



Fret Knot

Spring: A.S. XLVIII

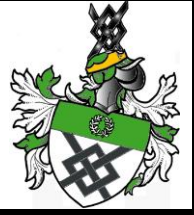


Table of Contents

Table of Contents	Page 2
A Note from the Chronicler	Page 2
From Their Excellencies of Altavia	Page 3
Upcoming Events	Page 4
Baronial Council Meeting Notes	Page 6
ARTICLE: Strawberry Season	Page 18
Upcoming Baronial Events: ALTAVIA EQUESTRIAN CHAMPIONSHIP TOURNAMENT!	Page 23
Upcoming Baronial Events: QUEEN'S CHAMPION EQUESTRIAN/ALTAVIA BARONIAL OPEN	Page 25
ARTICLE: SALAD DAYS	Page 26
Altavia's Baronial Champions	Page 31
Officer Reports	Page 32
Baronial Officers	Page 33
Meetings & Practices in the Barony	Page 35
Copyright Information	Page 39

The images and text are presented for educational purposes only and as such do not violate the Fair Use Copyright laws. The low resolution (72 dpi) JPG image is entirely unsuitable for printed reproduction, and as such provides no competition for licensed, high resolution images of any copyrighted images.

Please respect copyrights. The use of this or any image from the Fret Knot, for any publication for profit, or in any manner that violates federal and international copyright laws is expressly forbidden.

From the Chronicler

Winter has come and gone, which leaves Altavia to enjoy spring. With spring, the full Tourney season is starting, filling our weekends with events. Have any stories of your first event you'd like to share with us? Any summertime adventures that you'd like to share? Send them on over!

I wanted to thank Sara Hyman for the edit help with this issue. It is very much appreciated.

And if you have feedback on how to make this newsletter better, feel free to contact me as well. I'm easy to reach at chronicler@sca-altavia.org.

Baroness Asakura Mashime

From Their Excellencies

Greetings Altavia!

It's May and Spring is here!

We look forward to our 30th Pearl Anniversary and Fun Faire on May 11th! Everyone has worked so hard on this event and we truly appreciate it. We have a lot going on during the event - Baroness Asakura's Vigil, our Princess is having her Tea with the Ladies of the Rose, fun games to play and prizes to give away, combat, A&S competition, youth activities, a donation lunch, and fabulous merchants!

The Altavia encampment is registered at Potrero War (which takes place during the Memorial Day weekend) and we invite you to pre-register and join us! We'll be holding a Vigil for THL Cecilia on Friday night in our encampment. Go to www.potrerowar.org for all the details!

Coronation will be held on June 1st in the beautiful Barony of Angels, in an incredible gothic church. We will be making a presentation to Their current Majesties before They step down and to the new King and Queen after They step up. Please join us in the procession! If you are new to things, this is an indoor, sit-down, all day court event. No need to bring a chair but you may want to bring a beverage, lunch, and some hand work to do during court. It will be a grand and glorious event and we hope to see you there!

Queens's Champion tournament will be the day after Coronation on Sunday, June 2nd, also in the Barony of Angels. Combatants of many forms will compete to be Her Majesties champions! This is an outdoor tournament and we will be setting up our baronial pavilion if you'd like to join us there in the shade. Bring a chair (we do have a few guest chairs), something to drink and a snack for the snack table.

There are many events happening in June but we will be attending Gyldenholt's Anniversary event on June 22nd and setting up the baronial pavilion.

On June 29th we are hosting Her Majesties Equestrian Championship Tournament as well as our own Equestrian Championship Tournament. We look forward to a wonderful display of pageantry and horsemen/womanship!

July brings Lyondemere's Anniversary event, CP Prize, and Pennsic War!

As you know, we are entering our last year as Baron and Baroness and will begin the process of transferring the barony to heirs at this year's Anniversary. The plan is to start accepting Letters of Intent at that time, poll the populace in a few months and announce the new B&B at Yule in December.

The barony is thriving due to your efforts. We won't think about stepping down right now as it might make us cry but you all do us honor every day and we are ever thankful!

Yours in service,

Baron Secca and Baroness Meliora

Upcoming Events

5/11/2013	Altavia Anniversary	Altavia
5/18/2013	Wintermist Anniversary	Wintermist
5/23-5/27/13	Potrero War	Calafia
6/1-6/2/13	Spring Coronation/QC	Angels
6/8/2013	Careg Wen Anniversary	Careg Wen
6/15/2013	Nordwache Anniversary	Nordwache
6/22/2013	Gyldenholt Anniversary	Gyldenholt
6/29/2013	Altavia Equestrian Championship	Altavia
6/29/2013	Games Tourney	Wintermist
7/6/2013	Desert Oasis	Naevehjem
7/13/2013	Lyondemere Anniversary	Lyondemere
7/20/2013	CP Prize	Isles
7/27/2013	Spring FOTR w/ Dreiburgen Summer Arts	Dreiburgen
8/3/2001	Games and Dance Tourney	Starkhafn
8/3/2013	St. Corrigan's Day Tourney	Dreiburgen
8/10/2013	Academia	Nordwache
8/10/2013	Darach Pirate Tourney	Darach
8/24/2013	Leodamus of Thebes Tourney	Calafia
8/17-8/18/13	Fall Crown/Privy Council	Lyondemere
8/31-9/1/13	Highland War	Al-Sahid
9/7/2013	3.5 Baronies Event	Wintermist
9/7/2013	Calafia Equestrian Championship	Calafia
9/14/2013	Angels Anniversary	Angels
9/21/2013	Tanwayour Anniversary	Calafia
9/28/2012	Allthing	Starkhafn
9/28/2013	Caid Rapier Open (PLACEHOLDER)	Altavia
10/5/2013	Longsword/Greatsword Tourney	Summergate
10/8-10/14/13	GWW	
10/19/2013	Peasants' Revolt	Angels
10/19/2013	Nordwache Pirate Tourney	Nordwache
10/19/2013	Leif Erickson Tourney	Calafia
10/26/2013	Dreiburgen Anniversary	Dreiburgen
10/27/2013	Agincourt Tourney	Altavia
11/2-11/3/13	Fall Coronation/QC	Dun Or
11/9/2013	Calafia Anniversary	Calafia
11/9/2013	Naevehjem Anniversary	Naevehjem
11/16/2013	Isles Anniversary	Isles
11/23/2013	QC Archery, Thrown Weapons	Altavia
11/30/2013	Medieval Marketplace	Angels
11/30/2013	Wintermist Yule	Wintermist

12/7/2013	Winter FoTR w/ Winter Arts	Calafia
12/7/2013	Angels Yule	Angels
12/14/2013	Nordwache Yule	Nordwache
12/14/2013	Lyondemere/Gyldenholt Yule	Gyldenholt
12/14/2013	Dreiburgen Yule	Dreiburgen
12/21/2013	Starkhafn Yule	Starkhafn
12/21/2013	Altavia Yule	Altavia

This is the Spring 2013, issue of the **Fret Knot**, a publication of the Barony of Altavia of the Society for Creative Anachronism, Inc. (SCA, Inc.). The **Fret Knot** is available from Mercy Neumark (Baroness Asakura Mashime) at chronicler@sca-altavia.org. It is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies.

Copyright © 2013 Society for Creative Anachronism, Inc. For information on reprinting photographs, articles, or artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors.

The Fret Knot is provided free of charge; and can be downloaded from the *Altavia* Yahoo!© Group website: <http://groups.yahoo.com/group/Altavia/>. Membership in the online *Altavia* group is free and open to the public, though initial posts are moderated.

Submission Guidelines: Just do it! (chronicler@sca-altavia.org.)

Quivers & Quarrels, a new SCA publication dedicated to traditional target and combat archery will debut this spring. Altavia's archers possess a wealth of knowledge and expertise. Please share yours with the populace! We want your stories, articles, art work, photos, tricks & tips for being a better archer!

Send your contributions to:
scaarcherynewsletter@yahoogroups.com

YIS,
Ouregan filia Flaviani
Chronicler, Quivers & Quarrels

Council Meetings

January 8, 2013 Meeting

Baronial Comments:

- Going to Angels Melee. Baronial Pavilion going. Will be there at 9 a.m. Need help. Come early.
- We have donated fabric for Throne bags. First they did not need it, and now they do. Will be scheduling a sewing night to make them with goal of having them done by Altavia Anniversary.
- Weapon storage box needs new tarp to protect armor. Erik has machine that will handle sewing a new tarp.
- We have been approached regarding hosting a joint Yule with Angels. This is a good idea as our date is 12/21 and Angels is earlier. We are looking to supporting Niko's Church for future indoor events. Site is super cheap. We will discuss further after Crown/Privy Council. Our current site is not big enough and it is NOT cheap.
- Anniversary Theme (30th) – Nothing obvious comes to mind short of calling it "Altavia's Pearl Anniversary."
- Pentathlon entries due 01/15/2012.
- We have a new couple moved into Altavia. Not new to SCA but new to Altavia. They hail from AnTir. He is a heavy fighter, she is cook/belly dancer. Very surprised that all our events are not camping events.
- Tuesday, 1/29 or 02/05 we are having a fritter class, i.e., how to make fritters under the auspices of the Culinary Guild.
- CSUN practices – all practices at Verdugo Park. We will be coordinating with Owain regarding what he will be doing. However, they can only be UNOFFICIAL as you cannot host an official practice in a home. We can make no official mentions of the unofficial practices on the official Altavia list or Facebook page. However we can talk about it on our own personal Facebook pages. However, he can have "armor repairs" at his home and testing of said armor could be done. Again, just no official practices.

Seneschal's Report:

Full report forthcoming. She has handy dandy list of all officers with current information.

- Yahoo Group
 - Yahoo Group for Officers will be cleared and new invites will be issued. If you reply, you are on...if you don't you are off.
- Membership/Background Check
 - She needs membership information from officers, get it to her.
- Duties
 - If you are an officer and you have a deputy and you cannot fulfill said duties/commitments, communicate with your deputy. You don't have to do everything, but you are responsible for your position. She has paperwork for just about all officers.
 - Issues with Chirurgeon. Do we need change in this position?
- Paperwork
 - If officers are contacted by Kingdom counterpart regarding warrant information please forward to Ish.

- Reporting
 - Ish would like to see year end report from all officers, even if your Kingdom Counterpart does not require one, just for her own personal information, lessons learned, and so on that the incoming Seneschal (wonder who would that be?) is not completely blind sided. Donations: VERY IMPORTANT. Even if you donate your own supplies, we still REALLY need to provide receipts. The Barony REALLY needs to know what it costs to run the Barony, even if items are donated. Ish will send out a note to officers with what she needs from the officers. Hopefully the online reporting system will be brought back up. Again, you should interface with your Kingdom Counterpart about requirements. Lynnette noted that you can create a spreadsheet on Google Docs that can be then turned into a form.

Minutes approval:

- November 2013
 - Someone moved, Lynette seconded the motion; Unanimous approval.
- December 2013
 - Lynnette moved, Madelena seconded the motion; Unanimous approval.

Old Business: (ITEMS that have been or need to be finished)

- Agincourt (10.28.2012)
 - Closed
- Yule (12.8.2012) – Autocrat: Flaxen Abbey
 - Yule business is still open. Hopefully will close by next month. Deposit check still not back. No idea what was brought in by raffle.

Ongoing Business: (items in process)

- Spring Crown (2.23.2013) - Griffin Freehold
 - It is happening. Most Baronies/Shires have requested space. We will not have many erics. Lorissa needs help with parking. Parking not terribly convenient. Wagons suggested. Four trailers will be allowed on site at any given time, Altavia, Crown and 2 others, first come first served. Talked to Steve, so long as he does not see more than 4 trailers at any time, he does not care how many come on site in total. We will have to work on that. Will need close coordination. We will need help removing trash. We need someone with pick up willing to haul trash. Lorissa will provide trash bags and will purchase 2nd color for recyclables. Tokens: Mercy will have a studio on Sunday. Will be making tokens. Lots of fun, please come. Lunch for Majesties: Preference is grazing. Sit down lunch does not work well with this event. We will offer grazing lunch and if they so request then a sit down lunch will be provided. Announcement sent to Seneschal List including regarding Privy Council with request to disseminate. Make sure signs are there. Lorissa will send reminder with accurate direction information. Mistress Vivienne is new Kingdom Lists. Theoretically all entrants will be pre-processed. Cormac handling all announcements. Mary will handle field heraldry. List is anticipated to be small, 12-15 fighters. Lorissa will be opening court, Bridget will then take over as event steward as Sir Davi will be fighting for Lorissa. There will be no merchants. Some merchants were upset. She explained that focus should be on fighters and consorts.
- Privy Council (2.24.2013) – Baroness Meliora is managing

- Good to go. Niko will be there very early and DRESSED REALLY NICE. Niko attends this Church; however, Meliora is site steward. Need committee to help set up room and provide refreshments, COFFEE in particular. Budget prepared and submitted. Niko to find out details of expectations from Church for setup and clean up.
- Altavia Anniversary (5.13.2013) – Leonore
 - Veteran’s Park. Details to be worked out. Meeting to be set up for brainstorming. There will be merchants allowed at this event.
- Altavia Equestrian Championship (6.29.2013) – Niko
 - Niko in charge. He is looking at Pearce College. The question was brought up that since we don’t have Equestrians in the Barony anymore, do we really need an Equestrian Champion?

New Business: (Items requiring immediate action)

None at this time.

Officer's Reports

- College of St. Firmin** – lady Lina de Lune
 - On vacation
- Archers** – THL Nikolaos Phaistos (Deputy: THL Cristofanus Castellani)
 - Really no practices until last Sunday due to rain outs. Last Sunday 5 archers, 1 newbie. Received child’s 15 lb bow and would like 20 lb ladies bow. Needs help scheduling Agincourt. Need side bar regarding Calendar and insurance requirements. Caid Open, Altavia is doing it as Christophe won it. This will be in September. We need a date, get it scheduled so it is official. Is there a date set aside? Side bar.
- Arts & Sciences** – Lady Aethelwynne of Ashgrove (Deputy: THL Madelena Hidalgo de Valencia)
 - Have not had a lot because of holidays. Tim will be doing second part of book repair 1/22 and 1/29. Monique will be talking garb _____. Leather not working as a class. Lorissa has given ideas for floor tarp, seal with Thompsons. Have we approached various Department heads at CSUN about funneling students to us to get numbers up, i.e., make up or extra credit. Fliers on bulletin boards needs approval by University before she posts.
- Chatelaine** – Mistress Bridget Lucia McKenzie (Deputy: Lady Catriona inqhean Diarmada; Deputy: THL Kienna the Blue; Deputy for Social Media: Baroness Asakura no Mashi)
 - No meeting in December. Meeting on 1/28 covering awards. Office gifted with 4 bags of fabric. Need volunteers to help sew it up into spiffy garb for newbies. Will be scheduling sew date. Information to be posted on Altavia list. Social Media: Mercy did submit report.
- Children, Minister of** – Lady Fara MacGregor (Deputy: THL Lady Cecillia Medici and THL Tezar of Aeolis)
 - Our minister is going to have a child. We are to send positive images to come out! No children’s activities at Crown.
- Chirurgion** – Lord Caine Dorcha (Deputy: Duke Edric Aaron Hartwood and THL Lady Cecillia Medici)
 - Barony has been injury free EXCEPT the Chirurgion
- Chronicler** – Baroness Asakura no Mashi (Deputy: Lord Francisco Rojas de Gomez y Sandoval)
 - At end of January will begin next Fret. Needs submissions. Fret is only as good as those willing to support it with any submissions. Madelena took notes in her absence.
- Constable** – Sir Thorin vordr O'Seaghda (Deputy Pro Tem: Yusaf)

- Thorin has a deputy, Yousef. Not warranted yet. Paperwork not submitted yet. He has managed to get rid of almost everything lost/found from Yule. Yousuf needs to do Constable class to be warranted.
- **Exchequer** – THL Eiríkr Mjoksigliandi (Deputy: Lady Leonor de Seville)
 - December was good month. We had income. We came close to breaking even not including monies given to Kingdom. If you need \$\$\$, get him receipts. Scanning and sending is acceptable and in fact preferred.
- **Herald** – THL Damien von Baden (Deputy: THL Tezar of Aeolis)
 - Next meeting 1/27. This will be last meeting before Crown, i.e., for eligibility.
- **Lists** – THL Matlens Litovka (Deputy:)
 - Nothing to report.
- **Marshal** – Sir Thorin vordr O'Seaghda (Deputy: Sir Eronric of Devon)
 - Practices minimal, 2 practices cancelled due to holidays. Practices have picked up in January. We had our new folk from An Tir, 2 knights, a couple of Dukes. Deputy Yusaf. Thorin anticipates wearing him down. Good deputy material.
- **Marshal, Equestrian** – (Deputy: lady Lysette of Altavia)
 - No horses.
- **Marshal, Rapier** – Don Colwyn Stagghorn (Deputy: THL Nikolaos Phaistos and Luca Serafini da Firenze)
 - Same as armored, cancellations due to holidays. Yesterday very good, 8 fighters. Couple people have come back from long hiatuses. People preparing for Angels Melee.
- **Marshal, Thrown Weapons** – Acting: THL Cecilia Medici (Deputy:)
 - No practices due to rain/holidays, much to Boris's chagrin. Practice: 8 folk, 1 yute. Philip needs to be removed from list. Call out for equipment. Practices doing well.
- **Marshal Pro Tem, Unarmored** – Auregon (Deputy: Owain)
 - Due to family issues she has not done much. Arranging carpool to Gyldenholt Tuesday practices. Question: Are we going to have an unarmored champion at anniversary? Leaning is toward yes.
- **Marshal, Youth Combat** – THL Uilliam Mór MacGregor (Deputy: Lady Lyonette)
 - Uliam is still in contact with all parents despite holiday break. Lorissa able to bring gear to practice if he cannot make it. We need Luca's contact information.
- **Seneschal** – Baroness Iseabail inghean Bhaltair (Deputy: Lord Francisco Rojas de Gomez y Sandoval and THL Madelena Hidalgo de Valencia)
 - Nothing to say...already said enough during comments.
- **Webwright** – Dame Lynnette de Sandoval del Valle de los Unicornios (Deputy: Lord James Everglad)
 - Reminder: Please send officer updates. Ish will be handling officer list.

Announcements

Next Council Meeting – Tuesday February 12, 2013

BARON'S COMMENT: Baronial Gift: Coronet Boxes. Secca collecting wood at work. Work nights will be announced. Make an extra or 2 to raffle. Leather favors: New design for champion favors to be done as a work night, not a class.

Meeting closed at 8:45 p.m.

February 12, 2013 Meeting

Baronial Comments:

Her Excellency says thank you for attending Shop Night and Sewing Night

His Excellency says:

- There is a change to Thursday practice: the 2nd Thursday is an UNOFFICIAL practice in Verdugo Park; the 4th is at CSUN. This was put to vote, seconded by Niko. All were in favor
- Discussion about Woodley Park Archery
 - His Excellency spoke to Wayne who asked for an Additional Insured. We gave him that
 - He wants a waiver in addition to ours
 - He will give it us - we need it by Robin Hood
 - WPA doesn't want LA involved RE: Thrown weapons
 - Only Secca will contact Wayne
 - He would like a calendar with practices on one and events on another
- Monday Night Fighter Practice
 - There was another complaint
 - Last fight will be called at 8:55
 - Secca is keeping a log of when we are out of the park
 - A LARP group might be using the park after us
- Another shop night – we need a couple more
- We will not be putting leather on the boxes unless the Barony asks us or we ask them – consensus is to have them ask us
- Lynette chimed in that we need to change Thursday and all fighting announcements on the Fret Fights list

Seneschal's Report:

- Hi

Minutes approval:

- No minutes approval

Old Business: (ITEMS that have been or need to be finished)

- Yule (12.8.2012) – Autocrat: Flaxen Abbey
 - Yule is still open – we are waiting on the deposit check which we will get after the key is returned
 - Ish will contact Molly

Ongoing Business: (items in process)

- Spring Crown (2.23.2013) - Griffin Freehold
 - Opens for setup at 7am – someone from the park will be onsite
 - Trailers can park in the turnaround

- We will bring regular trash bags
- Stakes need to be marked at 6"
- 22 pavillions on the eric
- Have site tokens and string but Lorissa is allergic
- We may want to clear varnish the tokens – there are 450 of them
- We can use the tokens for other things
- Secca got a note from Tezar that Mary will be running things
- Please send award recommendations
- Tezar will run the baronial court
- If there is chatter among the merchants – send it to Lorissa
- Her Excellency mentioned that internally we need signs
- Lorissa talked to Thorin – need sign at first weird smaller turn – need people at the fork and at the turn
- We have 2 porti-privs- using Lorissa's home address – assistant manager says using 1 address helps – at yearend the DFO looks at that – we should mention that at privy council
- Leonore is doing food
- Lorissa gave Eric a form
- Privy Council (2.24.2013) - ??
 - Her Excellency needs a check for the church
 - Niko has a list
 - Do we have any personal experience on local hotels?
 - Not providing breakfast, but coffee and snacks
 - Niko, Tim and Lynette will come and setup at 8am
 - Seneschal does not need to come
 - We expect 30-40 people
- Altavia Anniversary (5.13.2013) – Leonore
 - Theme – Pearl
 - Will have an ad tomorrow
 - Open meeting in March
 - Will be looking for volunteers
 - Will have a FAIR
 - Like activities (booths)
 - 3 main ones
 - plus lunch or bake sale
 - maybe bouncy jousting
 - Mercy is getting her Laurel
- Altavia Yule
 - Need an autocrat

New Business: (Items requiring immediate action)

Officer's Reports

- **College of St. Firmin – lady Lina de Lune**
 - Working on school constitution – there is a new state code to include

- Ideas for new students
- **Archers** – THL Nikolaos Phaistos (*Deputy: THL Cristofanus Castellani*)
 - Good start – first practice on January 20th had 12 archers, 6 newbies and a youth; authorizations were performed
 - Need bows and arrows
 - Thank you, Your Excellency Secca, for solving the Wayne problem
 - Last practice was great – 8 or 10 people
 - Getting more people with the warmer weather
 - Should we have practice during Talon Crescent weekend? Yes, Niko will run; Philip will get gear and one of the stands
 - Philip will build a new stand
 - Robin Hood is coming on April 21st
 - It is set verbally – Wayne will record it once he has the certificate
 - After April, no other event until Caid Archery
 - No date for Caid Archery/Thrown Weapons open
 - QC Archery is in April
 - NOT a Princess Champion
 - Auregon has been appointed Chronicler of a Society-wide publication of target and combat archery – Christoph is art director
 - Lynette spoke to people at Filthy Dirty Collegium about coming here
- **Arts & Sciences** – Lady Aethelwynne of Ashgrove (*Deputy: THL Madelena Hidalgo de Valencia*)
 - January – 2 nights of Book repair with Tim
 - February – Monique
 - We need other classes – Bridget and Lynette volunteered
 - Have the leather for the favors – the design is smaller
- **Chatelaine** – Mistress Bridget Lucia McKenzie (*Deputy: Lady Catriona inghean Diarmada; Deputy: THL Kienna the Blue; Deputy for Social Media: Baroness Asakura no Mashi*)
 - January 28 – New newcomers
 - February 25 – Combat Marshal arts
 - Will be at Crown and Anniversary with both deputies
 - Walter Reed Middle School demo in NOHO 4/12-4/13
 - Need standard school demos
 - Need fighters
 - Demo other forms (archery and TW)
 - A&S
 - Need captains
 - B&B will be there
 - We should try and go every year
- **Children, Minister of** – Lady Fara MacGregor (*Deputy: THLady Cecillia Medici and THL Tezar of Aeolis*)
 - There will be youth stuff at anniversary
- **Chirurgion** – Lord Caine Dorcha (*Deputy: Duke Edric Aaron Hartwood and THLady Cecillia Medici*)
 - Everyone is healthy
- **Chronicler** – Baroness Asakura no Mashi (*Deputy: Lord Francisco Rojas de Gomez y Sandoval*)

- Deadline – send articles
- **Constable** – Sir Thorin vordr O'Seaghdha (Deputy Pro Tem: Yusaf)
 - Not present – nothing to report
- **Exchequer** – THLEirikr Mjoksiglandi (Deputy: Lady Leonor de Seville)
 - Volunteer hours from GWW were almost \$1000
- **Herald** – THL Damien von Baden (Deputy: THL Tezar of Aeolis)
 - There was a meeting but not Altavia news
 - Next meeting is March 24
- **Lists** – THL Matlens Litovka (Deputy:)
 - Already discussed
- **Marshal** – Sir Thorin vordr O'Seaghdha (Deputy: Sir Eronric of Devon)
 - He's not here – sick and very sorry
- **Marshal, Equestrian** – (Deputy: Lady Lysette of Altavia)
 - Want to combine Altavia equestrian with QC equestrian on 6/29
 - No site yet but Lysette is recommending the barn – but we should try and get our old site
 - Voted that is a good idea
 - B&B will discuss with Robin at Privy Council
- **Marshal, Rapier** – Don Colwyn Stagghorn (Deputy: THL Nikolaos Phaistos and Luca Serafini da Firenze)
 - Practices are going well
 - A decent amount of people
 - Niko says that last week we had a fighter from Ansteorra
 - Yesterday there were 10 fighters
- **Marshal, Thrown Weapons** – Acting: THL Cecilia Medici (Deputy:)
 - Last practice there were 7 newbies, 7 youth and 10 members
 - Philip will run the practice
 - Can't do Black Oak Lodge
 - At Talon Crescent they will be throwing leather axes, forks and darts
- **Marshal Pro Tem, Unarmored** – Auregon (Deputy: Owain)
 - Several people are going to Gyldenholt practices
 - Don Lott is fantastic
 - Owain is bringing loaner gear to Thursday at CSUN
- **Marshal, Youth Combat** – THL Uilliam Mór MacGregor (Deputy: Lady Lyonette)
 - 4-8 youth fighters
 - Liam and Thorin took on all youth at the last practice
- **Seneschal** – Baroness Iseabail inghean Bhaltair (Deputy: Lord Francisco Rojas de Gomez y Sandoval and THL Madelena Hidalgo de Valencia)
- **Webwright** – Dame Lynnette de Sandoval del Valle de los Unicornios (Deputy: Lord James Everglad)
 - Nothing new
 - GWW will be up by April 30th

Announcements

- No practice on Valentine's Day
- New grandparents – Cristoph and Cecilia

- The lawsuit was settled and some money may come back

Meeting Closed at 8:43pm.

March 12, 2013 Meeting

Meeting started at 7:30 p.m.

Baronial Comments:

Baroness Comments:

- Sewing night 03/19/2013 at Lorissa's house. Can start anytime after 2 p.m. We will be making new Baronial pennants, Royal Throne bags, box cover for loaner gear, loaner garb. Also making 2 pearl necklaces for consorts for Altavia Anniversary. Body mapping will be happening. Would like to paint Frets on the Dragon Wing. This could be done if the dragon wing is brought to her house early enough. Bring sewing machines.
- Starkhafn is asking if we could possibly do Queens Champion Archery at same time as our Equestrian Champion...we are pretty sure we can't. Something about horses and arrows at same place. Lorissa suggested Potrero? These events will be going on at the same time and it is the week before Coronation. Lorissa noted moving events is driving Calendar Deputies NUTS. It is not at the whim of the monarch as to when the event will happen. Of note, when a group hosts a Kingdom level event it is ineligible to host another kingdom level event for a year.
- Privy Council Notes: Groups are being asked to invest our refund money from the lawsuit into Talon Crescent.
- Pre-Reg for GWW is open. Extra land for Pre-Regular until 04/30. You must send in your paperwork AND money before THAT deadline. No online registration. The Barony can preregister for extra spaces, i.e., Altavia Guest 1, Altavia Guest, Kitchen, etc.
- Our site at Potrero has changed. We are looking at new space. Cecilia's Vigil will be at our encampment at Potrero.
- We will be doing a joint Yule with Angels. We will be using the same site used for Privy Council. Date is December 7.
- Official, Queen's Champion Equestrian and Altavia Equestrian will be done together.

Baron Comments:

- His email is screwed up right now. New email is Secca.of.kent@gmail.com. This may become his permanent address.
- Tokens are coming for Anniversary. Anyone has spare pewter, please donate within the next couple of weeks.
- Fighter Practices changes have been made and are now up on the website and official reminders are going out.
- We are going to need more nights to finish the coronet boxes. At least 2.

Seneschal's Report:

- She was impressed at Crown Tourney. Got a lot of great comments. Park people were thrilled. Turned out REALLY well. All officers look at the website and see if it needs any changes, additions, corrections.

Minutes approval:

- Q1 minutes (Jan-Feb-Mar) will be approved at the April meeting

Old Business: (ITEMS that have been or need to be finished)

- Yule (12.8.2012) – Autocrat: Flaxen Abbey
 - Molly is ill
- Spring Crown (2.23.2013) - Griffin Freehold
 - Thanks everyone for working hard. Food was well received. Mansour and Elidh said this was by far their favorite food. They loved location so they could watch the fighting. Porta Johns were picked up a bit late but were fine. List layout worked out fine with the fighters. Only complaint was that they were smaller than usual. Problem was space requirements for pavilions. We are working on adjustments to correct this issue to be in place by Anniversary. Hopefully, erics will be 40 x 40 then. Lorissa got an email from the park regarding more vehicles than were supposed to be on site during load in /load out. We need someone in charge of policing that.
- Privy Council (2.24.2013) –
 - Nico talked to the priest. They were VERY happy with us. We lost 1 sign. Christophe is of the opinion that we need 10 additional signs. Christophe will work with Thorin in this regard. Father Mel said we can bring alcohol on site for consumption; we just can't SELL alcohol. He's fairly sure we do not need a permit. Nico would like Jason to check out kitchen before Yule. A potluck is a good idea. More food that way.

Ongoing Business: (items in process)

- Altavia Anniversary (5.13.2013) – Leonore
 - Anniversary meeting this Friday, please come with ideas. 7 p.m. at Secca's and Meliora's house. Carpooling is encouraged due to parking issues. After that meeting she will have more ideas of what needs are. No raffle. She would like to have prize activity as a fundraiser...one will "guess how many pearls are in the jar."
- Angels Hosting of Queen's Champion (6.2.2013)
 - Angels is hosting Queen's Champion. They are discussing about using Veteran's Park if their sites fall through.
- Altavia and Queen's Champion Equestrian (6.29.2013)
 - We were asked would it be possible for our Culinary Guild to do a donational lunch? At the very least we need to feed Their Majesties. We have left over site tokens from last year and we should have enough to carry over to this year. We also have left over beads from Yule that could use. We need an event steward. At most getting ad out and reserving park. June 29th. Additional discussion had about being able to do archery there and this actually may be possible. Site: Conejo Creek Park.
- Altavia Yule (12.1.2013)
 - December 6. We need a steward. Repeat offenders need not apply. Preferably a person not in this room and not an officer. But maybe Nico?

New Business: (Items requiring immediate action)**Officer's Reports**

- **College of St. Firmin** – lady Lina de Lune

- Nothing to report
- **Archers** – THL Nikolaos Phaistos (*Deputy: THL Cristofanus Castellani*)
 - Had 7 archers on 17th. We had 4 return. We got generous donation, 3 bows, 2 quivers and bunches of arrows. About \$400 worth of equipment. We now have about 10 sets of arrows. Lots of repairs next practice will be at Sunday 3/17.
- **Arts & Sciences** – Lady Aethelwynne of Ashgrove (*Deputy: THL Madelena Hidalgo de Valencia*)
 - There will be an A&S Night this month 3/26. She will be teaching Tablet Weaving and Lynnette will be teaching Kumihimo. We need to confirm Bridget as she is moving. Altavia had a lot of winners at Pentathlon.
- **Chatelaine** – Mistress Bridget Lucia McKenzie (*Deputy: Lady Catriona inghean Diarmada; Deputy: THL Kienna the Blue; Deputy for Social Media: Baroness Asakura no Mashi*)
 - 2/25th Newcomers meeting was on Martial Arts. Good turn out. Next meeting Monday, 3/25, Arts and Sciences Night. Walter Reed Demo 4/28. PLEASE COME. Needs head of displays. She is still waiting to hear if we can do Archery at the demo. Blue in charge of setting up Fighters. Secca and Meliora will be setting up their personal pavilion at event to show off. Date: April 12 & 13. Times: Friday 10-5 and Saturday 1 to 5 p.m.
 - FYI: Someone is missing a table. Please everyone check your tables. Any question, ask Bridget.
- **Children, Minister of** – Lady Fara MacGregor (*Deputy: THL Lady Cecillia Medici and THL Tezar of Aeolis*)
 - We have children! Farrah is working with Lenore and Meliora for activities at Anniversary.
- **Chirurgeon** – Lord Caine Dorcha (*Deputy: Duke Edric Aaron Hartwood and THL Lady Cecillia Medici*)
 - Everything is okay. No injuries at Crown
- **Chronicler** – Baroness Asakura no Mashi (*Deputy: Lord Francisco Rojas de Gomez y Sandoval*)
 - Altavia Anniversary Facebook page is up. Sent items for Fret.
- **Constable** – Sir Thorin vordr O'Seaghda (*Deputy Pro Tem: Yusaf*)
 - Things are going well. New items in Lost and Found from Crown.
- **Exchequer** – THL Eirikr Mjoksiglandi (*Deputy: Lady Leonor de Seville*)
 - Still waiting receipts for Crown. Still waiting for deposit for Yule.
- **Herald** – THL Damien von Baden (*Deputy: THL Tezar of Aeolis*)
 - Next College of Herald's meeting will be at Collegium, 3/24.
- **Lists** – THL Matlens Litovka (*Deputy:*)
 - No report. We had Crown. There were fighters. Kingdom ran lists.
- **Marshal** – Sir Thorin vordr O'Seaghda (*Deputy: Sir Eronric of Devon*)
 - Practices are picking up. 12 fighters on field. Repairs need to be done. Excellent Crown
- **Marshal, Equestrian** – (*Deputy: lady Lysette of Altavia*)
 - Nothing to report
- **Marshal, Rapier** – Don Colwyn Stagghorn (*Deputy: THL Nikolaos Phaistos and Luca Serafini da Firenze*)
 - Rapier is doing very well. Had double digits show up at practice. We are running melees. At least 4 people returning for more instruction.
- **Marshal, Thrown Weapons** – Acting: THL Cecilia Medici (*Deputy:*)
 - Last month we had 24 people at our last practice. 7 were youth. Practice tomorrow. Is as popular as ever.
- **Marshal Pro Tem, Unarmored** – Auregon (*Deputy: Owain*)
 - We have an authorized unarmored fighter in the Barony, Nico! Woo hoo! We have a definite Unarmored marshal for Altavia, Don Lot.
- **Marshal, Youth Combat** – THL Uilliam Mór MacGregor (*Deputy: Lady Lyonette*)

- 5 kids last night. Averaging 3. He will be attending demo. Target audience will be there. Altavia owns 4 out of the 8 kingdom youth combat awards.
- **Seneschal** – Baroness Iseabail inghean Bhaltair (Deputy: Lord Francisco Rojas de Gomez y Sandoval and THL Madelena Hidalgo de Valencia)
 - Madelena taking meeting minutes. Shed update: We are waiting out the rainy season. We will revisit after Anniversary. Do we need to clean it out? Do we need the rugs in the baronial trailer? The consensus was yes.
 - Baronial assets: Trailer, does it need maintenance? We need to inventory it, inspect it and affect repairs. Do that on shed day.
- **Webwright** – Dame Lynnette de Sandoval del Valle de los Unicornios (Deputy: Lord James Everglad and Lord Philip de Greylonge)
 - Lynnette apologized about fighter practice reminder snafu. Website now has a place for back issues of Fret Knot. Do we want a webpage on the Baronial site listing awards Altavians have won, whether it be Pentathlon, a championship, etc.

Announcements

- Next Monday night there will be Corned Beef and Cabbage and a performance at Fighter Practice.
- Next Council Meeting: Tuesday, April 9, 2013

Meeting Ended – 8:40

Strawberry Season

By: Johnnae Ilyn Lewis, CE

My Lord of Ely, when I was last in Holborn,
I saw good strawberries in your garden there.
I do beseech you send for some of them.

Shakespeare.

The Tragedy of Richard the Third.

III, iv, lines 31-33.

In the Great lakes region there is a special time when fresh Strawberry Season has come. Given that our winter berries here come from California, this season may be year around in the Kingdoms of the West and Caid; in 2003 California produced 1.8 billion pounds of fresh berries, 88 per cent of the nation's total, making the state number one in the nation. (These recipes may in fact be more fitting for the coastal kingdoms of the West Coast than for the kingdoms near the Great Lakes where our fresh season can be a matter of days!)

Strawberries are one of those plants that are native to both the Old World and the New World. Wild strawberries ranged across ancient Europe, Asia, and North America. They were known to the Greeks and Romans and mentioned by Pliny the Elder. In the medieval period, the berries of the small native strawberry, (*Fragaria vesca*) of England, were gathered by hand from wild plants growing in the local woods and forests. The fruit might also be gathered from small beds established in kitchen gardens through the transplanting of entire plants. With better care, mulching, and fertilizer, these domesticated plants often flourished, and if the plants failed to thrive, housewives simply gathered more plants and replanted the beds. For several centuries various agricultural treatises would remind housewives that September was the time for this activity:

Wife into thy garden, & set me a plot,
with strawbery rootes, of the best to be got.
Such growing abrode, among thornes in y^e wood
wel chosen & pyeked, proue excellent good.

Tusser, Thomas. ***Five hundreth points of good husbandry.*** London: 1573.

Besides the native wild strawberry, there were a number of varieties available for transplanting and experimentation in kitchen gardens. By the sixteenth century botanists were describing in detail and working with a white strawberry, (*F. sylvestris alba*), which was common to the mountains near Baden Switzerland and an everbearing strawberry, (*F. sylvestris semperflorens*), which flowered and fruited in the Alps throughout the growing season. This season often lasted from late spring into November. Also the Alps were the home of the wood strawberry (*F. silvestris*), which yielded small fruits with an intense taste; there was also a type called a musk strawberry (*F. moschata*), which was native to northern Europe and Siberia. Cultivation of it began in the sixteenth century. The work with these varieties was complicated by the fact that some of these varieties do not produce runners or adapt readily to domestication. Many also could not be crossed to produce hybrids. The picture soon grew even more complicated. Soon after 1600, the Virginia strawberry (*F. virginiana*) of North America was imported into Europe. Descriptions of these Virginian berries growing wild include passages such as: "...great fields and woods abounding with Strawberies much fairer and more sweete then ours, ..."

Hamor, Ralph. ***A true discourse of the present estate of Virginia and the successe of the affaires there till the 18 of Iune. 1614.*** published 1615.

This strawberry was crossed with native European berries with some measured success. Farther south the native peoples of Chile had been cultivating a native strawberry, which the Spanish then carried into their colonies in Peru and Ecuador. Early in eighteenth century, these newly arrived Chilean strawberry plants (*F. chiloensis*), native to the Pacific beaches of North and South America were introduced to Europe. These Chilean imports were then crossed with the Virginia strawberry (*F. virginiana*) that had been growing in Europe for the past century. This all New World American hybrid proved superior in flavor and size and was then adopted all over Europe. In the nineteenth and twentieth centuries numerous improved strawberry cultivars were developed that offered even better disease resistance and were better adapted to various soil types and climatic conditions. Modern strawberries (*Fragaria X ananassa*) are the result of this work.

For those that would like to experiment with a combination of modern local or even heritage berries and medieval or Elizabethan methods, here are some recipes:

Strawberye

Cxxij - Strawberye. Take Strawberys, and waysshe hem in tyme of there in gode red wyne; than strayne thorwe a clothe, and do hem in a potte with gode Almaunde mylke, a-lay it with Amyndoun other with the flowre of Rys, and make it chargeaunt and lat it boyle, and do ther-in Roysonys of coraunce, Safroun, Pepir, Sugre grete plante, poudre Gyngere, Canel, Galyngale; poynte it with Vynegre, and a lytil whyte grece put ther-to; colore it with Alkenade, and droppe it a-bowte, plante it with the graynys of Pome-garnad, and than serue it forth.

Two Fifteenth-Century Cookery-Books. Edited by Thomas Austin. (England, 1430)

To make a tarte of strawberyes

To make a tarte of strawberyes. Take and strayne theym wyth the yolkes of foure egges, and a lyttle whyte breade grated, then season it up wyth suger and swete butter and so bake it.

A Proper Newe Booke of Cokerye. (England, mid-16th c.)

To make conserue of Strawberies, With the vertue of the same. chapter. xxx.

TAke Strawberies .i. quart clene picked and washed, set them on the fyre til they be soft, strain them put thereto two times as much suger in powder, as waight of the strawberies, let them seeth tyll the suger be incorporated w^t y^e straberis put it in a Glasse or earthen Pot well glased.

The vertue of the same. The conserue of Strawberies is good against a hot liuer, or burning of the stomack, and specially in the seruent heate of an ague.

Thus [also] make conserue of Damasins and Prunes.

Partridge, John, fl. 1566-1573. **The Treasure of Commodious Conceits, & Hidden Secrets.** 1573.

To make a Tarte of Stawberries.

VVash your strawberries, and put them into your Tarte, and season them with suger, synamom and ginger, and put in a litle red wine into them.

To make a Tarte of Strawberies.

TAke Strawberies and wash them in claret wine, thicke and temper them with rosewater, and season them with Sinamom, suger and ginger, and spread it on the Tart and endore the sides with butter, and cast on suger and biskets and serue them so.

Dawson, Thomas. **The Good Husvvifes Ievvell. [Jewel].** 1587.

Tarte of Strawberies.

Season your Strawberyes with sugar, a very little Sinamon, a little ginger, and so cover them with a cover, and you must lay upon the cover a morsell of sweet Butter, Rosewater and Sugar, you may Ice the cover if you will, you must make your Ice with the white of an egge beaten, and Rosewater and Sugar.

A Book of Cookrye. (England, 1591)

A German recipe for a strawberry tart reads:

To make a strawberry tart

89 To make a strawberry tart. Make a pastry shell and let it become firm in the tart pan. Afterwards take strawberries and lay them around on top as close together as possible, after that sweeten them especially well. Next let it bake a short while, pour *Malavosia* over it and let it bake a while, then it is ready.

Das Kuchbuch der Sabina Welserin. (Germany, 16th century - V. Armstrong, trans.)

A later 17th century recipe, which still includes the spices, reads:

To make a Tart of Strawberries.

Wash your Strawberries, and put them into your Tart, season them with Sugar, Cinnamon, Ginger, and a little red Wine, then close it, and bake it half an hour, ice it, scrape on Sugar, and serve it.

Kent, Elizabeth Grey, Countess of. **A Choice Manual of Rare and Select Secrets.** 1653.

29. To make gelly ouf Straw-berries, Mulberies, Raspberries, or any such tender fruit.

Take your berries, and grinde them in an Alabaster Mortar, with foure ounces of Sugar, and a quarter pint of faire water, and as much Rose-water: and so boil it in a posnet with a little peece of Isinglasse, and so let it run through a fine cloth into your boxes, and so you may keepe it all the yeere.

Plat, Hugh. **Delightes for Ladies.** 1609.

One favorite method of eating strawberries today is to simply eat the fresh berries with cream or with sugar and cream. Thomas Dawson actually warns “beware of Cow cream and of Strawberies,” but other authors seem to endorse the practice. The combination is mentioned in various texts, including Thomas Hill’s famous gardening treatise where his advice reads:

The Berries in the Sommer tyme, eaten wyth Creame and Sugar, is accompted a greate refreshing to men, but more commended, beyng eaten wyth Wine and Sugar, for on suche wise, these maruellouslye coole and moisten Chollericke stomackes or suche beyng of a Cholericke complexion.

Hill, Thomas and Henry Dethick. **The Gardeners Labyrinth.** 1577

Foodwise, Sir Philippe Sidney describes a milk-white horse as having scattered red marks “as when a few strawberries are scattered into a dish of creame.” [**The Countesse of Pembrokes Arcadia**, written by Sir Philippe Sidnei. 1590] Again it’s more support for the eating of strawberries with cream. Another poetic passage from the 1590’s that speaks of strawberries and cream:

Or wilt thou drinke a cup of new-made Wine
Froathing at top, mixt with a dish of Creame;
And Straw-berries, or Bil-berries in their prime,
Bath'd in a melting Sugar-Candie streame:

Barnfield, Richard. **The Affectionate Shepherd.** 1594.

In poetry and art the strawberry was seen as that perfect fruit representing the Virgin. The flowers and red fruit represented both the blood of martyrdom and the white of purity. The three-fold leaves or trefoil of leaves represented the trinity. Of course the painter Hieronymus Bosch (1453?-1516) turned that imagery upside down. In his *The Garden of Earthly Delights*, Bosch depicts nude people of both sexes cavorting with giant strawberries.

In poetry, Spencer's *Fairie Queene*, contains a passage that reflects upon gathering wild strawberries in the woods:

One day as they all three together went
 To the greene wood, to gather strawberries,
 There chaunst to them a dangerous accident;
Fairie Queene, book vi. canto x. stanza 34

It seems fitting to end with this rather odd seventeenth century quotation on strawberries. The source is not any of the cookery books or herbals or even dietaries. It appears in the classic Izaak Walton work on angling. The text there reads:

"...we may say of angling, as Dr. Boteler said of strawberries, 'Doubtless God could have made a better berry, but doubtless God never did!'" The saying is attributed to Dr. Boteler and found in *The Compleat Angler* by Izaak Walton and Charles Cotton. 1655. 5th edition. 1676.

It can only be repeated that no better berry existed then or now.

Select Sources:

A Book of Cookrye. (England, 1591). <http://jducoeur.org/Cookbook/Cookrye.html>

Collett-Sandars, W. "Strawberries." *The Gentleman's Magazine*. CCXLV. 1879: v. 23, pt. 2. pp. 109-123. [online at Google Books.]

Darrow, George. *The Strawberry: History, Breeding and Physiology*. 1965. Full-text of the original book online at: <http://www.nal.usda.gov/pgdic/Strawberry/darpubs.htm>

Finn, Chad Elliott. "Berries." Encyclopedia of Food & Culture. Gale, 2003. <http://www.enotes.com/berries-reference/berries>

Fisher, Celia. *The Medieval Flower Book*. London: The British Library, 2007.

Das Kuchbuch der Sabina Welserin. Trans: V. Armstrong. (Germany, 16th century) http://www.davidfriedman.com/Medieval/Cookbooks/Sabrina_Welserin.html

Plat, Hugh. *Delightes for Ladies*. 1609. Search via [medievalcookery.com](http://www.medievalcookery.com)

A Proper Newe Booke of Cokerye. (England, mid-16th c.) <http://www.uni-giessen.de/gloning/tx/bookecok.htm>

Reich, Lee. "Strawberries." *The Oxford Encyclopedia of Food and Drink in America*. Ed. Gordon Campbell. Oxford & New York: Oxford University Press, 2003.

Spencer, Edmund. *Fairie Queene*. <http://www.luminarium.org/renascence-editions/fqintro.html>

Two Fifteenth-Century Cookery-Books. Edited by Thomas Austin. (England, 1430). <http://quod.lib.umich.edu/c/cme/>

Butler or Boteler saying attributed to Dr. Boteler and found in numerous editions of *The Compleat Angler* by Izaak Walton and Charles Cotton. 1655, including the 5th ed. 1676.

Hieronymus Bosch painting: http://en.wikipedia.org/wiki/File:Garden_delights.jpg

Use was made of EEBO-TCP and Doc's Medieval Cookery website <www.medievalcookery.com> in the preparation of this article.

Information on my local Michigan berries can be found at: <http://strawberryplants.org/2011/01/michigan-strawberry-plants/>

Michigan State University maintains the MSUE Strawberry Information Center at:
http://www.msue.msu.edu/portal/default.cfm?pageset_id=429934

Information on California Strawberries may be found at:
<http://www.californiastrawberries.com/> and <http://www.calstrawberry.com/>



Upcoming Baronial Events

Altavia's Pearl Anniversary and Fun Fair May 11, 2013

Greetings Caid! Altavia Anniversary is coming up quickly and we invite you to share in the day's fun activities! There has been some updated information and we wanted to let you all know what is going on!

Armored Combat, Rapier, and Unarmoured Tournaments

These Pearly tournaments will be double elimination -- but those fighters presenting an acceptable entry to our A&S competition will receive a `Pearl,' which will be redeemable for a bonus to their fighting for the day.

NEW! A&S Combat Bonus Rules:

Each fighter can earn only one pearl; more A&S entries do not gain more bonuses. A fighter must turn in their pearl BEFORE the start of any one fight to turn that fight into a "best 2 out of 3". In each round, only one pearl can be used per pair of fighters. Pearls cannot be used during finals Note: Pearls can be transferred from one person to another

NEW! Fun Fair

Everyone gets to play! Everyone attending will receive 10 FREE tickets to play fabulous games! Knock down oceanic beasts at Seafood Scramble! Test your luck at The Pearl Drop! See what you catch at Gone Fishin! There will be many prizes and more tickets can be purchased if desired!

NEW! Donation Lunch

There will be a simple donation lunch available for a suggested donation of \$5. Lunch will include a turkey or ham sandwich, or a slice of a vegetarian quiche, a piece of fruit, a bag of chips, and a drink. Only 100 lunches will be available on a first-come first-served basis.

NEW! Guess How Many Pearls!

At Anniversary guess how many pearls in the glass bottle (\$1 per guess) and if you are the closest you could be a winner! The two guesses closest the correct number will win either a gift basket including a beautiful pearl necklace and a strand of amber OR a twin size wooden camp bed! Specifics will be posted at the event!

NEW! Personal Day Shades

We are fortunate to have such a lovely site with beautiful trees! We invite the populace to take advantage of the natural shade or spend the day with your barony as there is limited space for personal day shades.

Arts & Science Competition

This years Pearly A&S Champion will be determined by YOU, in a People's Choice contest. All types of Arts and/or Science entries are allowed (functional or not), and entries incorporating the event theme of "Pearl" are highly encouraged. Documentation is not required, but always welcome. Entries must be turned in by 2pm; judging will end and entries must be picked up right before closing court.

~~ To earn a `Pearl' For your fighting "bonus:" Fighters will be required to make an "artistic" presentation to our A&S staff. Armor entries are welcome but must be considered `artistic' -- for example: not just "I made these elbow cops" but "I tooled and painted these leather elbows." Additionally, this presentation can be (but is not

required to be) entered into our A&S competition if so desired. NOTE – the entry must be left in the A&S pavilion for the day, so it cannot be something you need to fight.

Youth

Youth combat will begin immediately after opening court. There will also be youth activities.

Schedule for the Day:

7:00am Site opens

8:00am Populace welcome and gate open

10:00am Opening Court (at the discretion of TRMs)

After Opening Court Presentation Court

2:00pm Last of the A&S Entries accepted

4:30pm Closing Court (at the discretion of TRMs)

6:00pm Site closes

Site Information: Veteran's Park, 13000 Sayre St, Sylmar, CA 91342

Directions:

From East: take 210 West to the Hubbard Exit and turn right onto Hubbard. From West: take the 210 East to the Hubbard exit and turn left onto Hubbard. Follow Hubbard to Eldridge. Turn left on Eldridge and go to the first stop sign, which is Sayre. Turn right on Sayre and follow it all the way up the hill Altavia signs will direct you to the event in the park.

Site Fee:

Adult with proof of membership: \$7

Children ages 4 to 12: \$3

Children ages 3 and under: guests of the barony

A non-member surcharge of \$5 will apply to all non-members ages 12 and over.

Please make checks payable to: SCA Inc./Barony of Altavia

Merchants

We have a great variety of Merchants attending!

More Info

There will be no staking into the turf deeper than 6 inches. There will be no driving on the turf. There will be no amplified music. This is a dry site. Pets must be leashed at all times and picked up after. The park has requested that we haul out all of our own trash. Trash bags will be provided.

Event Steward: THL Leonor de Sevilla, anniversary@sca-altavia.org

Upcoming Baronial Events

Queen's Champion/Altavia Baronial Champion Equestrian Tourney! Saturday, June 29, 2013

Come join us for a day of Pageantry and Honor as our equestrians compete to be Queen's Champion and Champion of the Barony of Altavia! The theme of the day is "Pageantry" so bring your heraldry, banners, and flags to display for our beautiful Queen!

Where: Conejo Creek Equestrian Park 1350 E. Avenida de las Flores. Thousand Oaks, CA 91360

Directions to the event:

From the Valley, take the 101 North toward Ventura and continue onto CA-23 N (signs for Fillmore). Take exit 14 for Janss Road. Turn left onto E Janss Road. Take the first right onto Montgomery Road. Turn right onto E Avenida De Las Flores and follow the signs to the Equestrian Park, which will be on the right.

Note: There will be a donation lunch provided (for a suggested donation of \$5). This is a dry site.

Schedule of the day:

8:00am Site Opens
9:00am Lists Open
10:00am Opening Court
4:00pm Closing Court
6:00pm Site Closes

Site fee(s):

\$5.00 for members (w/proof of membership); \$3 for children 4-12; Children 3 and under are free. A \$5.00 non-member surcharge will apply for non-members over the age of 12.

Make checks payable to: SCA Inc./Barony of Altavia.

Event Stewards: Mayken de Houtman and THL Reina MacCormick, event-equestrian@sca-altavia.org.

Salad Days

By: THL Johnnae Ilyn Lewis, CE

Cleopatra says:
I sing after you.
My salad days,
When I was green in judgment: cold in blood,
To say as I said then!

William Shakespeare's *Anthony and Cleopatra*, I, v (1606)

It's summer now and the greens and herbs are abundant in our gardens and in our markets. When one thinks about an article for summer, one remembers the phrase 'salad days' and once in the mind, it sticks there. How suitable 'Salad Days' might be for these days of heat and humidity! So 'Salad Days' it is, although we shall not venture as far back as Cleopatra's days. It would make the article far too long because in fact she could well have served Mark Anthony salads of greens dressed with oils. The Romans were quite fond of their salads, but what about the salads of medieval and early modern England?

The word salad in fact derives from salt or Latin sals. John Ayto asserts it comes "from Vulgar Latin *Herba sal ta*, literally 'salted herb'." One finds it spelled variously as salad, sallet, sallat, sallade, salade, salat, salettes, etc. (For search purposes all versions and variants must be tried in the various medieval and early modern printed texts.) Salads are defined now in the OED as a "cold dish of herbs or vegetables (e.g. lettuce, endive" but of course herbs or herbes in the past could be any of a number of what we now call greens, such as the lettuce. Randle Holme in his encyclopedic *Armoury* of 1688 defined it as: "Sallet, is either Sweet Herbs, or Pickled Fruits, or Cucumbers, Samphire, Elder-Buds, Broom-Buds, &c. eaten with Roasted Meats."

Despite a perhaps unfounded reputation for either not eating or not appreciating vegetables, the English actually have a long history of salads and a recipe appears in the famous cookery manuscript from the Court of King Richard II. Known as *The Forme of Cury*, it is dated circa 1390.

78. Salat. Take persel, sawge, grene garlic, chibolles, oynouns, leek, borage, myntes, porrettes, fenel, and toun cressis, rew, rosemarye, purslarye; laue and waische hem clene. Pike hem. Pluk hem small wiþ byn honed, and myng hem wel with rawe oile; lay on vyneger and salt, and serve it forth. (Hieatt & Butler. *Curye on Inglysch*.pp.115.)

This recipe appears in six of the surviving FoC versions. Hieatt and Butler note in the footnotes that spinach, lettuce, primroses, and violets are mentioned in variant texts for this recipe, and so they can be added to the salad greens and herbs mentioned here. (A modern version of this recipe may be found in the revised edition of *Pleyn Delit*; see recipe 21.)

After this promising start, the English recipes for salads disappear for almost two centuries. Instead what we find is advice on salads as to when they might be best eaten. The undated (but probably 15th century) MS Huseby 78 recipe notes "Salleth in lentoy be good with salt sturgyon, salt conagar, red heryng, welkes, purvynevles, and cocles." The advice continues with the admonition "but after ester with powdered beff and shuldeers of motton." (Hieatt. *Gathering*, p. 151). A 15th century recipe found at the Huntington Library simply records: "For a sallat. Lettys, spinach,impress the lef, borache, ...oddy, ...ful savoury. Osyle ...hem ...d." (Hieatt. *Gathering*, p. 153).

We know that salad eating continued, even if the recipes do not. Occasionally, but very rarely do references turn up in household accounts. Being home grown in the kitchen gardens or gathered from the wild, salad stuff for the most part never appears in the accounts of purchases. The Howard Household Books of 1481-90 do record "Item, for erbes for a selad j. d." Sometimes the accounts do note the purchase of an ingredient needed for the salads. In 1472 the Paston letters recorded "I sende yow..ij pottys off oyle for saladys." In 1558-9 T. Hynde's Will (Somerset House) would record the expense "Layde out..for sallett oyle." Other evidence exists, and indeed the phrase "to pick a salad" (meaning to engage in some trivial pursuit) is found as early as 1520 where it appears as "He that laboreth nothyng holy, but catcheth a patche of euery thyng, is mete to pycke a salet." (OED)

The dietaries also mention salads and for instance, Thomas Eliot or Elyot in *The Castle of Helthe* of 1534 speaks of "salades of cold herbes" for "yonge men." Russell in his *Boke of Nuture*, circa 1475, would pronounce: "Beware of saladis, grene metis, and of frutes rawe for þey make many a man haue a feble mawe."

Numerous manuscripts include lists of plants suitable or necessary for kitchen gardens as do the herbals. John Gerard in his *Herball or General Historie of Plantes* of 1597 and 1633, for instance, offered not only descriptions of the plants but also many serving suggestions. He wrote "Rocket is a good sallet herbe, if it be eaten with Lettuce, Purslane, and such cold herbes;" and "Lettuce maketh a pleasant sallad, being eaten raw with vineger, oyle, and a little salt."

Agrarian writer Thomas Tusser in his *Five Hundreth Points of Good Husbandry* of 1573 includes a more accessible list of plants for salads in his section on kitchen gardens. Under "Herbs & rootes for sallets & sawce," Tusser includes: "Alexanders, at al times; Artichocks; Blessed thystle, or Carduus Benedictus; Cucumbers, in Aprill & Maye; Cressis, sowe with lettice in the Springe; Cudiue; Mustarde sede, sowe in ye spring & at Mighelmas; Musk myllions, in Aprill & May; Mintes; Purslane; Redish; Rampions; Rockat. in April; Sage; Sorrell; Spinage, for ye sōmer; Sea helye; Sperage, let growe two yeares & then remoue; Skirrets. set their plants in Marche; Suckerye; Tarragon. April; Violets." He continues with this advice: "Thease buy with the peny, or loke not for eny. 1 Capers. 2 Lemmans. 3 Oliues. 4 Orrengis. 5 Rise. 6 Sampire." Tusser was reprinted throughout the 16th and 17th centuries, making this list accessible to most country households.

In the late 16th century salad recipes begin to appear again in cookery books. Thomas Dawson included this recipe in *The Good Huswifes Jewell* of 1596.

To make a Sallet of all kinde of hearbes.

Take your hearbes and picke them very fine into faire water, and picke your flowers by themselves, and washe them al cleane, and swing them in a strainer, and when you put them into the dish, mingle them with Cowcumbers or Lemmons payred and sliced, and scrape Suger, and put in vineger and Oyle, and throwe the flowers on the tope of the sallet, and of every sorte of the aforesaide things and garnish the dish about with the foresaide thinges, and harde Egges boyled and laide about the dish and upon the sallet. (*The Good Housewife's Jewell*. 1596. Pp. 25+)

Obviously, Dawson was using "hearbes" to include a variety of greens beyond our modern definition of things that are herbs. Note the use of the word "garnish" as it provides evidence that dishes were "garnished" prior to 1600. Dawson also includes a rather delightful "sallet of Lemmons" which might be very suitable for summer. Here lemons are sliced very thin and laid about a dish. One is instructed to "scrape a good deale of sugar upon them and so serve them."

The seventeenth century in England also brought a recognized renaissance to salads of many types. Sir Hugh Plat in *Delightes for Ladies* didn't include salad recipes but he did include recipes for purifying the olive oils, distilling

the vinegars, and candying certain fruits and herbs necessary for salads and their decoration. The writer Gervase Markham in his translation and reworking of the earlier 1560's French classic *Maison Rustique*, or ***The countrey farme*** included information on kitchen gardens and plants. Now in his *The English Housewife*, he wrote: "First then to speake of Sallats, there be some simple, and some compounded; some only to furnish out the table, and some both for vse and adoration." He includes recipes for simple salads of such fare as "also, all young Lettice, Cabage lettice, Porslan, and diuers other herbs which may be serued simply without any thing, but a little Vinegar, Sallet-Oyle, and Sugar: Onions boiled, and stript from their rind, and serued vp with Vinegar, oyle and Pepper is a good simple Sallat; so is Samphire, Beane-cods, Sparagus, and Cucumbers, serued in likewise with Oyle, Vinegar and Pepper, with a world of others, too tedious to nominate." (Markham)

Continuing, he writes:

"Your compound Sallats, are first the young Buds and Knots of all manner of wholsome hearbes at their first springing; as Red-sage, Mints, Lettice, Violets, Marigolds, Spinage, and many other mixed together, and then serued vp to the table with Vinegar, Sallet Oyle and Sugar." (Markham)

For a noble table he adds:

"To compound an excellent Sallat, and which indeed is vsuall at great feasts, and vpon Princes tables: Take a good quantitie of blancht Almonds, and with your shredding Knife cut them grossely; then take as many Raisins of the Sunne cleane washt, and the stones pickt out, as many Figs shred like the Almonds, as many Capers, twice so many Oliues, and as many Currants as of all the rest cleane washt: a good handfull of the small tender leaues of red Sage and Spinage: mixe all these well together with good store of Sugar, and lay them in the bottome of a great dish; then put vnto them Vinegar and Oyle, and scrape more Suger ouer all: then take Orenge and Lemons, and paring away the outward pills, cut them into thinne slices, then with those slices couer the Sallet al ouer; which done, take the the fine thinne leafe of the red Coleflower, and with them couer the Orenge and Lemons all ouer; then ouer those red leaues lay another course of old Oliues, and the slices of well pickled Cucumbers, together with the very inward heart of your Cabbage lettice cut into slices; then adorne the sides of the dish, and the top of the Sallet with more slices of Lemons and Orenge, and so serue it vp." (Markham)

Markham also included recipes for boiled, pickled, preserved, and strange sallats. He also included a recipe, which included instructions for garnishing with carrots of differing colors cut into various shapes for use in the sallat. The recipe "Sallats for shew onely" ends with the words "A world of other Sallets there are, which time and experience may bring to our Hous wifes eye, but the composition of them, and the seruing of them differeth nothing from these already rehearsed. (Markham) Markham's ***Housewife*** dates from as early as 1615 and dominated the marketplace for almost thirty years.

Roughly contemporary with Gervase Markham are the works of John Murrell or Murrel. In his 1615 ***A New Booke of Cookerie***, Murrell included "Divers Sallets boyled." By the 1638 "fifth time printed" edition, he was offering up a recipe for a "grand Sallet" which was decorated with cherries, halves or quarters of hard boiled eggs, slices of lemons, and preserved oranges. Lastly he called for a "standard" or attention drawing centerpiece to be placed in the middle of the salad. If one didn't have a standard, the reader was instructed to use half a lemon and stick branches of rosemary into it. (Food historian Peter Brears provides a detailed drawing of this salad. See the sources for further information on these drawings.)

Another contemporary of Markham and Murrell was the Italian exile Giacomo Castelvetro. An Italian Protestant, the author, tutor, and European traveler returned to spend his last years in the safety of England. In 1614 he wrote a work in his native Italian on vegetables, herbs, and fruits, which he circulated in manuscripts to a select audience of prominent people. No wealthy patron undertook to support either the work's translation or publication, or indeed to support the author in his old age. Castelvetro died in poverty and obscurity shortly thereafter. Gillian Riley finally translated the manuscript in the 1990's and it has been republished in a new paperback edition in 2012.

Now thanks to this translation and this 2012 republication, we can easily read how Castelvetro wrote often about salads. For spring, he wrote, "It is almost impossible to describe our delight in the delicious green salads of this joyful season... Of all the salads we eat in the spring, the mixed salad is the best and most wonderful of all." Castelvetro included detailed instructions as to how the salad items must be carefully washed ("first wash your hands'...), dried, shaken, and then oiled with a generous hand. Don't pile it, he advised, and never add the vinegar first. Even four centuries later, Castelvetro's advice rings true, especially his "Sacred Law of Salads" which reads in translation: "Salt the salad quite a lot, then generously oil put in the pot, and vinegar, but just a jot."

The next great creator of salads was Robert May who published a magnum opus of recipes, which reflected his long career. May (born circa 1585) had started as a kitchen boy in the late Elizabethan kitchens of the 16th century. He spent years abroad, perfecting his skills and returned to work in a number of noble and notable households. May's *The Accomplish Cook Or the Art and Mystery of Cookery* first appeared in 1660. In the 1685 edition, May devoted Section V to "The best way of making all manner of Sallets," including over two dozen recipes for sallets but also recipes for candying and pickling flowers and such for use in sallets. Many salads by this time called for sliced and shredded meats and fowl. One of May's recipes calls for slices of cold roasted capons. (Yes....All those modern sliced chicken salads have a 17th century ancestor.) Here is one of May's recipes:

Otherways [another grand sallet]

Dish first round the centre slic't figs, then currans, capers, almonds, and raisins together; next beyond that, olives, beets, cabbidge-lettice, cucumbers, or slic't lemon carved; then oyl and vinegar beaten together, the best oyl you can get, and sugar or none, as you please; garnish the brims of the dish with orangado, slic't lemon jagged, olives stuck with slic't almonds, sugar or none. (*The Accomplish Cook* 1685. p. 159.)

There are photos of this salad recreated on Ivan Day's Historic Food website. It should be constructed on a large flat china or porcelain dish or charger. Work from the middle or center out and create a salad that is arranged in concentric circles around the center of sliced figs. He notes his version serves 10-12.

The century ended with the still famous volume *Acetaria. A Discourse of Sallets* by the diarist John Evelyn. All reference works and entries on salads and their history mention John Evelyn's *Acetaria*, so it would be remiss if we failed to mention it. It was published in 1699 and again in 1706 but it wasn't republished until the 20th century. Evelyn had written other works on gardening and plants that mentioned salads and the growing of greens, but in the *Acetaria* he expounded at length on all things suitable for salads. Or non-suitable! Andrew F. Smith notes "Evelyn strictly forbade garlic because of its intolerable smell." Why is it called the *Acetaria*? The OED traces it back to the Latin word *acetar*, *acetaria*: meaning a salad or leaf salad prepared with vinegar. We found it mentioned in England as early as Eliot in 1538 where we found the phrase "Acetarium a gardeine, where salet herbes do growe." (OED) Lastly, one should note that Evelyn defined a "Sallet" as "a particular Composition of certain Crude and fresh herbs, such as usually are, or may safely be eaten with some Acetous Juice, Oyl, Salt, &c. to give them a grateful Gust and Vehicle." Gust and vehicle indeed then!

Shakespeare has Hamlet comment "I remember one said, there was no Sallets in the lines, to make the matter sauoury." (*Hamlet*, II, ii), but as we have seen, salads, be they great, grand, composed, or simple and savoury, all had their place on the English tables of the past and can be created easily today from our own gardens and markets.

Sources:

- Castelvetto, Giacomo. *The Fruit, Herbs & Vegetables of Italy*. 1614. Translated by Gillian Riley. London: Viking, 1989. New ed.: Totnes, Devon: Prospect Books, 2012.
- Davidson, Alan. *The Oxford Companion to Food*. Ed. by Tom Jaine. 2nd ed. Oxford: OUP, 2006.
- Dawson, Thomas. *The Good Huswifes Jewell*, 2 Parts. Norwood, NJ and Amsterdam: Walter J. Johnson and Theatrum Orbis Terrarum, 1977. [The facsimile is a 1596 first part and a 1597 second part. Both works were first published in the middle 1580's.]
- Elyot, Thomas. *The Castel of Helth gathered and made by Syr Thomas Elyot knyghte*. 1534, 1539.
- Evelyn, John. *The Rusticall and Economical Works of John Evelyn: Acetaria, a Discourse of Sallets*. Edited by Christopher Driver. Totnes, Devon: Prospect Books, 1996.
- Gerard, John. *The herball or Generall historie of plantes*. Gathered by Iohn Gerarde of London Master in Chirurgerie very much enlarged and amended by Thomas Iohnson citizen and apothecarye of London. 1597,1633.
- Hieatt, Constance B., J. Terry Nutter, with Johnna H. Holloway. *Concordance of English Recipes. Thirteenth Through Fifteenth Centuries*. Tempe, Arizona: ACMRS (Arizona Center for Medieval and Renaissance Studies), 2006.
- Hieatt, Constance B., Brenda Hosington, and Sharon Butler. *Pleyn Delit. Medieval Cookery for Modern Cooks*. 2nd ed. Toronto: University of Toronto Press, 1996.
- Hieatt, Constance B. *A Gathering of Medieval English Recipes*. Turnhout, Belgium: Brepols, 2008. page 151.
- Markham, Gervase. *The English Housewife*. 1615, 1631. Edited by Michael R. Best. Kingston and Montreal: McGill-Queen's University Press, 1986. Pp. 64-67. [The 1623 edition of *Coutrey contentments, or The English husvife* is part of EEBO-TCP and was also consulted.]
- May, Robert. *The Accomplisht Cook Or the Art and Mystery of Cookery*. 1660. 1685. Facsimile. Totnes, Devon: Prospect Books, 1994.
- Murrell, John. *A New Booke of Cookerie*. 1615. Facsimile. Amsterdam & New York: Theatrum Orbis Terrarum, 1972.
- Murrell, John. *Murrels Two Books of Cookerie and Carving*. Fifth printing. 1636. Ilkley, UK: Jacksons of Ilkley, 1985. [facsimile edition of 200 copies.]
- Plat, Hugh. *Delightes for Ladies*. 1600, 1609. London: Crosby Lockwood & Son, 1948.
- Smith, Andrew F. "Salads and Salad Dressings." *The Oxford Encyclopedia of Food and Drink in America*. Oxford University Press, 2004. [also online]
- Tusser, Thomas. *Five Hundreth Points of Good Husbandry*. 1573. Oxford: OUP, 1984.

Recipes may be found either in the books cited or through the following online editions. Many were additionally checked through the academic restricted EEBO and EEBO-TCP editions. Doc's Medievalcookery.com database was used for: *Forme of Cury* (England, 1390); *Fourme of Curye* [Rylands MS 7] (England, 1390); and *The Good Housewife's Jewell*. (England. 1596).

Additional:

If you would like other suitable salad recipes, do try a search at < <http://www.medievalcookery.com/>> and then search by ingredient. Additional recipes for salads suitable for the SCA may be found at:

<http://www.florilegium.org> Also check out Baroness Helewyse's valuable notes on Italian salads from her class at Pennsic 36. They may be found at <http://www.medievalcookery.com/helewyse/>. Her Salads from Scappi reviewed many salads offered by Scappi in his meals plus research on constructing salads appropriate for 16th century Italy. "It isn't just about lettuce," she promised.

I hope you have enjoyed these few words on English salads.

Altavia Current Champions

- ❖ Archery **THL Cristofanus Castellani** 10/28/12
- ❖ Armored Combat **Duke Edric Aaron Hartwood** 5/11/12
- ❖ Arts & Sciences **Baroness Bridget Lucia Mackenzie** 5/11/12
- ❖ Bardic **Charles Ivansen of Borreby and Aurora of Finchingfield** 12/8/12
- ❖ Chess **Dimitri** 12/8/12
- ❖ Equestrian **Lady Mayken de Houtman** riding **Jo-Jo** 6/30/12
- ❖ Rapier Combat **Don Laertes Blackavar McBride** 5/11/12
- ❖ Thrown Weapons **Vigualfr Ragnarsson** 10/28/12
- ❖ Youth Archery **Nicholai Stagghorn** 10/28/12
- ❖ Youth Combat (0 to 6 years) - **Nicholai Stagghorn** 5/11/12
- ❖ Youth Combat (7 to 9 years) - **Dakota** 5/11/12
- ❖ Youth Combat (10 to 13 years) - **Dante** 5/11/12
- ❖ Youth Thrown Weapons **Nicolai Stagghorn** 10/28/12



OUR OFFICER REPORTS

Greetings Altavians,

Ever wonder what it would be like to have the control over a thrown weapons range? To make up competitions thrown fun things, and make things bleed :). Well I can make it happen for you. Come to a practice, become a marshal (if you're not already one) and take over as Altavia's Thrown Weapons Marshal. It is a thrill like you have never experienced and it is addictive. Come to a practice any first or third Sunday of the month and check out what everyone is talking about.

Live Love throw,
~Cecilia

~~~~~



*Newly painted baronial dragonwing. Decoration by Aethelwynne and Her Excellency Meliora*





# Baronial Officers



|                                                                           |                               |
|---------------------------------------------------------------------------|-------------------------------|
| <b>Baron</b> is THL Secca of Kent                                         | (Baron@sca-altavia.org)       |
| <b>Baroness</b> is THL Meliora Deverel                                    | (Baroness@sca-altavia.org)    |
| <b>Chief Lady-in-Waiting</b> is Lady Fara MacGregor                       | (court@sca-altavia.org)       |
| <b>Captain of the Guard</b> is Lord Uilliam mór MacGregor                 | (guard@sca-altavia.org)       |
| <b>Seneschal</b> is Baroness Yssbell inghean Bhaltair                     | (seneschal@sca-altavia.org)   |
| <b>Deputy Seneschal</b> Lord Francisco Rojas de Gomez Y Sandoval          |                               |
| <b>Captain of Archers</b> is Lord Nikolaos Phaistos                       | (archery@sca-altavia.org)     |
| <b>Deputy Captain of Archers</b> is THL Cristof Castellani                |                               |
| <b>Arts &amp; Sciences Officer</b> is Lady Aethelwyn of Ashgrove          | (arts@sca-altavia.org)        |
| <b>Deputy A&amp;S</b> is THL Madelena Hidalgo de Valencia                 |                               |
| <b>Chatelaine</b> is Mistress Bridget Lucia Mackenzie                     | (chatelaine@sca-altavia.org)  |
| <b>Children's Minister</b> is THL Cecelia di Medici                       | (children@sca-altavia.org)    |
| <b>Deputy Children's Officer</b> is THL Tezar of Aeolis                   |                               |
| <b>Chiurgeon</b> is Lord <i>Caine</i> Dorcha                              | (chiurgeon@sca-altavia.org)   |
| <b>Deputy Chiurgeon</b> is THL Cecilia Medici                             |                               |
| <b>Chronicler</b> is Baroness Asakura Mashime                             | (chronicler@sca-altavia.org)  |
| <b>Deputy Chronicler</b> is Lady Catriona inghean Diarmada                |                               |
| <b>Constable</b> is THL Thorin O'Seaghda                                  | (constable@sca-altavia.org)   |
| <b>Exchequer</b> is Eirikr Mjoksiglandi                                   | (exchequer@sca-altavia.org)   |
| <b>Deputy Exchequer</b> is Lady Leonor de Sevilla                         |                               |
| <b>Herald</b> ( <i>Sable Fret Cornet</i> ) is THL Damien von Baden        | (herald@sca-altavia.org)      |
| <b>Court Herald</b> is THL Tezar of Aeolis                                |                               |
| <b>Lists Officer</b> is THL Matlens Litovka                               | (lists@sca-altavia.org)       |
| <b>Marshal</b> is Sir Thorin O'Seaghda                                    | (marshal@sca-altavia.org)     |
| <b>Deputy Marshal</b> is Sir Eronric of Devon                             |                               |
| <b>Deputy Marshal for Equestrian</b> is Dona Lady Virginia Read           | (equestrian@sca-altavia.org)  |
| <b>Deputy Marshal for Armored Combat</b> is Sir Thorin O'Seaghda          | (marshal@sca-altavia.org)     |
| <b>Deputy Marshal for Rapier</b> is Don Colwyn Stagghorn                  | (rapier@sca-altavia.org)      |
| <b>Deputy Marshal for Thrown Weapons</b> is Lord Philip de Greylonge      | (tw@sca-altavia.org)          |
| <b>Thrown Weapons Deputy</b> is THL Cecilia di Medici                     |                               |
| <b>Deputy Marshall For Youth Combat</b> is Lord Uilliam of Altavia        | (youthcombat@sca-altavia.org) |
| <b>Scribe</b> is Ysabel d'Outremer                                        | (scribe@sca-altavia.org)      |
| <b>Webwright</b> is Dame Lynnette de Sandoval del Valle de los Unicornios | (webwright@sca-altavia.org)   |
| <b>Deputy Webwright</b> is THL James Everglad                             |                               |

## Altavia's College of Saint Firmin

College of Saint Firmin website: [www.collegeofstfirmin.org](http://www.collegeofstfirmin.org)

|                                                                                        |                                   |
|----------------------------------------------------------------------------------------|-----------------------------------|
| The College's <b>Seneschal</b> / President is Lina de Lune                             | (firminseneschal@sca-altavia.org) |
| The College's <b>Exchequer</b> / Treasurer is Lina of St. Firmin                       | (firminexchequer@sca-altavia.org) |
| The College's <b>Arts &amp; Sciences Officer</b> / Secretary is Temperance Raynscrofte | (firminarts@sca-altavia.org)      |

## Ways to Stay Connected

Altavia has numerous ways of keeping in contact with you, keeping you informed and active. We welcome you to participate however way you feel most comfortable with. Here are several links in order to always keep up with what's going on with the Barony and the SCA.

Altavia's Website: [www.sca-altavia.com](http://www.sca-altavia.com)

Altavia's Yahoo Groups Page: <http://groups.yahoo.com/group/Altavia/join>

Altavia's Facebook Page: <http://www.facebook.com/groups/297336603655499/>

CAID's Website: <http://sca-caid.org/>

CAID's Facebook Page: <http://www.facebook.com/groups/3533625108/>



---

# Meetings & Practices in the Barony

---

## Business Meetings

- **Council Meeting**

**2nd Tuesday of the month, 7:00pm** at CSUN: Meeting room, parking info and maps are available on the [CSUN Meeting Site Info page](http://www.sca-altavia.org/Meetings/CSUN.html): <http://www.sca-altavia.org/Meetings/CSUN.html>

This is the monthly business meeting for the group. There are officer reports, event reports, discussion of Baronial involvement at the Kingdom Level, choosing new officers, when necessary, and announcements. Baronial decisions are made here, and you do have a voice. **Everyone is welcome (and encouraged) to attend the meeting!**

Pre-Meeting work session and officers arrive by 7:00pm. Meeting starts at 7:30pm.

Contact the [Seneschal](#) for details

- **Newcomers' Meeting**

**Once a month, usually on the 4th Monday of the month, 7:00pm** at [Verdugo Park](#) in Burbank, 3201 West Verdugo, Burbank CA, 91505. Directions: Off of Verdugo, turn North onto California and we are on the right hand side, half way down the block near the tennis courts. This is the same location as our weekly Fighter Practice.

We meet at the stone tables next to the restrooms; look for Bridget's Red Lantern!

These classes cover a general overview of the SCA and the types of events we hold in Caid. Please bring your questions and wonderful smiles. We look forward to seeing everyone there!

Contact the [Chateline](#) ([chatelaine@sca-altavia.org](mailto:chatelaine@sca-altavia.org)) for directions and dates.

## Combat Practices

- **Archery Practice**

**The first and third Sunday of the month, 11:00am to 3:00pm** At Woodley Park Archery Range, directions are <http://woodleyparkarchers.org/direction>

Additional practice times are available most **Tuesday and Friday nights**. Contact the [Captain of Archers](#) to verify dates and times.

Contact ahead for loaner gear. Lord Everglad is there on most Wednesday nights and Saturday mornings for authorization tests and help in shooting.

Contact the [Captain of Archers](#) ([archery@sca-altavia.org](mailto:archery@sca-altavia.org)) for more information.

- **Equestrian Practice**

Practices are held on various Fridays of every month, 6:30-8:30PM at Conejo Creek Equestrian Park, 1350 Avenida de las Flores, Thousand Oaks, CA 91360.

Open to any participants regardless of territory of residence. Rider must bring their own mounts. Unmounted ground crew training available. Authorizations available. Jousting, mounted combat, crest combat, mounted games, marshalette/marshalette-in-training, and general riding authorizations available on site. General driving and driving games authorizations available subject to prior coordination. Mounted archery authorizations available offsite. Riders are advised to bring their normal tack and equipment. No rental horses are available. Minors must have a parent or guardian present at all times.

Please contact the [Marshal in Charge: Lady Lysette](mailto:equestrian@sca-altavia.org) (equestrian@sca-altavia.org). For more information, visit the [CAID equestrian site](http://equestrian.sca-caid.org/) (http://equestrian.sca-caid.org/) or the [Altavia Equestrian webpage](http://www.sca-altavia.org/Meetings/Equestrian/index.html). (http://www.sca-altavia.org/Meetings/Equestrian/index.html). Join the [Altavian Equestrian Email group](http://groups.yahoo.com/group/AltavianEquestrian/) (http://groups.yahoo.com/group/AltavianEquestrian/)

- **Fighter Practice -- Armored Combat**

**Every Monday, 7:00pm to 9:30pm** at [Verdugo Park](#) in Burbank, 3201 West Verdugo, Burbank CA, 91505. Directions: off of Verdugo, turn North onto California and we are on the right hand side, half way down the block near the tennis courts.

Contact the [Heavy Weapons Marshal](mailto:heavy@sca-altavia.org) (heavy@sca-altavia.org) for more information or to request to join the [practice information E-mail list](http://groups.yahoo.com/group/fretfights/) (http://groups.yahoo.com/group/fretfights/).

**Every Thursday, 7:00pm to 9:00pm** at [Northridge Park](#), 18300 Lemarsh St. Northridge, CA 91324. Find us on the Reseda Blvd. side of the park. Hosted by St. Firmin. Contact the [THL Owain ap Gwyllim Pengryth](#) for more information.

[Guardians of the High Road webpage](http://wiki.caid-commons.org/index.php/Guardians_of_the_High_Road) (http://wiki.caid-commons.org/index.php/Guardians\_of\_the\_High\_Road)

- **Fighter Practice -- Rapier**

**Every Monday, 7:30pm to 9:30pm** at [Verdugo Park](#) in Burbank, 3201 West Verdugo, Burbank CA, 91505. Directions: off of Verdugo, turn North onto California and we are on the right hand side, half way down the block near the tennis courts.

Contact the [Rapier Marshal](#) for more information

**Every Thursday, 7:00pm to 9:00pm** at [Northridge Park](#), 18300 Lemarsh St. Northridge, CA 91324. Find us on the Reseda Blvd. side of the park. Hosted by St. Firmin. Contact the [THL Owain ap Gwyllim Pengryth](#) for more information.

[Guardians of the High Road webpage](http://wiki.caid-commons.org/index.php/Guardians_of_the_High_Road) (http://wiki.caid-commons.org/index.php/Guardians\_of\_the\_High\_Road)

- **Fighter Practice -- Youth Combat**

**Twice a month - 2nd and 4th Mondays, 7:30pm to 8:00pm** at [Verdugo Park](#) in Burbank, 3201 West Verdugo, Burbank CA, 91505. Directions: off of Verdugo, turn North onto California and we are on the right hand side, half way down the block near the tennis courts.

Contact the [Youth Combat Marshal](#) for more information

[Guardians of the High Road webpage](http://wiki.caid-commons.org/index.php/Guardians_of_the_High_Road) (http://wiki.caid-commons.org/index.php/Guardians\_of\_the\_High\_Road)

- **Thrown Weapons Practice**

**The first and third Sunday of the month, 11:00am to 2:30pm** at Woodley Park Archery Range, directions are <http://woodleyparkarchers.com/directions.html>

Contact ahead for loaner gear. Lord Everglad is there on most Wednesday nights and Saturday mornings for authorization tests and help in shooting.

Contact the [Thrown Weapons Marshal](mailto:tw@sca-altavia.org) ([tw@sca-altavia.org](mailto:tw@sca-altavia.org)) for more information and to verify dates and times.

## Arts & Sciences

- **Arts & Science Workshops (aka Craft Nights)**

**The 4th Tuesday of the month, 7:00pm to 9:00pm** at CSUN, [Meeting site info](http://www.sca-altavia.org/Meetings/CSUN.html) (<http://www.sca-altavia.org/Meetings/CSUN.html>). Bring your sewing or craft project to work on or help us make Baronial Presentations. The meetings sometimes have a project theme, which is usually published on the [Altavia E-mail list](http://groups.yahoo.com/group/altavia/) (<http://groups.yahoo.com/group/altavia/>).

Contact [A&S Officer](mailto:arts@sca-altavia.org) ([arts@sca-altavia.org](mailto:arts@sca-altavia.org)) for details.

- **Bardic Circle**

Hosted by Baron Sir Charles of Dublin at the home of Baron Sir Robear du Bois. Contact [the A&S officer](mailto:bardic@sca-altavia.org) ([bardic@sca-altavia.org](mailto:bardic@sca-altavia.org)) for directions. The Bardic Circle will be pick, pass or play. For those who are new, this means that, as we go around the circle, you have the choice of:

1. Picking someone to perform something you like or something they want to do
2. Passing your turn to the next person
3. Performing yourself

This way you can relax & listen, perform, hear your favorites, or mix it up.

Contact [The A&S officer](mailto:bardic@sca-altavia.org) ([bardic@sca-altavia.org](mailto:bardic@sca-altavia.org)) for dates, directions, and further information.

- **Children's Activities**

Children's activities are held at every event that Altavia sponsors.

Contact the [Children's Officer](mailto:children@sca-altavia.org) ([children@sca-altavia.org](mailto:children@sca-altavia.org)) for information or offers to help.

- **Culinary Guild**

Special interest group for All Things Delicious to eat and drink, by the Barony of Altavia, the north-west Los Angeles County group of the Society for Creative Anachronism. Everyone is welcome in our discussions of recipes, historical research and events based around the food and beverages of the Middle Ages and Renaissance.

Meetings happen once a month. Contact the Guild through their Facebook page here: <http://www.facebook.com/groups/242868192471271/> or contact Baroness Asakura Mashime for information ([chronicler@sca-altavia.org](mailto:chronicler@sca-altavia.org))

- **Dance Practice**

**Belly Dance every Monday, 7:30pm** at [Verdugo Park](#) in Burbank, 3201 West Verdugo, Burbank CA, 91505. Directions: off of Verdugo, turn North onto California and we are on the right hand side, half way down the block).

Tribal style belly dance practice. We have a mixture of absolute beginners, beginners and old pros. It's outside so dress warmly. Its lots of fun!

We are near the tennis courts and, as we practice next to the Heavies Fighters, just look for the fierce men and women in armor!

**English Country Dance, the 3rd Tuesday of the month, 7:00pm to 9:00pm** at CSUN, [Meeting site info](#).

No previous dance knowledge, equipment, or expertise is needed – but bring water - dancing takes more energy than you think. Garb is encouraged, but not required. The main focus will be English Country dancing, but we may introduce a few sets of some more international dances as well – depending on who is teaching that month. Special instructors and sets may be announced when/if they are known. If you are already skilled at dancing, and are willing to teach a dance or three to others; don't hesitate to contact [Meala Caimbeul](#) and we can make that happen! Likewise, if you want to learn a specific dance – ask and I'll do my very best to make that happen too.

Contact [Baroness Meliora Deverel](#) (bellydance@sca-altavia.org) for more information or to request to join their practice and event information E-mail group. For English Country Dance, contact Meala Caimbeul (dance@sca-altavia.org) for more details.

- **Potters Guild of Caid**

**Meets once a month, contact [Baroness Asakura no Mashi](#) (chronicler@sca-altavia.org) for meeting times and location.** To provide a supportive organization for ceramic artists of all skill levels. To provide an opportunity to network and share knowledge and techniques through workshops, special events, and at Arts and Sciences displays. To provide populace awareness and appreciation for ceramic artists and their work. To promote period creation, education and high quality work among our members.

[Potters guild of CAID Yahoo group](http://groups.yahoo.com/group/Potters_guild_of_CAID/) (http://groups.yahoo.com/group/Potters\_guild\_of\_CAID/)

---

# Copyright Information

---

Fret Knot logo & computer logos – Altavia copyright © 2013  
Cover picture & all period illustrations – Public Domain and  
<http://www.godecookery.com> Feast for the eyes sections.

All articles, poems, interviews and other items published in this newsletter are copyrighted to the respective authors. Please feel free to contact the Chronicler to obtain permission to use such materials.

---

