safely assume Thomas Tusser’s “A Christmas Karrol” was one of the early and most available carols of Elizabethan England.

## **Sources:**

The introduction to this article relies upon and repeats in part my upcoming article on Thomas Tusser and the Christmas feast. Appearing in the next issue of **Tournaments Illuminated**.

### **Primary Sources:**

Tusser, Thomas. **Five Hundred Points of Good Husbandry**. 1573, 1575. [Geoffrey Grigson uses the 1580 text for his and my preferred modern edition of **Five Hundred Points of Good Husbandry**. Edited by Geoffrey Grigson. Oxford: OUP, 1984.

Tusser, Thomas. **Fiue hundreth points of good husbandry**. 1573. EEBO edition.

### **Academic databases:**

Andrew McRae, 'Tusser, Thomas (c.1524–1580)', **Oxford Dictionary of National Biography**, Oxford University Press, 2004; online edn, May 2015 [December 2018] doi:10.1093/ref:odnb/27898

**Early English Books Online [EEBO] and Early English Books Online Text Creation Partnership. [EEBO-TCP]** Chadwyck-Healey. 2003-2013.

**English Short Title Catalogue (ESTC)**. London: British Library, n.d. <http://estc.bl.uk> and **British Library Catalogue**. <http://explore.bl.uk>

**Oxford Reference Online**. OUP, ©2016.

**Oxford English Dictionary**. 3<sup>rd</sup> ed. OUP, ©2016., 2018.

+Author's note: Those interested in Tudor Christmas carols may want to explore those carols found in the unique item known as "Kele's Christmas Carols", published c1546-1552.

[https://www.hymnsandcarolsofchristmas.com/Hymns\\_and\\_Carols/Notes\\_On\\_Carols/keles\\_christmas\\_carolles.htm](https://www.hymnsandcarolsofchristmas.com/Hymns_and_Carols/Notes_On_Carols/keles_christmas_carolles.htm)

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# Get to know your Baronial Officers 2

I asked our Baronial Officers the following questions and here are their replies!

Stay tuned for more responses in the next Fret Knot!

(I am translating these from hard to read hand written notes so excuse any mistakes)

1. Why did you join the SCA?
  - a. Cassandra: My Mom made Me.
  - b. Timotheus: History, Fun, Middle Ages
  - c. Griffith: To do what I like. I like to fight. To excel in martial prowess
  - d. Briana: I'm a renfaire refuge and I was looking for a way to get back to dressing in funny clothes and having fun with cool people.
  - e. Edith: I saw pavilions at Santa Anita Park while taking my ill mom for a ride. Found out who they were and went to the next event. Heard Christean cry "Unleash the Dogs of War" and I was hooked!
  - f. Battista: Boys. Then fighting. I still love fighting in the SCA more than any other aspect.
2. How long have you been in the SCA?
  - a. Cassandra: Forever 36 years
  - b. Timotheus: 3-16-72 46 years
  - c. Griffith: 12 years
  - d. Briana: 8 years
  - e. Edith: Jan 1990
  - f. Battista: 1988
3. Who was your first King and Queen?
  - a. Cassandra: No idea! The first I remember is Dietrich
  - b. Timotheus: Paul & Carol Bellatrix
  - c. Griffith: Bridgette and Agrippa
  - d. Briana: Duke Patrick and Kara Second Reign
  - e. Edith: Favorite not first Garr & Ristal
  - f. Battista: Edric and Aubra
4. Star Wars or Star Trek?
  - a. Cassandra: Star Wars
  - b. Timotheus: Both
  - c. Griffith: Yes
  - d. Briana: Both. Why not both? Both good!
  - e. Edith: Lord of the Rings
  - f. Battista: Star Trek
5. What was your favorite Halloween Costume?
  - a. Cassandra: Zombie Prom Date
  - b. Timotheus: King Lear
  - c. Griffith: No answer
  - d. Briana: A simmer in a swimming pool
  - e. Edith: Made a black cat with a pink nose and ears at 11 years old
  - f. Battista: It's always been Glinda the Good Witch! Every time I do it!

6. Have you ever lived in another Kingdom?
  - a. Cassandra: Yes Midrealm, Drachenwald
  - b. Timotheus: The West- Caid didn't exist yet
  - c. Griffith: No
  - d. Briana: Midrealm but only went to one bardic collegium
  - e. Edith: Green Carded to the West and have an eastern household that welcomes me
  - f. Battista: I started in Ansteorra but Caid is my home.
7. Disney or Universal?
  - a. Cassandra: Disney
  - b. Timotheus: Disney
  - c. Griffith: Maybe 6 flags
  - d. Briana: Disney
  - e. Edith: Getty & either one
  - f. Battista: Universal (Harry Potter!)
8. If you could only eat one food for the rest of your life what would it be?
  - a. Cassandra: Fajitas
  - b. Timotheus: Lasagna
  - c. Griffith: Tri Tip
  - d. Briana: Steak
  - e. Edith: Multi Grain Bread
  - f. Battista: Pizza and Taco Bell...Ice Cream with Chunks of pretty much anything in it.





Cartoons



Santa Clause Convention



SCA 12<sup>th</sup> Night

Cartoon concept and art by Battista De Kie Del Goya Da Lagos



## Altavia Baronial Officers



- ❖ Baron: THL Nikolaos Phaistos
  - [Baron@sca-altavia.org](mailto:Baron@sca-altavia.org)
- ❖ Baroness: THL Briana MacCabe
  - [Baroness@sca-altavia.org](mailto:Baroness@sca-altavia.org)
- ❖ Chief Lady in Waiting: Lady Juanica Montanez
  - [court@sca-altavia.org](mailto:court@sca-altavia.org)
- ❖ Captain of the Guard: Cassandra de Lorrain
  - [guard@sca-altavia.org](mailto:guard@sca-altavia.org)
- ❖ Seneschal: Mistress Meliora Deverel
  - [seneschal@sca-altavia.org](mailto:seneschal@sca-altavia.org)
- ❖ Deputy Seneschal: VACANT
  - [seneschal@sca-altavia.org](mailto:seneschal@sca-altavia.org)
- ❖ Deputy Captain of Archers: Cristofanus Castellani
  - [archery@sca-altavia.org](mailto:archery@sca-altavia.org)
- ❖ Arts & Sciences Officer: Lady Juanica Montanez
  - [arts@sca-altavia.org](mailto:arts@sca-altavia.org)
- ❖ Deputy Arts & Sciences Officer: THL Edith of Arbroath
  - [arts@sca-altavia.org](mailto:arts@sca-altavia.org)
- ❖ Chatelaine: Lady Monique Marie Sauniere
  - [chatelaine@sca-altavia.org](mailto:chatelaine@sca-altavia.org)
- ❖ Deputy Chatelaines: Mistress Meliora Deverel
  - [chatelaine@sca-altavia.org](mailto:chatelaine@sca-altavia.org)
- ❖ Children's Minister: Baroness Tezar of Aeolis
  - [children@sca-altavia.org](mailto:children@sca-altavia.org)
- ❖ Deputy Children's Officer: currently vacant
- ❖ Chronicler: Contessa Battista de Kie del Goya da Lagos
  - [chronicler@sca-altavia.org](mailto:chronicler@sca-altavia.org)
- ❖ Constable: Selene Colfox
  - [constable@sca-altavia.org](mailto:constable@sca-altavia.org)
- ❖ Deputy Constable: Yusuf of Altavia
  - [constable@sca-altavia.org](mailto:constable@sca-altavia.org)
- ❖ Exchequer: Elle Wynn of Essex
  - [exchequer@sca-altavia.org](mailto:exchequer@sca-altavia.org)
- ❖ Deputy Exchequer: Baron Timotheus Zacharia von Schloss Zwilling
  - [exchequer@sca-altavia.org](mailto:exchequer@sca-altavia.org)
- ❖ Herald: THL Damien von Baden
  - [herald@sca-altavia.org](mailto:herald@sca-altavia.org)
- ❖ Court Herald: Baroness Tezar of Aeolis
  - [herald@sca-altavia.org](mailto:herald@sca-altavia.org)

- ❖ List Officer: THL Matlens Litovka
  - [lists@sca-altavia.org](mailto:lists@sca-altavia.org)
- ❖ Marshal: Griffith Von Bremen
  - [marshal@sca-altavia.org](mailto:marshal@sca-altavia.org)
- ❖ Deputy Marshal: VACANT
- ❖ Deputy Marshal for Equestrian: Guene Annwyll
  - [equestrian@sca-altavia.org](mailto:equestrian@sca-altavia.org)
- ❖ Deputy Marshal of Armored Combat: Sir Thorin O'Seaghdha
  - [marshal@sca-altavia.org](mailto:marshal@sca-altavia.org)
- ❖ Deputy Marshal of Rapier: Don Nathaniel Longbow
  - [rapier@sca-altavia.org](mailto:rapier@sca-altavia.org)
- ❖ Deputy Marshal Thrown Weapons: Cristobal Santiago Barba de Alcazar
  - [tw@sca-altavia.org](mailto:tw@sca-altavia.org)
- ❖ Deputy Marshal Unarmored Combat: Cecil Sawyer Smiter
  - [tw@sca-altavia.org](mailto:tw@sca-altavia.org)
- ❖ Deputy Marshal Youth Combat: Baroness Tezar of Aeolis
  - [youthcombat@sca-altavia.org](mailto:youthcombat@sca-altavia.org)
- ❖ Social Media Officer: Eadwine Dane
- ❖ Webwright: Dame Lynnette de Sandoval del Valle de los Unicornios
  - [webwright@sca-altavia.org](mailto:webwright@sca-altavia.org)
- ❖ Deputy Webwright: Vasilisa
  - [webwright@sca-altavia.org](mailto:webwright@sca-altavia.org)



## Meetings & Practices in the Barony

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### **Meetings:**

- *Council Meeting*
  - 2<sup>nd</sup> Tuesday of the month 7:00pm
  - Location: Proto-Cathedral of St. Mary Byzantine Catholic Church, 5329 Sepulveda Blvd., Sherman Oaks, Ca. 91411
  - This meeting involves officer reports, Baronial discussions, event reports, and announcements, everyone is welcome (and encouraged) to come.
  - <http://www.sca-altavia.org/meetings/>
- *Newcomers Meeting*
  - As needed 7:00pm
  - Location: Verdugo Park, 3201 West Verdugo, Burbank, Ca 91505, right hand side of the park at the stone tables near the tennis courts.
  - Everyone is welcome and given an overview of the SCA.
  - Contact the Chatelaine for details.

### **Combat Practices:**

- *Archery* - [archery@sca-altavia.org](mailto:archery@sca-altavia.org)
  - 1<sup>st</sup> & 3<sup>rd</sup> Sunday of the month 11:30am-3:00pm
  - Location: Woodley park archery range ([woodleyparkarchers.org/direction](http://woodleyparkarchers.org/direction))
  - Additional times most Tuesday and Friday nights. Contact the Captain of Archers to verify dates and times. Contact ahead for loaner gear.
- *Equestrian* - [equestrian@sca-altavia.org](mailto:equestrian@sca-altavia.org)
  - Various days of every month 6:30pm-8:30pm
  - Location: Conejo Creek Equestrian Park, 1350 Avenida de las Flores, Thousand Oaks, Ca 91360
  - Open to all regardless of Baronial affiliation
  - Riders must bring own mounts. Authorizations available, jousting, mounted combat, crest combat, mounted games, marshalette and general riding.
  - Minors must have a parent or guardian present at all times.
  - [www.sca-altavia.org/meetings/equestrian/index.html](http://www.sca-altavia.org/meetings/equestrian/index.html)
- *Armored & Rapier Combat* - [rapier@sca-altavia.org](mailto:rapier@sca-altavia.org) / [heavy@sca-altavia.org](mailto:heavy@sca-altavia.org)
  - Every Monday 7:30pm-9:30pm
  - Location: Verdugo Park, 3201 West Verdugo, Burbank, Ca 91505, right hand side of the park near the tennis courts.



- *Unarmored Combat*
  - 2<sup>nd</sup> & 4<sup>th</sup> Monday 7:30pm–9:30pm
  - Location: Verdugo Park, 3201 West Verdugo, Burbank, Ca 91505, right hand side of the park near the tennis courts.
- *Youth Combat*
  - 2<sup>nd</sup> & 4<sup>th</sup> Monday 7:30pm–9:30pm
  - Location: Verdugo Park, 3201 West Verdugo, Burbank, Ca 91505, right hand side of the park near the tennis courts.
- *Thrown Weapons* - [tw@sca-altavia.org](mailto:tw@sca-altavia.org)
  - 1<sup>st</sup> & 3<sup>rd</sup> Sunday 11:00am-2:30pm
  - Location: Woodley park archery range ([woodleyparkarchers.org/direction](http://woodleyparkarchers.org/direction))

**Arts & Sciences:** - [arts@sca-altavia.org](mailto:arts@sca-altavia.org)

- *Arts & Science Workshops (aka Craft Nights)*
  - 4<sup>th</sup> Tuesday of the Month 7:00pm-9:00pm
  - Location: Proto-Cathedral of St. Mary Byzantine Catholic Church, 5329 Sepulveda Blvd., Sherman Oaks, Ca. 91411
  - Take part in the advertised class or bring sewing or craft projects.
  - Meeting themes are published on facebook and the Altavia Website
- *Bardic Circle* - [bardic@sca-altavia.org](mailto:bardic@sca-altavia.org)
  - Host Baron Sir Charles of Dublin at the home of Baron Sir Robear du Bois.
  - Contact A&S Officer for directions & dates all can perform or watch
- *Children's Activities* - [children@sca-altavia.org](mailto:children@sca-altavia.org)
  - Children's events are held at every event that Altavia sponsors
- *Culinary Guild*
  - Special interest group for all things delicious to eat and drink.
  - All are welcome in discussions, recipes & historical research.
  - Meetings once a month [www.facebook.com/groups/242868192471271](http://www.facebook.com/groups/242868192471271)
- *Dance Practice*
  - Every Monday 7:30 (***CURRENTLY ON HIATUS***)
  - Location: Verdugo Park, 3201 West Verdugo, Burbank, Ca 91505, right hand side of the park near the tennis courts.

**Scheduled Arts and Science Classes**

- See [Arts@sca-altavia.org](mailto:Arts@sca-altavia.org) for a current Schedule of Classes



## Altavia Current Champions



- ❖ **Archery:** Baron Bjorn Zenthffeer as of 10/29/18
- ❖ **Armored Combat:** Sir William Ulfsson as of 5/12/18
- ❖ **Arts & Sciences:** Lady Annabel Radleigh as of 5/12/18
- ❖ **Bardic:** Lord Robyn Lon Creighton of Thorndyke as of 12/16/17
- ❖ **Chess:** Natasha of Altavia & Mike Manley as of 12/16/17
- ❖ **Equestrian:** Milady Inara of Darach 05/20/18
- ❖ **Fretted Fork Non Period:** Mistress Cecilia Medici as of 10/29/18
- ❖ **Fretted Fork Period:** Lucrezia of Isles 10/29/18
- ❖ **Rapier Combat:** Don Nathaniel Longbow as of 5/12/18
- ❖ **Thrown Weapons:** Paganus Grimlove as of 10/29/18
- ❖ **Unarmored Combat:** THL Tierrynna Caer Narvon as of 5/12/18
- ❖ **Youth Archery:** Loki of the Dell as of 10/23/16
- ❖ **Youth Arts and Sciences:** Natallya as of 5/13/17
- ❖ **Youth Combat:** Nicholai Stagghorn & Cora Valenzuela as of 5/12/18

