



# Fret Knot



Fall: A.S. XLVIII



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*Herewith follows the legal stuff:*

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Submission Guidelines: Just do it! ([chronicler@sca-altavia.org](mailto:chronicler@sca-altavia.org).)

## from the Chronicler

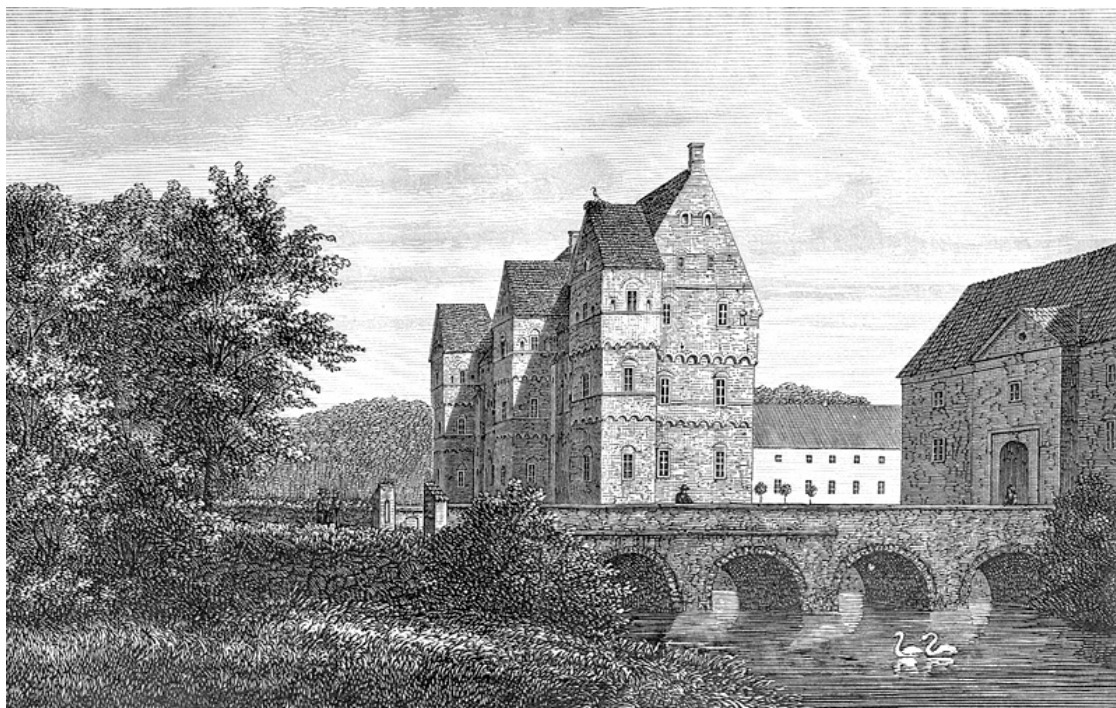
Greetings unto the populace of Altavia! You might notice some changes in this issue of the “Fret Knot”! There is a new Chronicler and it is my humble self, Charles. First of all, let us all give thanks and a big shout out to **Baroness Asakura Mashime** (also known as Mercy) for her great work in the past as Chronicler and publisher of the Fret Knot – THANK YOU ASAKURA!!!

This issue of the Fret Knot I have designated as the “Fall” issue, I fear we lost an issue due to the change over. So, henceforth, we’ll begin with “Fall” (and, coincidentally it IS fall!) and aim for the next issue to come in December. There. I said it. December. You have permission to storm my castle if I don’t keep my promise.

Your suggestions, hints, complaints, etc. are always welcome. The SCA is full of many wonderful, byzantine and sometimes baffling traditions and protocols and I may need your corrections and/or guidance. AND I need your submissions! Share your particular knowledge, expertise or passion with fellow Altavians! Send me an email at [chronicler@sca-altavia.org](mailto:chronicler@sca-altavia.org)!

*Yours in Service,*

*Lord Charles Ivansen of Borreby*



*Borreby Castle, near the town of Skælskør in the south-west corner of the island of Zealand, Denmark.*

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## From Their Excellencies

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### The honorable Lord Cristofanus Castellani And Mistress Cecilia Medici

Thank you everyone who have been coming out to events and supporting the Barony with goodies for the table and watching over the baron and myself.

Just want to give shout outs to birthdays in September to Countess Amina, Ian the Red, Nikolai, Adriann, Eblehardt, Her Majesty Bridget, and Don Colwyn. Next month in October we have the following Birthdays to celebrate at the 2nd Monday night Practice: Dutchess Cassandra, Catriona, Alexander Baird, Asakura, Tezar, Petra, Courtney, and Sir Charles of Dublin. If I missed you get me your Birth date so I can add you to the list of celebrants.

*Yours in Service,*

*Cecelia & Christof*



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## from The Seneschal

---

Greetings Altavia! Just a few words (I hope!) from your Friendly Baronial Mad Seneschal! As Seneschal, I'm the legal representative for the Barony of Altavia. Mundanely that makes me a Branch Director of Operations for the San Fernando Valley, i.e., the Head Chick in Charge, Orchestrator of Madness and Mayhem and, Yes, the buck stops with me. So when we have a successful event, a great archery, armored, rapier, thrown weapons unarmored or youth combat practice, an inspiring A&S class, an exhilarating dance practice, it is because ALL OF YOU make it happen!!! And when something goes wrong, and yes this does happen, it is ALWAYS the Seneschal's fault. It's a big job with lots of responsibility, followup, phone calls and EMAIL! But you know what makes it all worth it??? Sitting back and watching an INCREDIBLE group of people make things happen in this Barony. This Barony truly embodies our Motto, "Theatre Not Drama!" The cooperation shown by so many of you, the cohesive way you ALL work together makes my job oh so much easier.

I do have to admit though that a great deal of my job involves encouraging, enticing, convincing, cajoling, begging and groveling someone to do something. Let me assure you...there are no Event Fairies. A&S classes do not fall down upon us from Trees. Fighter practices do not just materialize from some Holo Deck. It takes people who care enough about what they are passionate about to give of their time to share their passion with others. And trust me it shows. I see it every time I come to fighter practice. I'll be honest, most of the time I'm there because of some business that needs to be conducted, but the fun for me, what makes driving 40-50 miles/90 minutes worth it is seeing the camaraderie evidenced at any practice I get to come to. There is so much going on and EVERYONE is having a great time! The Barony of Altavia is Great because the People of Altavia ARE GREAT!

Everyone of you who show up, who volunteer in some small way, who take a Baronial Office, who volunteer to Steward an event, who show up at Council Meeting, who take on a task when I have asked, who ask me "what can I do?" all of you make this Dream possible. Oh and trust me I'm not done...there are jobs that need doing, tasks that need willing hands, events that need stewarding. Altavia needs its Altavians; so do not wait to be ask. If you see a void, a task that needs doing, an officer or an event steward that could use a hand...don't wait to be asked. Ask if you can help. What might appear to be the smallest most insignificant task, is one less thing another hardworking Altavian has to worry about. You don't need to do a Big thing to be Great...You are Great because you Do! Altavian's are Doers and that is what makes Altavia GREAT!

So go out there and Discover your Greatness!

***Madelena Leonor Hidalgo de Figueres***  
***Seneschal***

# Upcoming Baronial Events

This Saturday, October 4<sup>th</sup> the Barony of Altavia is hosting....

## CAID RAPIER OPEN!



**This fellow forgot to wear his gorget!**

### *When:*

Saturday, October 4<sup>th</sup>, 9am – 6pm

### *Where:*

Stough Canyon Park, 1335 Lockheed View Drive, Burbank, CA 91504  
(next to the Starlight Bowl)  
MAP: <http://www.tinyurl/rapieropen>

In time of ancient Gods, Warlords and Kings, a land in turmoil cried out for a hero. The Rapier Open Champion is forged in the heat of battle. The power. The passion. The danger. The champion's courage will change the world.

Gather your blades and your courage and travel to the land where dreams become reality and ordinary people become stars. Marvel at the wonders of beautiful downtown Burbank. Once again, the Kingdom Rapier Championship will feature group round robins to choose the fighters that will advance to the later rounds. Also, plan on arriving on-time as a special "bonus" round will be conducted prior to the commencement of fighting.

### SCHEDULE OF THE DAY

9:00 Site Opens  
10:30 Opening Court  
11:15 Championship Lists Close  
12:00 Kingdom Championship begins  
5:00 Closing Court  
6:00 Site Closes

**SITE FEE:** Site fee is \$5 for members with proof of membership, \$3 for children 4-12, children under 3 are guests of the Barony. A \$5.00 non-member surcharge will apply for non-members over the age of 12. Make checks payable to SCA Inc./Barony of Altavia.

SITE: Stough Park, 1335 Lockheed View Drive, Burbank, CA 91504 (next to the Starlight Bowl)

DIRECTIONS (Important Note: Stough Park is NOT the same as Stough Canyon Nature Center)

FROM THE SOUTH: Take Hwy 5 to Burbank Rd exit and turn right toward the hills. Take your first left at the traffic light onto San Fernando Road. Go .2 miles and turn right onto Delaware Road. At the next traffic signal (.2 miles) take a right on N. Glenoaks Blvd. Take the next left turn onto E. Walnut Ave. In 1.5 miles, take a left onto Lockheed View Drive – the park will be on the right.

FROM THE NORTH: Take Hwy 5 to Burbank Rd exit and turn left toward the hills. After crossing over the freeway, take your first left at the traffic light onto San Fernando Road. Go .2 miles and turn right onto Delaware Road. At the next traffic signal (.2 miles) take a right on N. Glenoaks Blvd. Take the next left turn onto E. Walnut Ave. In 1.5 miles, take a left onto Lockheed View Drive – the park will be on the right.

SITE RESTRICTIONS: Staking is not allowed at the park. However, there are numerous shade trees and covered picnic tables, so please leave your pavilion at home and sleep in an hour later.

MERCHANTS: All vendors MUST have a Burbank Business License obtainable through the City's License and Code Division at (818) 238 - 5280 and must provide the City of Burbank with insurance forms as required by the Department prior to the event. Please contact the Event Stewards with any questions.

PARK RULES: Alcohol is not permitted in the park. In addition, no petting zoos are allowed.

Event Stewards: Master Laertes McBride & Lord Charles Ivansen  
Even Stewards email: [RapierOpen@sca-altavia.org](mailto:RapierOpen@sca-altavia.org)

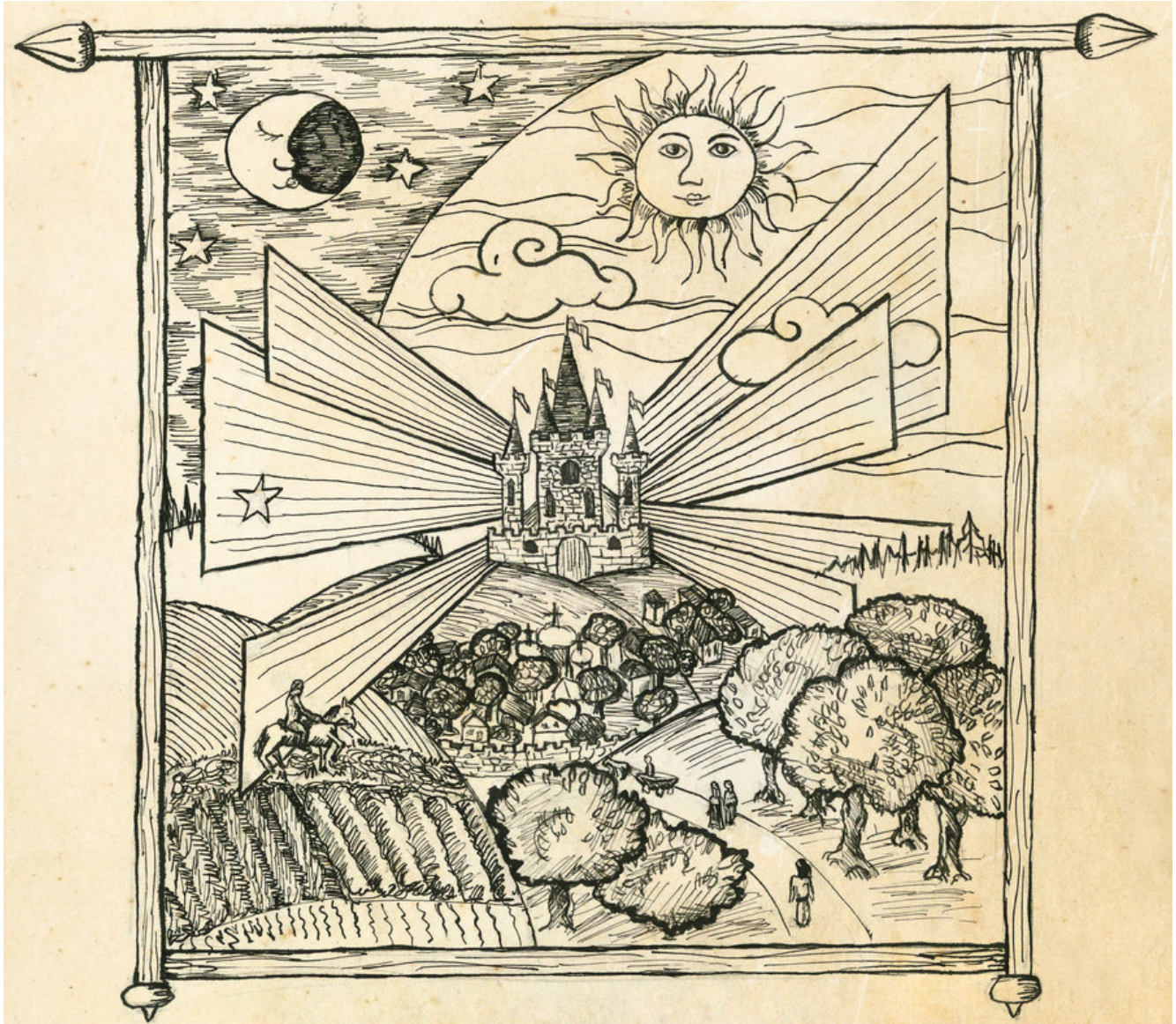


**Great Western War is coming!!!**

**October 8 - 13<sup>th</sup>**

<http://caid-gww.org/>

**Don't forget to volunteer!**



***And..... Don't forget to have FUN!***

# Altavia's Agincourt Tourney

## October 26, 2014



The Barony of Altavia invites you to join us on October 26, 2014 at Woodley Park archery range for our version of The Battle of Agincourt. Altavia's Archery and Thrown Weapons champions (adult and youth) will be decided from the day's competitors! When engaged in a battle for King, Queen, and country, one should display their colors proudly! To make our re-creation day extra special, please bring and display your heraldic garb, banners, standards, pennons, gonfalons, shields, etc. Anything goes for displaying your heraldry for all to see! Prizes will be given for the best displays, the most creative use of your heraldry and much more.

Young archers and throwers of Caid are welcome. They may participate if they have passed the proper authorizations and met the following requirements: Persons 14 through 17 years of age must have a properly executed minor's waver and medical authorization form on their person; a parent or legal guardian must sign them into the thrown weapons competition. Persons under 14 years of age must have a parent or legal guardian in attendance with them at the event. Our Youth champion categories are: Youth Archery 10 and under, Youth Archery 11 and up, and Youth Thrown Weapons (all ages).

**Clout Shoot Demonstration:** The Heath Family will once again be demonstrating a clout shoot. Don't miss this!

**Fretted Fork:** There will be a Fretted Fork culinary contest. This prestigious award is given out only once a year by the Culinary Guild of The Barony of Altavia.

**Raffle:** The Barony of Altavia will be holding a raffle of rare and mysterious items. You won't be able to resist!

**Fiber Playday:** Baroness Lynnette de Sandoval del Valle de los Unicornios will be hosting a Fiber Playday. Come sit under the trees, watch the competition, play with fibers, work on unfinished projects, and maybe learn a new hobby.

**Merchants:** Merchants are welcome within the confines of the archery range. Please contact the Event Steward for merchant information and reservations.

### **Schedule of the day:**

8:00AM - Site opens and Thrown Weapons Authorizations begin

10:00AM - Opening Court

5:00PM - Closing Court

6:00PM - Site closes

**Site:** Woodley Park is at 6331 Woodley Ave., Van Nuys, CA 91406 in the Sepulveda Dam Basin Recreation Area, between Burbank and Victory. Children are welcome at the site but must be supervised by a parent or guardian at all times. Pets are allowed in the park area but not within the confines of the archery range. **THIS IS A DRY SITE. Seriously - DRY SITE.** Sharp projectiles and alcohol do not mix.

**Site fees:**

\$5 for members with proof of membership,

\$3 for children 4-12,

Children under 3 are guests of the Barony.

A \$5 non-member surcharge will apply for non-members over the age of 12.

Make checks payable to SCA, Inc./Barony of Altavia.

**Directions:** Take your favorite freeway to the 405 and journey to the San Fernando Valley. (From South of the event, that's the 405 North; from North of the event, that's the 5 South to the 405 South.) Exit at Burbank Blvd and turn West. The Sepulveda Basin is now to your right (if you cross Sepulveda Blvd, you are going the wrong way). At Woodley, turn right. Look for a sign that bears the legend "Japanese Gardens". Turn right towards the gardens. Just before entering the gardens, turn right on the access road that traverses that park picnic grounds. Continue along this road, passing the Cricket fields on the left, until you reach a traffic circle. The Archery range is on the left, up the hill. Parking is limited up near the range, but overflow parking is available alongside the range, behind the paved lot.

**Captain of the Archers:** Lord Gendu Secen -- [Archery@sca-altavia.org](mailto:Archery@sca-altavia.org)

**Thrown Weapons Marshall:** THL Nikolaos Phaistos -- [TW@sca-altavia.org](mailto:TW@sca-altavia.org)

**Event Steward:** Lady Monique Marie Sauniere (Molly Marking) 8801 Eton Ave., Canoga Park, CA 91304 -- [Agincourt@sca-altavia.org](mailto:Agincourt@sca-altavia.org) Check our website [sca-altavia.org](http://sca-altavia.org) (Events) for changes or additions.



## *Saturday, December 13 is Altavia/Angels Yule!*



Come join the baronies of Angels and Altavia as we celebrate the holidays together! It will be an evening of **family competition**.

During the late Renaissance period a rich merchant class developed in parts of Italy. Rich families made their money with shrewd business dealings and taking risk on exotic business ventures. We invite you to be part of the family! It is an offer you can't refuse! You will be assigned a "family" at gate and you will earn points for your family for every game you win. Games and competitions will be available throughout the day and night to uphold your family's honor. The winning family will be awarded a special treasure at the end of the night.

There will be much to do, much to eat, and much fun to be had. So please come feast and frolic with us! Please bring your banners and shields to display and add pageantry to the hall. The theme for the evening, and all contests and competitions is "Italian Renaissance". Entries matching the theme are preferred (but not required). An Italian backdrop photo scene will be up for your Renaissance pictures.

*Here are the night's events:*

Contests, including:

- Table Decorating (tables are round and seat 8)
- Altavia Chess Champion
- Angels Games Champion
- Altavia Bardic Champion. The two bardic competitions (see below) will be held concurrently (i.e. contestants for either of the two baronies will perform in one competition) and the results will be decided by consultation between the barons and baronesses. Please keep your performances under 4 min. due to time restrictions. The current Altavia bard strongly encourages Altavians for this wonderful event! Find something that suits you, that you'd like to share and that will enrich our Yule festivities.
- Seraph (Angels) Bard Champion. Those interested in competing should arrive on site no later than 4 p.m. prepared to perform a piece of their own choosing, with entries relating to the days theme of "Dual Yule; let the games begin" encouraged but not required. Performances of any and all style are welcome (music, storytelling, drama, poetry, comedy, etc.) and documentation is not required.

- Culinary Contest sponsored by Baron Peter Cadarn: best side dish, best main dish, best dessert, and peoples choice (all dishes will be entered into the contest).

The Yule feast is potluck, so each person should bring a dish to serve at least 8. Please include an ingredients list as a courtesy to those with food allergies. Please bring serving utensils as well and put your name on everything you bring! Outlets for crock-pots will definitely be available, but the kitchen is not available for cooking. All dishes should be brought completely cooked and/or ready to eat.



**Imaginary Site of Altavia/Angels Yule**

Potluck dish suggestions by SCA first name:

A-H main dish  
I-O side dish  
P-Z dessert

There will be a revel after the feast with games, games, and more games. There will also be youth activities. Please contact THL Nikolaos (Niko) for details. We will be having our annual Toys for Tots drive, so please a new unwrapped toy for donation.

Event site fees:

\$10 Adult member for potluck feast and revel

\$5 Youth (4-12)

Children 3 and under are guests of the baronies

There will be an additional \$5 non-member surcharge

Please make checks payable to SCA Inc./Barony of Altavia

Schedule:

3:00 p.m. – Site opens to the populace. For those interested in table decorating, come early and get started. We will also have games available at this time as well.

4:00 p.m.–6:00 p.m. – Court followed by the Yule feast. Both the Angels and Altavia bardic Champion competitions will be held during the feast.

6:30-10:00 p.m. – Dessert judging and revel (games and music).

10:00-10:45 p.m. – Clean up.

11:00 – Hall closes and everyone must be off the site.

**Site:**

St. Mary's Proto-Cathedral, feast hall, 5329 Sepulveda Blvd., Sherman Oaks, CA 91411.

The hall is a separate building behind the church. Pull into either driveway. The parking lot is behind the church and the hall is at the back of the parking lot.

**Directions:**

From the 405 North: exit on Burbank Blvd. and take an immediate right at the end of the ramp, which is Burbank Blvd. and take an immediate right at the next light onto Sepulveda Blvd. The church will be on the right hand side.

From the 405 South: exit on Burbank Blvd. and take a left at the end of the ramp (turning left from the right-most left turn lane is helpful). Take an immediate right at the next light onto Sepulveda Blvd. The church will be on the right hand side.

From the 101 North: take the 405 North and follow the directions above.

From the 101 South: take the 405 North and follow the directions above.

**Additional details:**

This is a wet site.

Enclosed candles are allowed.

**NO SMOKING** inside the hall or on church property.

Pets are **NOT** allowed except for service animals.



**The Culinary Contest in Full Swing!**

## ***A Message from Lady Caitriona, Chatelaine of Altavia***

Greetings from your Baronial Chatelaine!

It has been quite a year! With Great Western War coming up we are as busy as ever. If this is your first war, be sure to check everything out. There will be a Chatelaine Walkabout tour and also be sure to check in at Chatelaine's point if you have questions. Also, most important, VOLUNTEER!!!! Please, our wars do not function without you! The war only asks for two hours of Volunteer time and there are so many others who give so much more time. If you volunteer two hours, it allows one of the staff members time to go be with their campmates. Plus, it's a great way to meet new people. And there is a database already set up on the Great Western War Website.

There are a few Anniversary events coming up at the end of the year, Coronation, and Yule. Lots of court events. For court events, be sure to bring something to keep you busy during court. There is a lot of business that needs to be handled during court sometimes and Their Majesties do not take offense if you are doing something to keep your hands busy.

If you need Loaner Garb for any events, please contact me. If you need something to borrow for some time, I am happy to lend it. If you need help putting something together, please let me know. If I am unable to help, I will get you with someone who can.

And Please remember to have fun and come to me with any questions or concerns.

***YIS***

***Lady Caitriona inghean Diarmada***  
***Chatelaine of Altavia***





**By: THL Johnnae Ilyn Lewis, CE**

*Many men putte þerto in somer þe Iuse of  
lymons or of orenge.*

*[Many men put thereto in summer the juice of  
lemons or of oranges.]*

Chauliac 2(Paris angl. 25 156a/b) c1425

The question arises on various historical cookery lists from time to time as to what non-alcoholic drinks did the English imbibe in the Middle Ages and Renaissance. Quite quickly it can be determined that in England they drank mead, metheglin, ale, beer, wine, fermented cider and perry, as well as distilled spirits. In terms of non-alcoholic drinks: water (including barley water), milk, whey, and buttermilk are mentioned. Tea, coffee and chocolate for drinking are well documented as being increasingly popular only in the mid to late 17th century. [Starbucks has nothing on the coffee houses of the Restoration.]

Several years ago I began a search for orange and lemon drinks that more closely resemble those being served today. It's not an easy search because a number of juice, peel, and sliced fruits recipes must be sorted through plus all the assorted remedies and potions that called for the "iuce of a limon" because it was thought to provide relief against fevers, pox or plague. In 1659 W.M. included a named "orangewater" recipe in *The Queens Closet Opened*, but the recipe

reads more like a cocktail, than a modern orange drink. To wit:

To make Orangewater.

Take a pottle of the best Malligo Sack, and put in as many of the peels of Oranges as will go in, cut the white clean off, let them steep twenty four hours; still them in a glass still, and let the water run into the receiver upon fine Sugar-candy; you may still it in an ordinary still. *The Queens Closet Opened*.

Likewise, the Leamon Wine found in the Tudor-Jacobean manuscript (edited as part of Martha Washington's *Booke of Cookery*) is again probably mildly alcoholic, as it is a combination of spring water, sugar, raisins, and sliced lemons left to stand before being strained and bottled. Sir Kenelm Digby was and remains a well known connoisseur of drinks and his notebooks are full of mead and wine recipes. After his death various books were compiled under his name and in the 1675 *Choice and Experimented Receipts in Physick and Chirurgery*, there appeared this barley water flavored with the juice of an orange, but the recipe seems far more barley than orange in its flavors. It reads:

A Cooling Drink in a Fever.

Take a Gallon of Spring-water, five Spoonfuls of French Barly, half a pound of the best blue Currants, let it boil softly till a quart be consumed; then take two handfulls of Wood-Sorrel, as much of Roman Sorrel; bruise them well, and let them infuse one hour, then take it off and strain it through a Sieve;

drink of this with the juice of an Orange, and a little fine Sugar. Digby. Choice and Experimented Receipts

From 1670's *The Queen-like Closet; or, Rich Cabinet Stored with all Manner of Rare Receipts* comes this description of another alcoholic lemon drink plus a recipe for punch:  
CCLII. To make Limonado.

Take one Quart of Sack, half a Pint of Brandy, half a Pint of fair Water, the Juice of two Limons, and some of the Pill, so brew them together with Sugar and drink it.

CCLI. To make Punch.

Take one Quart of Claret Wine, half a Pint of Brandy, and a little Nutmeg grated, a little Sugar, and the Juice of a Limon, and so drink it.

Hannah Wolley

Another more exotic East Indian alcoholic version is described as:

"With this Liquor they make the best Vinegar, and their Arack or Brandy, which goes far beyond our best Rhenish Wine for strength, taste and colour: And mixing it with Water and Wine, with Sugar and Lemon-Juice, it makes an excellent sort of Limonade, which they call Massack and Burabols, but sufficiently known in English by the name of Punch." Fryck, Christoph and Christoph Schewitzer. 1700. P.47

A reader might ask, "But what about our now common summer lemonade and its lesser cousin orangeade? And what's with all these seventeenth century recipes?" Food historian C. Anne Wilson states with certainty that "Lemonade was a French invention." OED notes that "-ade" words are formed to indicate that they are "the product of an action, and, by extension, that of any process or raw material." One early form was pomade, which lost out to the word

cider as meaning a drink made of apples or pomme. Under "lemonade" the earliest quotation in the OED only dates to 1663 where the phrase "Captain, make some Lemonade" appears in Thomas Killigrew's *The Parson's Wedding*. "Orangeade" is dated to 1706 where it was defined as "Orangeade, a cooling Liquor made of the Juice of Oranges and Lemmons, with Water and Sugar" in Phillip's *New World of Words*.

Librarians such as myself, of course, can do better in the contest to find earlier quotations and it wasn't that hard to determine that the most popular and the earliest printed source for both lemonade and orangeade recipes in England appears in the 1653 edition of La Varenne's *The French Cook*. (Lemon juice comes into its own in this volume; there are at least 58 matches for lemon juice in it.) Only two years earlier La Varenne's *Le Cuisinier Francois* had swept Paris. There quickly followed volumes titled *Le Patisier Francois* and *Le Confiturier Francois*, which were also attributed to La Varenne. This last French volume includes recipes for both Limonade and Orangeade. The 1653 English version of the recipe in *The French Cook* reads as follows:

How to Make Lemonade.

It is made several waies, according to the diversity of the ingredients. For to make it with Jasmin, you must take of it about two handful, infuse it in two or three quarts of water the space of eight or ten houres; then to one quart of water you shall put six ounces of sugar. Those of orange flowers, of muscade roses, and of gelliflowers, are made after the same way. For to make that of lemon, take some lemons, cut them, and take out the juice,

put it in water as abovesaid. Pare another lemon, cut it into slices, put it among this juice, and some sugar proportionably.

That of orange is made the same way.

Francois Pierre La Varenne. *The French Cook*. 1653. pp. 238-239.

Terence Scully in his new and highly recommended English translation of all the oookery books credited to La Varenne writes of Orangeade: "It is made in the same way as the Lemonade, except it doesn't take any lemons." (page 494)

What makes food history so interesting and vexing is that another alternative version of lemonade's history may be found. The Oxford Encyclopedia of Food and Drink in America tells us "Lemonade, which in its simplest form is a drink made from lemon juice, sugar, and water,... By the mid-seventeenth century the drink was popular in Europe when limonadiers, street vendors in France, sold lemonade at modest prices. A lemonade recipe appears in the 1653 English translation of LaVarenne's *The French Cook*." So far, so good, we have already discussed LaVarenne's contribution and recipe, but then the entry also contains the information that the drink "has a history dating back to at least the thirteenth century, when Arab cookery books offered recipes for drinks made from lemon syrup. The Mongols enjoyed a sweetened lemon drink preserved with alcohol, and the Persians enjoyed sharbia, from which the English "sherbet" derives." Mongols, Persians, Arabic cookery books???? From searches in EEBO, we know that author Fynes Morrison had written in 1617 about the "tunnes of Lemons Iuyce (which the Turks drinke like Nectar)" when talking about his voyage to the city of Constantinople, but could it be traced back another three or four centuries?

Culinary historian and author of a number of popular Mediterranean cookbooks Clifford Wright offers one possible alternative to our story of the French introducing lemonade. Wright has a "History of Lemonade" posted on his website. He writes: "It appears that the all-American summer drink, lemonade, may have had its origin in medieval Egypt. Although the lemon originates farther to the east, and lemonade may very well have been invented in one of the eastern countries, the earliest written evidence of lemonade comes from Egypt. The first reference to the lemon in Egypt is in the chronicles of the Persian poet and traveler Nasir-i-Khusraw (1003-1061?), who left a valuable account of life in Egypt under the Fatamid caliph al-Mustansir (1035-1094). The trade in lemon juice was quite considerable by 1104. We know from documents in the Cairo Geniza--records of the medieval Jewish community in Cairo from the tenth through thirteenth centuries--that bottles of lemon juice, qatarmizat, were made with lots of sugar and consumed locally and exported."

So are lemonade and orangeade mid 17th century drinks that are hinted at in earlier mentions of juice in summer or is lemonade an indirect descendant of a Jewish drink known as qatarmizat? It was with this question that earlier versions of this article ended, but thanks to a new 2013 publication we now have another recipe for an early version of lemonade. Habeeb Saloum, along with his daughters Muna Salloum, and Leila Salloum Elias has just published *Scheherazade's Feasts. Foods of the Medieval Arab World* and it includes this recipe for a lemon drink:

Ma' al-Laymun li-al-Sharab: Lemon Water for drinking.

Squeeze out juice from lemons,

after having washed them, over a piece of sugar.

Place in a glass container. It is used for drinks.

Salloum. Scheherazade's Feasts, p. 174.

The original source is the *Kanz al-fawā'id fī tanwī' al-mawā'id*, which is often described as an anonymous medieval Arabic cookery book, possibly from Egypt; it is dated as early as the thirteenth century. So here have an early recipe for a lemon and sugar juice used for drinks in a manuscript originating in Egypt. The puzzle pieces are falling into place. Shall we pour and enjoy a tall glass of lemonade while we investigate further?

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Clifford Wright's alternative version of lemonade's history may be found on his web page <http://www.cliffordawright.com/history/lemonade.html>

Versions of this article appeared in *Mead Meat & More* volume 2, issue 2, Spring 2007 "Orange and Lemon Drinks of Summer" pp.4-6, and in the Barony of Cynnabar's newsletter *The Citadel* in August/September 2006 and *The Pale* in August 2006.

Copyright JK Holloway Updated and revised with additional recipes April 2013.



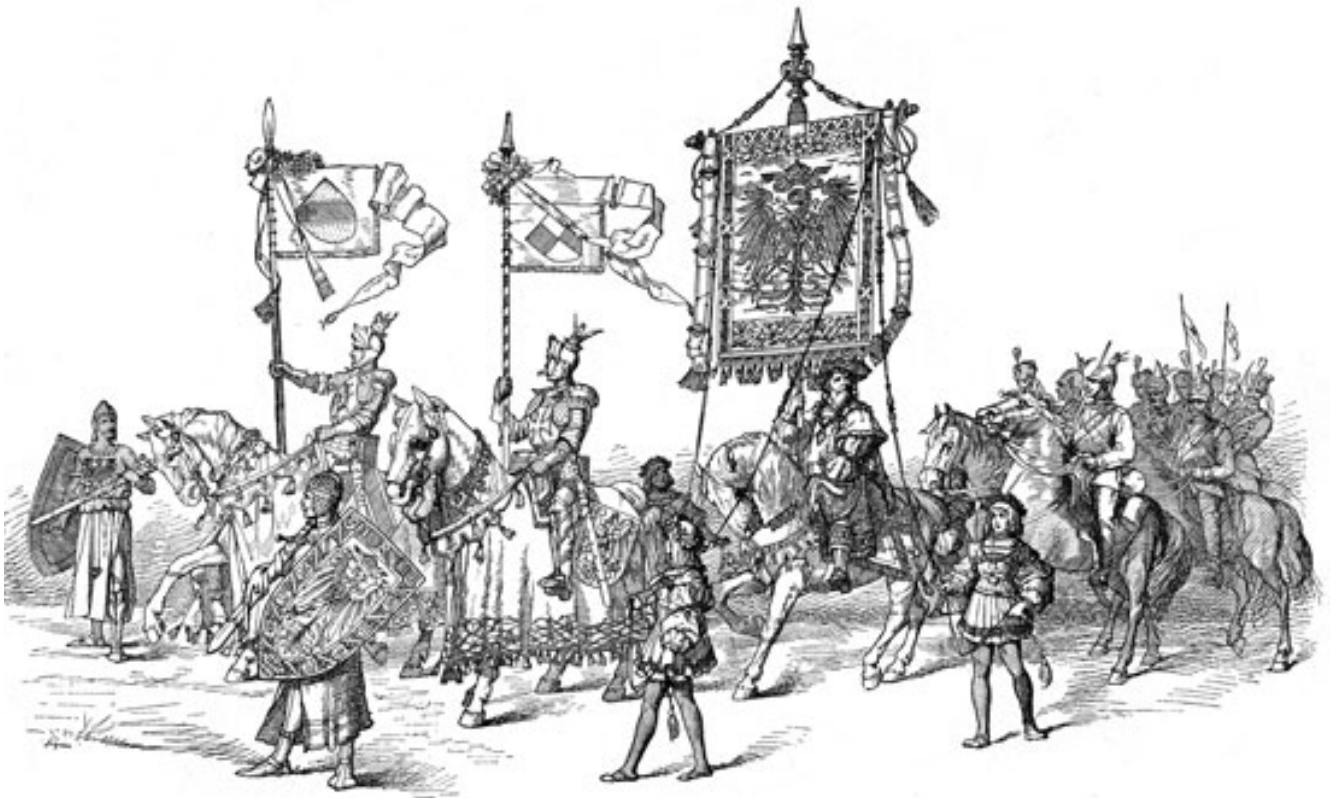
## Spring Event: Walter Reed Middle School Faire of the Middle Ages

We have the dates for the Walter Reed Middle School Faire of the Middle Ages for 2015. This is a very big demo for us and can bring in lots of families for us. Our dates for Next year are April 17-18 2015. Please consider coming and joining us for the two days. It is a Friday and Saturday. They love having us out there and we love showing them what we do! So please mark your calendars!

***YIS***

***Lady Caitriona inghean Diarmada***

***Chatelaine of Altavia***



*Oh look, a Medieval Faire!*

At last spring's Altavia Anniversary, this wonderful song was written and performed for their Excellencies by Altavia's own Lady Briana MacCabe:

## *Heirs on the Range* *by Lady Briana MacCabe*

*After a golden rule of five years the day was drawing nigh,  
When Secca and Meliora would bid the thrones "Goodbye!"  
They tried their best to prepare us all for a new baronial crew;  
But there's no need to panic, they know just what to do.*

*Keep calm, fret not.  
For heirs they have arranged  
Keep calm, fret not.  
It's just a little change  
Keep calm, fret not.  
Though you might think it strange.  
Keep calm, fret not.  
They found them on the range.*

*A Knight may bring us strength but they're always on the field;  
And a Cook is always dealing with endless veggies that need peeled.  
A Bard is only looking for an audience to hark;  
But the heirs that they have found us always hit their mark.*

### *Chorus*

*An archer with a gentle smile will our baron be;  
His lady, our new baroness, a knife-throwing beauty she.  
Altavia is once again the happiest of lands;  
For we're in Christof and Cecelia's good and steady hands.*

### *Chorus*

*Heirs, heirs on the range,  
Where the archers and thrown weapons play.  
Where seldom is heard a non-chivalrous word  
And the projectiles go sailing all day.*

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# Announcements from the Barony

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We will be at Caid Rapier Open and will be hosting his Majesty. Please come out and cheer on your favorites (or anyone who looks like they'd make a good favorite :)).

GWW is here. If you haven't signed up to volunteer do so and do often. Lets make a showing of volunteers for Altavia!

After GWW is Agincourt. We will be having a raffle so get your closets cleared and bring stuff to Monday night practices so we can raise money for the Barony for some up coming expenditures.

*Yours in Service,*

*Cecelia & Christof*



# An Announcement from The Honorable Lord Nikolaos Phaistos

**YOU** can be a **THROWN WEAPONS DEPUTY FOR ALTAVIA**. Here is what you need. If interested please see Niko to get started:

- You must be a warranted Thrown Weapons range Marshall.
- Run practices two or three times a month usually on the first, third and fifth Sundays.
- Store, transport, setup and teardown the range, including stands and target butts.
- Store and transport loaner weapons including knives, axes and spears.
- Act as the Marshall in charge at practices and run the line.
- Instruct beginners on the basics of throwing and range safety.
- Make sure all paperwork including Woodley Park and minors waivers are filled out properly.
- Inspect and ensure the quality of weapons and range equipment
- Repair and replace any weapons or range equipment that need attention using baronial Thrown Weapon's budget.
- Enlist deputies and MiTs to assist at the range, at meetings and with paperwork.
- Send in quarterly reports to the Kingdom Earl marshal of thrown weapons on March 1st, June 1st, September 1st and December 1st. Check manual for what to include in these reports.
- Attend monthly Baronial Council meetings.
- Prepare and send in monthly reports to the Baronial Seneshal on the Monday before the Baronial council meetings.
- Keep up to date on the thrown weapons community in CAID and in the Society at large.
- Promote Thrown Weapons participation on social media outlets such as Yahoo groups and Facebook.
- Field any questions regarding thrown weapons in Altavia.
- Encourage others to become Marshalls in training and Marshalls for thrown weapons in Altavia.
- Act as Marshall in charge and run all baronial tournaments. This consists of our yearly Agincourt tournament. (October)

*Niko*



# ❧ Astavia Current Champions ❧

- ❧ Archery **Brigid Ni Muirean** 10/27/13
- ❧ Armored Combat **Duke Sven Ofhendur**  
5/10/14
- ❧ Arts & Sciences **Baron Thomas Brownwell**  
5/10/14
- ❧ Bardic **Briauhna Colette des Trouvères**  
12/7/13
- ❧ Chess **Nathaniel Longbow** 12/7/13
- ❧ Crossbow **Winfred of Heatherwyne**  
10/27/13
- ❧ Equestrian **Lady Kora Aelfbairn riding**  
**Blaze** 5/3/14
- ❧ Rapier Combat **Don Laertes Blackavar**  
**McBride** 5/10/14
- ❧ Thrown Weapons **Cormac Mor** 10/27/13
- ❧ Unarmored Combat **Don Avenel Kellough**  
5/10/14
- ❧ Youth Archery **Tara of Caitness** 10/27/13
- ❧ Youth Combat **Preston and Natalyyia Barsova** 5/10/14
- ❧ Youth Thrown Weapons **Nicolai Stagghorn** 10/27/13



# Baronial Officers

<b>Baron</b> is THL Cristofanus Castellani	(Baron@sca-altavia.org)
<b>Baroness</b> is Mistress Cecilia Medici	(Baroness@sca-altavia.org)
<b>Chief Lady-in-Waiting</b> is Lady Muirgein ingen Ailella and Lady Briana MacCabe	(court@sca-altavia.org)
<b>Captain of the Guard</b> is THL Nikolaos Phaistos	(guard@sca-altavia.org)
<b>Seneschal</b> is THL Madelena Hidalgo de Valencia	(seneschal@sca-altavia.org)
<b>Deputy Seneschal</b> Baroness Yssbell inghean Bhaltair	
<b>Captain of Archers</b> is Lord Gendu Secen	(archery@sca-altavia.org)
<b>Deputy Captain of Archers</b> is THL Nikolaos Phaistos	
<b>Arts &amp; Sciences Officer</b> is Lord Luca Serafini da Firenze	(arts@sca-altavia.org)
<b>Chatelaine</b> is Lady Catriona inghean Diarmada	(chatelaine@sca-altavia.org)
<b>Children's Minister</b> is Lady Fara MacGregor	(children@sca-altavia.org)
<b>Deputy Children's Officer</b> is THL Tezar of Aeolis	
<b>Chiurgeon</b> is Lord <i>Caine</i> Dorcha	(chiurgeon@sca-altavia.org)
<b>Deputy Chiurgeon</b> is THL Cecilia Medici	
<b>Chronicler</b> is Lord Charles Ivansen of Borreby	(chronicler@sca-altavia.org)
<b>Constable</b> is THL Thorin O'Seaghda	(constable@sca-altavia.org)
<b>Exchequer</b> is Lady Leonor de Sevilla	(exchequer@sca-altavia.org)
<b>Herald</b> ( <i>Sable Fret Cornet</i> ) is THL Damien von Baden	(herald@sca-altavia.org)
<b>Court Herald</b> is THL Tezar of Aeolis	
<b>Lists Officer</b> is THL Matlens Litovka	(lists@sca-altavia.org)
<b>Marshal</b> is Sir Thorin O'Seaghda	(marshal@sca-altavia.org)
<b>Deputy Marshal</b> is Sir Eronric of Devon	
<b>Deputy Marshal for Equestrian</b> is Dona Lady Virginia Read	(equestrian@sca-altavia.org)
<b>Deputy Marshal for Armored Combat</b> is Sir Thorin O'Seaghda	(marshal@sca-altavia.org)
<b>Deputy Marshal for Rapier</b> is Don Colwyn Stagghorn	(rapier@sca-altavia.org)
<b>Deputy Marshal for Thrown Weapons</b> is THL Nikolaos Phaistos	(tw@sca-altavia.org)
<b>Deputy Marshal for Unarmored</b> is Mistress Cecilia Medici	
<b>Deputy Marshall For Youth Combat</b> is Sir Uilliam of Altavia	(youthcombat@sca-altavia.org)
<b>Scribe</b> is Ysabel d'Outremer	(scribe@sca-altavia.org)
<b>Webwright</b> is Dame Lynnette de Sandoval del Valle de los Unicornios	(webwright@sca-altavia.org)
<b>Deputy Webwright</b> are Gendu Secen, and Lady Briana MacCabe	

# Meetings & Practices in the Barony

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## Business Meetings

- **Council Meeting**

**2nd Tuesday of the month, 7:00pm** location TBD (contact [Seneschal](#) for information)

This is the monthly business meeting for the group. There are officer reports, event reports, discussion of Baronial involvement at the Kingdom Level, choosing new officers, when necessary, and announcements. Baronial decisions are made here, and you do have a voice. **Everyone is welcome (and encouraged) to attend the meeting!**

Pre-Meeting work session and officers arrive by 7:00pm. Meeting starts at 7:30pm.

Contact the [Seneschal](#) for details

- **Newcomers' Meeting**

**Once a month, usually on the 4th Monday of the month, 7:00pm** at [Verdugo Park](#) in Burbank, 3201 West Verdugo, Burbank CA, 91505. Directions: Off of Verdugo, turn North onto California and we are on the right hand side, half way down the block near the tennis courts. This is the same location as our weekly Fighter Practice.

We meet at the stone tables next to the restrooms; look for Bridget's Red Lantern!

These classes cover a general overview of the SCA and the types of events we hold in Caid. Please bring your questions and wonderful smiles. We look forward to seeing everyone there!

Contact the [Chateline](#) ([chatelaine@sca-altavia.org](mailto:chatelaine@sca-altavia.org)) for directions and dates.

## Combat Practices

- **Archery Practice**

**The first and third Sunday of the month, 11:00am to 3:00pm** At Woodley Park Archery Range, directions are <http://woodleyparkarchers.org/direction>

Additional practice times are available most **Tuesday and Friday nights**. Contact the [Captain of Archers](#) to verify dates and times.

Contact ahead for loaner gear. Lord Everglad is there on most Wednesday nights and Saturday mornings for authorization tests and help in shooting.

Contact the [Captain of Archers](#) ([archery@sca-altavia.org](mailto:archery@sca-altavia.org)) for more information.

- **Equestrian Practice**

Practices are held on various Fridays of every month, 6:30-8:30PM at Conejo Creek Equestrian Park, 1350 Avenida de las Flores, Thousand Oaks, CA 91360.

Open to any participants regardless of territory of residence. Rider must bring their own mounts. Unmounted ground crew training available. Authorizations available. Jousting, mounted combat, crest combat, mounted games, marshalette/marshalette-in-training, and general riding authorizations available on site. General driving and driving games authorizations available subject to prior coordination. Mounted archery authorizations available offsite. Riders are advised to bring their normal tack and equipment. No rental horses are available. Minors must have a parent or guardian present at all times.

Please contact the [Marshal in Charge: Lady Lysette](mailto:equestrian@sca-altavia.org) (equestrian@sca-altavia.org). For more information, visit the [CAID equestrian site](http://equestrian.sca-caid.org/) (http://equestrian.sca-caid.org/) or the [Altavia Equestrian webpage](http://www.sca-altavia.org/Meetings/Equestrian/index.html). (http://www.sca-altavia.org/Meetings/Equestrian/index.html). Join the [Altavian Equestrian Email group](http://groups.yahoo.com/group/AltavianEquestrian/) (http://groups.yahoo.com/group/AltavianEquestrian/)

- **Fighter Practice -- Armored Combat**

**Every Monday, 7:00pm to 9:30pm** at [Verdugo Park](#) in Burbank, 3201 West Verdugo, Burbank CA, 91505. Directions: off of Verdugo, turn North onto California and we are on the right hand side, half way down the block near the tennis courts.

Contact the [Heavy Weapons Marshal](mailto:heavy@sca-altavia.org) (heavy@sca-altavia.org) for more information or to request to join the [practice information E-mail list](http://groups.yahoo.com/group/fretfights/) (http://groups.yahoo.com/group/fretfights/).

**Every Thursday, 7:00pm to 9:00pm** at [Northridge Park](#), 18300 Lemarsh St. Northridge, CA 91324. Find us on the Reseda Blvd. side of the park. Hosted by St. Firmin. Contact the [THL Owain ap Gwyllim Pengryth](#) for more information.

[Guardians of the High Road webpage](http://wiki.caid-commons.org/index.php/Guardians_of_the_High_Road) (http://wiki.caid-commons.org/index.php/Guardians\_of\_the\_High\_Road)

- **Fighter Practice -- [Rapier](#)**

**Every Monday, 7:30pm to 9:30pm** at [Verdugo Park](#) in Burbank, 3201 West Verdugo, Burbank CA, 91505. Directions: off of Verdugo, turn North onto California and we are on the right hand side, half way down the block near the tennis courts.

Contact the [Rapier Marshal](#) for more information

**Every Thursday, 7:00pm to 9:00pm** at [Northridge Park](#), 18300 Lemarsh St. Northridge, CA 91324. Find us on the Reseda Blvd. side of the park. Hosted by St. Firmin. Contact the [THL Owain ap Gwyllim Pengryth](#) for more information.

[Guardians of the High Road webpage](http://wiki.caid-commons.org/index.php/Guardians_of_the_High_Road) (http://wiki.caid-commons.org/index.php/Guardians\_of\_the\_High\_Road)

- **Fighter Practice -- Youth Combat**

**Twice a month - 2nd and 4th Mondays, 7:30pm to 8:00pm** at [Verdugo Park](#) in Burbank, 3201 West Verdugo, Burbank CA, 91505. Directions: off of Verdugo, turn North onto California and we are on the right hand side, half way down the block near the tennis courts.

Contact the [Youth Combat Marshal](#) for more information

[Guardians of the High Road webpage](http://wiki.caid-commons.org/index.php/Guardians_of_the_High_Road) (http://wiki.caid-commons.org/index.php/Guardians\_of\_the\_High\_Road)

- **Thrown Weapons Practice**

**The first and third Sunday of the month, 11:00am to 2:30pm** at Woodley Park Archery Range, directions are <http://woodleyparkarchers.com/directions.html>

Contact ahead for loaner gear. Lord Everglad is there on most Wednesday nights and Saturday mornings for authorization tests and help in shooting.

Contact the [Thrown Weapons Marshal](mailto:tw@sca-altavia.org) ([tw@sca-altavia.org](mailto:tw@sca-altavia.org)) for more information and to verify dates and times.

## Arts & Sciences

- **Arts & Science Workshops (aka Craft Nights)**

**The 4th Tuesday of the month, 7:00pm to 9:00pm** location TBA. Please contact the [A&S Officer](#) or the [Seneschal](#) information on meeting locations. Bring your sewing or craft project to work on or help us make Baronial Presentations. The meetings sometimes have a project theme, which is usually published on the [Altavia E-mail list](#) (<http://groups.yahoo.com/group/altavia/>).

Contact [A&S Officer](#) ([arts@sca-altavia.org](mailto:arts@sca-altavia.org)) for details.

- **Bardic Circle**

Hosted by Baron Sir Charles of Dublin at the home of Baron Sir Robear du Bois. Contact [the A&S officer](#) ([bardic@sca-altavia.org](mailto:bardic@sca-altavia.org)) for directions. The Bardic Circle will be pick, pass or play. For those who are new, this means that, as we go around the circle, you have the choice of:

1. Picking someone to perform something you like or something they want to do
2. Passing your turn to the next person
3. Performing yourself

This way you can relax & listen, perform, hear your favorites, or mix it up.

Contact [The A&S officer](#) ([bardic@sca-altavia.org](mailto:bardic@sca-altavia.org)) for dates, directions, and further information.

- **Children's Activities**

Children's activities are held at every event that Altavia sponsors.

Contact the [Children's Officer](#) ([children@sca-altavia.org](mailto:children@sca-altavia.org)) for information or offers to help.

- **Culinary Guild**

Special interest group for All Things Delicious to eat and drink, by the Barony of Altavia, the north-west Los Angeles County group of the Society for Creative Anachronism. Everyone is welcome in our discussions of recipes, historical research and events based around the food and beverages of the Middle Ages and Renaissance.

Meetings happen once a month. Contact the Guild through their Facebook page here: <http://www.facebook.com/groups/242868192471271/> or contact Baroness Asakura Mashime for information ([chronicler@sca-altavia.org](mailto:chronicler@sca-altavia.org))

- **Dance Practice**

**Belly Dance every Monday, 7:30pm** at [Verdugo Park](#) in Burbank, 3201 West Verdugo, Burbank CA, 91505. Directions: off of Verdugo, turn North onto California and we are on the right hand side, half way down the block).

Tribal style belly dance practice. We have a mixture of absolute beginners, beginners and old pros. It's outside so dress warmly. Its lots of fun!

We are near the tennis courts and, as we practice next to the Heavies Fighters, just look for the fierce men and women in armor!

- **Potters Guild of Caid**

**Meets once a month, contact [Baroness Asakura Machime \(chronicler@sca-altavia.org\)](mailto:chronicler@sca-altavia.org) for meeting times and location.** To provide a supportive organization for ceramic artists of all skill levels. To provide an opportunity to network and share knowledge and techniques through workshops, special events, and at Arts and Sciences displays. To provide populace awareness and appreciation for ceramic artists and their work. To promote period creation, education and high quality work among our members.

[Potter's Guild of CAID Yahoo group](http://groups.yahoo.com/group/Potters_guild_of_CAID/) ([http://groups.yahoo.com/group/Potters\\_guild\\_of\\_CAID/](http://groups.yahoo.com/group/Potters_guild_of_CAID/))





# Altavia Baronial Council

## Meeting Minutes

### Tuesday, August 12, 2014

#### Proto-Cathedral of St. Mary Catholic Church

**Baronial Comments:** Lyndemere was a lot of fun and thanks to all that helped out! Went to Festival of the Rose and the food was soooo good. Leonor made the best rose apple pies (mini), they were beautiful and delicious. Cecilia has been going to Thursday night practices. Everyone should come and check it out. We do yoga 1st then they do drills...lots of fun.

We had a great turn out for the unarmored class taught by Don Avenel. Looking forward to Altavia's first unarmored practices.

We will be at Crown. Paul is driving the trailer there and Their Excellencies will be there at 7 am. The Baronial cutie will be in attendance at some point in the morning. I will be selling tickets for the donation lunch and the cups will be for sale for \$10 and 1 free snow cone comes with it. I will be also assisting serving the lunches, anyone who can assist, yay! We will be looking for donations of goodies for Altavia's table and privy council. Cristof is here!

**Seneschal's Report:** I have good news and bad news. The good news is...We got the Community Room at the Sherman Oaks Galleria for September's Council and A&S meetings!!! Woo Hoo! The bad news (which is not so bad in my opinion) is that we did not get our first choice dates due to an email address snafu. Next month Council meeting will be on the first Tuesday, i.e., 9/2/2014. A&S Night will be on the last Tuesday of the month, i.e., 9/30/2014. Webwright will need to update the automated reminder to reflect the date and location changes.

#### Minutes approval:

- Minutes for 08/12/2013 were presented for approval. Motion for approval of minutes: Lynnette. Second: Cecilia. Motion carried unanimously.

**Old Business:** (Items that have been or need to be finished)

#### Ongoing Business:

 (Items in process)

- Fall Crown Tournament – Lady Briana MacCabe. Still haven't reached Tyrone for parking, Cecilia will go to site to check out the situation. Everything is on target. Will be on site by 6:45 am. Donation Lunch on target, money goes to Altavia.
- Altavia-Angels Yule – Niko/Madelena. We're having it, we don't know for certain when. Madelena will talk to Ismay/Thomas at Crown. Duel Yule is the theme. Populace will be divided randomly in two and there will be games throughout the night and a winning "family" will be chosen. Food will be handled similar to last year. Separate table for dessert contest so judges get to taste everything.
- Caid Rapier Open – Charles Ivansen. See his report. The budget is set. Site tokens and prizes will be donated. Don Laertes: City of Burbank has asked for checks to be

baronial checks. Something on Altavia/SCA letterhead saying Don Laertes is officially official.

### New Business:

- Agincourt Archery – We have an event steward, and it's Monique. Agincourt is not on Woodley's calendar yet for Oct. 26.

### Officer's Reports

- **Archers** – *Lord Gendu Adarmaghedi (Deputy: THL Nikolaos Phaistos)*: See report. Aug. 17 practice is cancelled.
- **Arts & Sciences** – Luca Serafini da Firenze (Deputy: Vacant): A&S in July consisted of making new loaner coifs for the Rapier loaner gear. 4 people attended the sewing night to help with the sewing. August 25th: Leonor de Sevilla is teaching a class on "Intro to Historical Cooking". This will happen at Fighter practice on August 25th, 2014.
- **Chatelaine** – Lady Catriona inghean Diamada (Deputies: Lady Murghein, THL Kienna the Blue; Deputy for Social Media: Baroness Asakura no Mashi): Last month's newcomer's meeting was on July 28 and the subject was Attending Events, Garb and awards in the SCA. We had three newcomers attend the class. This next month's meeting is August 25 and the subject is history of the SCA, Maps and organization. I will be reaching out to some people to come and talk about the history of the society. We have gotten several donations to the Loaner garb (Yay!) We have the dates for next year's Walter Reed Demo- It is going to be April 17-18. I am going to contact Carol this week, let her know I am the contact for this. I will be the Chatelaine for crown. I have a table and possible table cloth and I will have flyers and I will try to have other handouts as well.
- **Children, Minister of** – *Lady Fara MacGregor (Deputy: Baroness Tezar of Aeolis)*: Youth Activities is quiet. Nothing to report.
- **Chirurgion** – *Lord Caine Dorcha (Deputy: Vacant)*: No report.
- **Chronicler** – *Baroness Asakura no Mashi (Deputy: Hugh de Greylonge)*: Fret went out last month I believe. Next Fret working on it. Chris Kollgard will hopefully be taking over with this issue and we scheduled a meeting to go over how I do the Fret. I asked him to reach out to Madelena so he hopefully did that.
- **Constable** – *Sir Thorin vordr O'Seaghdha (Deputy Pro Tem: Yusef)*: Our lovely Baroness has given me the stock for making more directional signs. I got some found items in and returned them to their owners, so a net of nothing lost & found for the month!
- **Exchequer** – *Lady Leonor de Seville (Deputy: THLEirikr Mjoksiglandi)*: We have money. Turned in report only one day let. Would be nice to have some more and different fundraisers. Basket raffle at Agincourt.
- **Herald** – *THL Damien von Baden (Deputy: THL Tezar of Aeolis)*: Next meeting: August 24. One new name to submit and possibly a badge
- **Lists** – *THL Matlens Litovka (Deputy: Vacant)*: Nothing to Report.

- **Marshal** – *Sir Thorin vordr O'Seaghdha (Deputy: Vacant)*: Practice is running well with good attendance each week, 6+ fighters each week. Some interest by a few new fighters, one hardcore excited enough to track down some used equipment and get an almost complete kit. I have gotten leather and rivets to repair the loaner armor. I need to schedule a time to do repairs. I believe I still have approval to purchase two lengths of the plastic sword material to rebuild the ones we have? Leonor says it's ok if within his budget.
- **Marshal, Equestrian** – *(Deputy: Lady Lysette of Altavia)*: Nothing to report.
- **Marshal, Rapier** – *Don Colwyn Stagghorn (Deputy: THL Nikolaos Phaistos and Luca Serafini da Firenze)*: Altavia rapier practice has been well attended this month. For practice on July 14th we had 7 fighters with 3 newbies. On July 20th, CP prize we had an Altavian in quarter finals, Paul Spearbreaker and in the finals, Niko. The Queen has decreed that any double kills in rapier will be penalized 10 pushups by the guilty fighters. Or maybe it is only in the finals. On July 21st we had 10 fighters with 3 newbies: 1 brand new, and 2 returning. On July 28th, 10 fighters attended with 3 continuing Newbies. We had a group class. At the July 29th A&S class we made 5 coifs and one hood for the loaner gear. We need to repair a couple of small gorgets. At the Aug. 4th we had 10 fighters with 2 newbies.
- **Marshal, Thrown Weapons** – THL *Nikolas Phaistos (Deputy: Vacant)*: At the July 7th practice we has 7 throwers with 1 newbie. On July 20th, we had 17 people with 8 minors and 1 five year old. On Aug 3rd, 19 throwers plus 3 could not participate after safety class due to improper footwear attended practice. 3 were minors with two under 5 years old. We had 9 newbies in total. Most of the wood and hardware has been donated. The new stands are complete. The Aug 17th practice will be canceled for privy council. Could we have a chatelaine for Sunday archery practice?
- **Marshal Pro Tem, Unarmored** – *Vacant (Deputy: THL Nikolaos Phaistos)*: August 11th Don Avenel attended Monday night fighter practice to teach an Unarmored class, 10 fighters attended. We will be starting monthly practices in September. Can we have a chatelaine come to Thursday night practice to talk to all the walk through visitors? Might be a problem because we can't have 25 or more people without a permit at that park.
- **Marshal, Youth Combat** – THL *Uilliam Mór MacGregor (Deputy: Lady Lyonette)*: No report.
- **Seneschal** – *THL Madelena Leonor Hidalgo de Figueres (Deputy: Baroness Iseabail inghean Bhaltair, Briana MacCabe)*: Nothing to report.
- **Webwright** – *Dame Lynnette Sandoval del Valle de los Unicornios (Deputies: Lord Gendu Adarmaghedi, Lady Briana MacCabe)*: Some to-dos from last month, jobs page and event stewards page. Next couple of weeks Lynnette will be out of commission after a second surgery.

### Announcements

**Next Council Meeting** – Next meeting Tuesday, September 2, 2014, Sherman Oaks Galleria

**Meeting Ended at:** 8:32 p.m.



# Altavia Baronial Council

## Meeting Minutes

### September 9, 2014

#### Home of Their Excellencies Cristof & Cecilia

**Baronial Comments:** Sad new, Master Hroar passed away today. Highland was tiring but a blast. Girl's night/weekend was so much fun. Thanks to Corinna, Griffith, Muirgein, Thorin, Li Christof will be at more things! Yay!

**Seneschal's Report:** For Facebook events, things should be sent to [Briana/seneschal@sca-altavia.org](mailto:Briana/seneschal@sca-altavia.org) so that she can send it up to the Kingdom SMO.

We have some officer vacancies including chiurgeon and a lists officer. Madelena will post regarding these positions.

Wrote an email to gate steward for GWW to sponsor a gate shift, hopefully Wednesday or Thursday.

Community Room at Sherman Oaks Galleria. We have the first and second Tuesday reserved for us for October. But now they need an insurance rider for us to meet there. Probably not going to work for us for that reason. Might look at BevMo, JoAnns, Michael's, or possibly Charles's church.

We've been approved for MeetUp and will be test bed for Kingdom.

**Minutes Approval:** Cecilia moved to approve. Briana seconded. Minutes are approved with on abstention (Niko...respectively)

**Old Business:** (Items that have been or need to be finished)

- Fall Crown Tournament (08/16/2014) Lady Briana MacCabe: Event Report sent in. Problem with privies and alcohol bottles in trash.

**Ongoing Business:** (Items in process)

- Caid Rapier Open (10/04/2014) – Lord Charles Ivansen/Don Laertes McBride: Park is all set. We have insurance sent off. All the announcements are up and the FB event is posted. Charles is working on site tokens. Need to contact Royals to see if they are coming. Need to reach out to see if officers are coming. Need heralds. Need fighter services/hospitality table. Could we ask a food truck to show up...we think this would be all right.
- Agincourt Archery (10/26/2014) – Lady Monique: See email. We will have royal presence so will need royal lunch. Rayne will run Fretted Fork. Cormac will handle TW and Gendu will run archery. Heath and group will do a demo again.
- Altavia-Angels Yule – (12/13/2014) THL Nikolaos Phaistos: We're having Yule. Duel Yule, Italian Renaissance Medici vs. Borgia, randomly assigned. Points for each family. House Valentine will be sponsoring the games. Elena, Niko, and Gabrielle are on the official email address now, [yule@sca-altavia.org](mailto:yule@sca-altavia.org) Liam and Fara will set up youth activity. Cecilia can do site tokens. Altavia has the second weekend in December for 2015 Yule.

**New Business:****Officer's Reports**

- **Webwright** – *Dame Lynnette Sandoval del Valle de los Unicornios (Deputies: Lord Gendu Adarmaghedi, Lady Briana MacCabe)*: Added the Caid Rapier Open event to the Events Calendar. Updated the front page of the website with Her Excellency's September birthday message.
- **Seneschal** – *THL Madelena Leonor Hidalgo de Figueres (Deputy for Social Media: Lady Briana MacCabe)*:  
Social Media: Averaging 2 -3 Facebook posts a week, including FP reminders. Most interacting on an FP post with 6 likes, 2 comments, and an 80 person reach. Coordinated with Kingdom Social Media Officer to get Caid Rapier Open added as an event to Facebook. I am working with the event steward for Agincourt to get that information up as an event as well. Getting ready to launch MeetUps once approved by financial committee. Three groups: Fighter Practice, Newcomers, and A&S. Should Chatelaine be the contact email for all three? Would still like to find someone to back me up on Social Media. Let me know if you know of any good candidates.
- **Marshal, Youth Combat** – *THL Uilliam Mor MacGregor (Deputy: Sir Thorin vordr O'Seaghdha, Lady Lyonette)*: Talked about new rules/new armor for YC at Monday's FP. Will need to make lots of new gear.
- **Marshal Pro Tem, Unarmored** – *Vacant (Deputy: THL Nikolaos Phaistos)*: Nothing happened this month. At the end of September we will have a Monday night practice. Need to find rest of the loaner gear.
- **Marshal, Thrown Weapons** – *THL Nikolaos Phaistos (Deputy: Vacant)*: We are still averaging over 10 people at practice. Hot summer did not stop people from coming out this year! Trying to make a spear target for practice. I have all the materials. I need spears from Their Excellencies. The new stands are working well. Aug 17th practice was canceled for privy council. Aug. 31st 9 throwers. Sept 7th 14 throwers. One minor. We had six visitors from Angels including the Baron. Thrown weapons is well.
- **Marshal, Rapier** – *Don Colwyn Stagghorn (Deputy: THL Nikolaos Phaistos and Luca Serafina da Firenze)*: Aug. 18th 11 fighters  
Aug. 25th 9 fighters 1 returning newbie.  
Sept. 1st small practice because of Labor Day.  
Loaner gear bag ripped and was replaced by Don Colwyn.  
Spears are no longer illegal and spears and like weapons programs can now resume. CAID Open Rapier planning is going smoothly. Rapier is strong as always.
- **Marshal, Equestrian** – *(Deputy: Lady Lysette of Altavia)*: New equestrian, David.
- **Marshal** - *Sir Thorin vordr O'Seaghdha (Deputy: Vacant)*: No report.
- **Lists** – *THL Matlens Litovka (Deputy: Vacant)*: Nothing to report.
- **Herald** – *THL Damien von Baden (Deputy: THL Tezar of Aeolis)*: The name and device of Else Mariett Eichhorn was passed at last month's heraldry meeting. The next meeting will be Sept. 14, in Perris. I will not be attending.
- **Exchequer** – *Lady Leonor de Seville (Deputy: THL Eirikr Mjorsiglandi)*: We have money! Yay! I've written checks for any receipts that have been turned in from Crown. I will close the event at the end of this month, so please get your receipts in for Crown by the end of this month. I won't know total profit until I close the event at the end of this month. Gate count for crown is as follows:

Adults: 345

Non-Members: 46

Children (4-12): 10

Children (3 and under): 2

I believe the Event Stewards for Yule are now working on a budget and with Lynnette's help, it will hopefully be reviewed by all of Their Excellencies, both baronies' Seneschals, and Angel's Exchequer at Angel's Anniversary. I will not be at the event, so if Lynnette or someone else wants to make this happen, that would be great. Please keep me updated with what happens. Monique sent in the budget for Agincourt and plans to be at the meeting tonight. Please review what she has (basically the same budget as 2012) if you can, please update it. We will probably have to approve it via yahoo group, since I am not going to be at the meeting. Lastly, using [meetup.com](http://meetup.com) as a way to promote Altavia's events was approved. Briana will be working on making it an awesome tool for the barony!

- **Constable** – *Sir Thorin vordr O'Seaghdha (Deputy Pro Tem: Yusef)*: No report.
- **Chronicler** – *Lord Charles Ivanson (Deputy: Vacant)*: I learned to spell Chronicler..there's an "h". Mercy sent me all her files so there should be a new Fret Knot in a few weeks.
- **Chirurgion** – *Vacant (Deputy: Vacant)*: Nothing to report
- **Children** – *Lady Fara MacGregor (Deputy: Baroness Tezar of Aeolis)*: Nothing to report.
- **Chatelaine** – *Lady Catriona inghean Diamada (Deputies: Lady Murghein, THL Kienna the Blue)*: We had 3 newcomers at our meeting last month on August 25. The Subject was History, Maps and Organization of the SCA. Master John ap Griffin and Maestra Flavia were kind enough to come out and give us a history lesson. Many thanks to them. Our next newcomers meeting is Monday, September 22 I believe if we follow the fourth Monday rule. Our subject will be camping in the SCA just in time for Great Western War. News From Kingdom Chatelaine: For those who do not know, if we are doing a demo, we must publish this in a Baronial Newsletter in order for it to be considered an official SCA demo. I will be putting together an announcement for Walter Reed early for the next Fret Knot so I would like to know when the next deadline is. And I will also be submitting a chatelaine article as well.  
We have had numerous people lingering around Monday night practices. I am going to try and start making it out to Thursday nights but it is very hard to get out there at night as My days are long. If anyone needs flyers, please come ask for them, I have plenty.
- **Arts & Sciences** – *Luca Serafina da Firenze (Deputy: Vacant)*: We had a good turnout for Leonor's Introduction to Historical Cooking class. There were 10 participants, and many others who tasted the food she brought. September's Arts and Sciences is going to be led by Alethea Pedersen. The subject is Handmade Wrapped Buttons. This is Alethea's first class, so let's give her some support. I know I'm attending, those buttons are awesome! Tentatively scheduled for October will be a class led by True Thomas on the Bardic Arts. More to come later on that.
- **Archers** – *Lord Gendu Adarmaghedi (Deputy: THL Nikolaos Phaistos)*: See email.

### Announcements

**Next Council Meeting** – Next meeting, Tuesday October 7, 2014, Sherman Oaks Galleria

### Adjournment

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~ Herewith endeth the fret knot, see you next issue! ~