



Fret Knot

Summer: A.S. XLVII

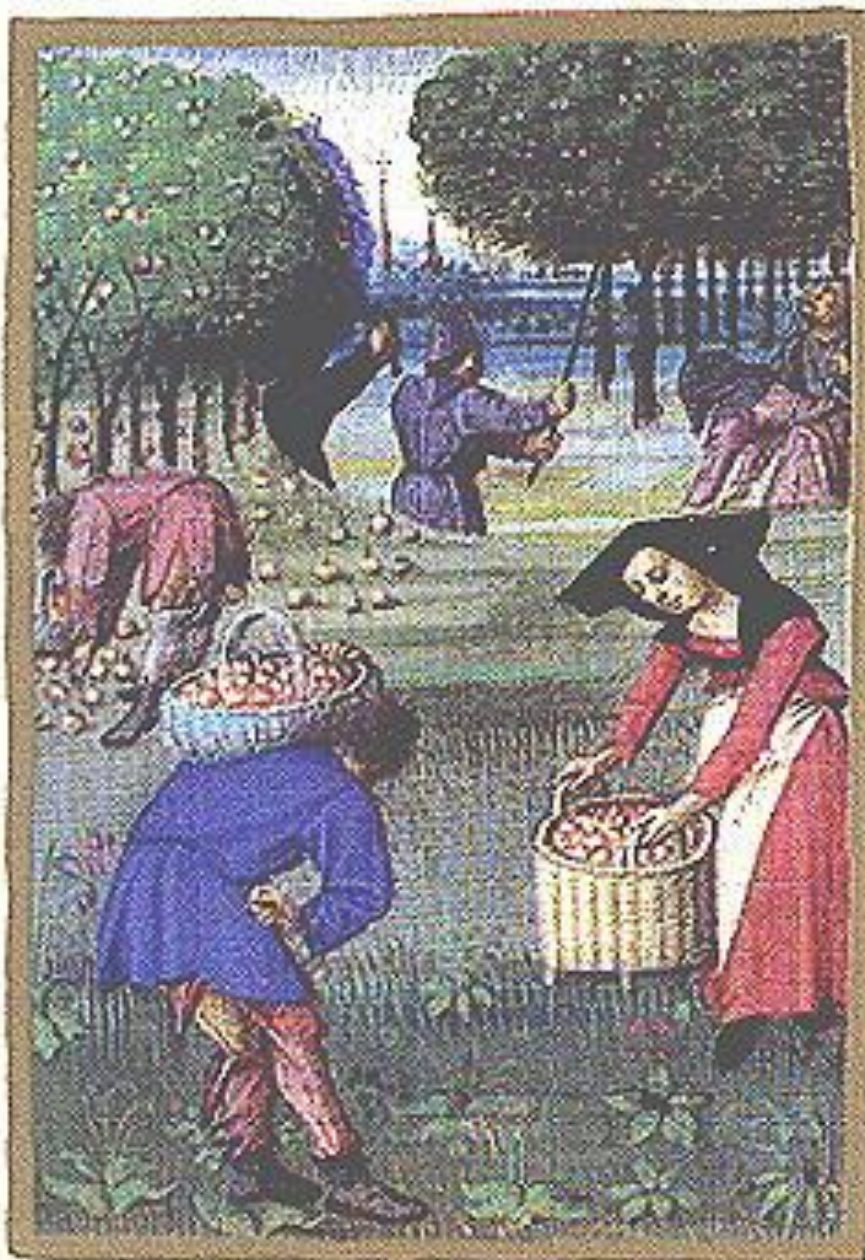
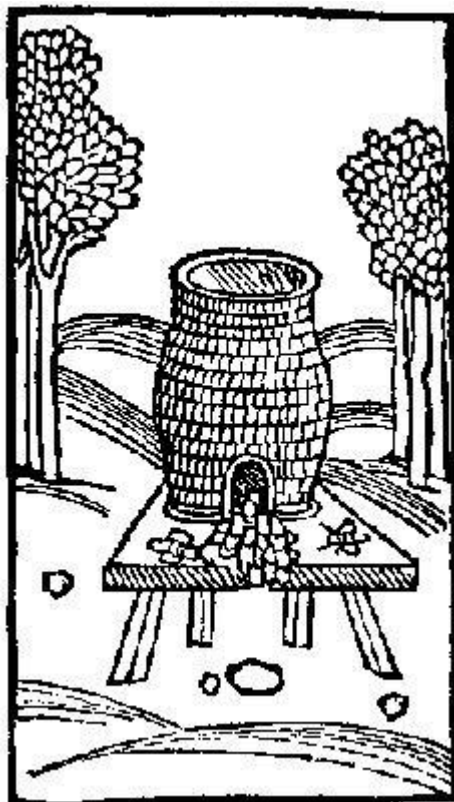


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*"Cultivation to the mind is as necessary as food to the body."
-Marcus Tullius Cicero*

From the Chronicler

Good greetings onto the populace of Altavia,

My name is Asakura Mashime and I am the new chronicler of Altavia. I wanted to first thank Lady Fara for her past work on the Fret Knot and the great job she's done. I look forward to being your baronial chronicler, keeping you all up to speed with what is going on in the Barony as well as giving you all a way to represent and express yourselves to your fellow SCAians. The Fret Knot is a representation of its people, its barony and very much the soul of the Barony. With that, it is completely dependent on your input in order to develop its own voice.

If you are a long time member, you've probably seen the requests for articles, artwork and photos. Perhaps you've thought in the past that you were too busy to submit anything, or that your work wasn't good enough. I'm sure there are many excuses to not send in a snapshot you took at an event of a fight, or perhaps a little doodle your five year old did of dragon... but honestly, none of those excuses help make this newsletter to be really fun to read. The more personal submissions I can get from anyone and everyone, the better that this newsletter will be. From recipes to jokes, from quizzes to word finds, I will publish everything I can in order to share the heart and soul of Altavia, which is you all out there. Show me what you have! Don't be shy. Your voice deserves to be heard.

And if you have feedback on how to make this newsletter better, feel free to contact me as well. I'm easy to reach at chronicler@sca-altavia.org.

Since the next issue will be fall, think of submissions based on fall type themes. In fall comes War after Crown. Have any poems or stories about War? Perhaps a sketch of some costumes you'd like to one day make for an evening when the summer nights are beginning to cool? Put on your creative thinking caps on and send on something. Please don't forget to complete and include the release forms when you do.

Enjoy your summer... see you in three months!

Baroness Asakura Mashime

Okumura, Koichi (1904-74) "Eight Noted Places of Kyoto -- Sanjo_Bridge-Summer"



From Their Excellencies

From the Baron and Baroness

Greetings Altavia! The summer approaches and the warm weather is upon us. We have many upcoming events to keep us busy. We have a new King and Queen, Patrick and Kara, and Pennsic will begin on July 27th.

We had a wonderful time at Altavia Anniversary and we thank you for all your hard work. The new area of the park seemed to be very well received and it looks like we won't have to find another location for our tournament events!

We have some new Champions – Duke Edric Aaron Heartwood is our new Armored Combat Champion, Don Laertes McBride is our new Rapier Combat Champion, Baroness Bridget Lucia MacKenzie is our new A&S Champion!

There were some Officer changes at Altavia Anniversary. Baroness Yssbell inghean Bhaltair is our new Seneschal, Lord Uilliam mor MacGregor and Lady Fara MacGregor are our new Captain of the Guard and Chief Lady-in-Waiting, Lord Nikolaos Phaistos is our new Captain of Archers, Baroness Asakura Mashime is our new Chronicler, THL Thorin O'Seaghda is our new Constable and our new Marshal! We also have some new Deputies – Deputy Marshal for Thrown Weapons is Lord Philip de Greylonde (and he's a Deputy Webwright), Deputy Seneschal is Lord Francisco, Deputy Marshal for Youth Combat is Lady Lyonette de Langeudoc, and Deputy Marshal is Sir Eronric of Devon. We are currently looking for a Deputy Constable so let us know if you are interested.

We want to thank all of the outgoing and incoming Officers for their tremendous service!

Also at Altavia Anniversary, the following awards were given:

Elsbeth Von Strassberg received her AoA
 Yusuf of Altavia received his AoA
 Linda de Luna received her AoA
 Steina Halfdannersdottir received her AoA
 Frederic de Cherbourg received his Lux Caidus
 Nathaniel Longbow received his Dolphin
 Eiríkr Mjoksiglandi received his Dolphin
 Aethelwynne of Ashgrove received her Dolphin
 Philip de Greylonde received his Dolphin
 Martin aus Brandenburg received his Crescent Sword
 Rekon of Saaremaa received her Crescent
 Cristal Fleur de la Mer was elevated to the Order of the Laurel
 Nathaniel Longbow, Nikolaos Phaistos, and Wolfe von Pater received Sable Frets for service to the barony
 Cecilia Medici, Cristof Castellani, Baroness Asakura no Mashi, and Francisco Rojas de Gomez Y Sandoval received augmentations to the Sable Fret for service to the barony
 Baroness Bridget Lucia MacKenzie received an augmentation to the Argent Fret for her continued artistic achievements
 Nikolaos Phaistos and Niccolo de Angelo received Vert Frets for their achievements in combat



Congratulations to all of the award recipients! All were greatly deserved!

Huge thanks to Cecilia Medici and Baroness Asakura no Mashi for doing such a wonderful job of Event Stewarding!

We have Event Stewards for Agincourt in October (thank you Dame Lynnette) and for Yule in December (thank you Flaxen Abbey)!

Altavia will have our usual encampment spot on the water for GWW so if you are interested in camping with the barony, please go to www.caid-gww.org and sign up with our group. You now must pre-register to land allocate and the deadline is August 1st.

Altavia is hosting a big Kingdom event for the first time in several years and we are excited to have the opportunity. We will be sponsoring Spring Crown Tournament and Privy Council meeting on February 23rd and 24th of 2013. We would like to

start looking for an Event Steward or co-Event Stewards soon so that we can get the planning underway. If you are interested let us know! We believe that the new area of Veteran's Park will accommodate the Crown tournament but we need to find a location for the Privy Council meeting on Sunday, the 24th. It should be able to accommodate up to 50 people for 4-6 hours and not be too expensive.

Our barony is happy and thriving thanks to the great group of people we have around us. We want to continue in our efforts to keep this game fun and we encourage you to come to us with any issues or concerns. We are at your service!

Yours in service to the Barony,

Baron Secca and Baroness Meliora



Upcoming Events

Saturday, July 7 -- CP Prize (Gyldenholt)
Thursday, July 12 -- Iron Brigade Demo at Comic Con (Calafia)
Friday, July 13 -- Iron Brigade Demo at Comic Con (Calafia)
Saturday, July 14 -- Iron Brigade Demo at Comic Con (Calafia) & Festival of the Rose / Dreiburgen Summer Arts
Sunday, July 15 -- Iron Brigade Demo at Comic Con (Calafia)
Saturday, July 21-- Lyondemere Anniversary
Friday, July 27 -- Pennsic War (East Kingdom)
Saturday, July 28 -- Pennsic War (East Kingdom) & Games Tourney (Starkhafn) & Caid Rapier Open (Altavia)
Sunday, July 29 -- Pennsic War (East Kingdom)
Monday, July 30 -- Pennsic War (East Kingdom)
Tuesday, July 31-- Pennsic War (East Kingdom)
Wednesday, August 1 -- Pennsic War (East Kingdom)
Thursday, August 2 -- Pennsic War (East Kingdom)
Friday, August 3 -- Pennsic War (East Kingdom)
Saturday, August 4 -- Pennsic War (East Kingdom) & Desert Oasis Tourney (Naevehjem)
Sunday, August 5 -- Pennsic War (East Kingdom) & Desert Oasis Tourney (Naevehjem)
Monday, August 6 -- Pennsic War (East Kingdom)
Tuesday, August 7 -- Pennsic War (East Kingdom)
Wednesday, August 8 -- Pennsic War (East Kingdom)
Thursday, August 9 -- Pennsic War (East Kingdom)
Friday, August 10 -- Pennsic War (East Kingdom)
Saturday, August 11 -- St. Corrigan's Day (Dreiburgen)
Saturday, August 18 -- Fall Crown (Darach)
Saturday, August 25 -- Leodamus of Thebes Tourney (Calafia)
Wednesday, August 29 -- Outlands Battlemoor III
Thursday, August 30 -- Outlands Battlemoor III & Highland War (al-Sahid)
Friday, August 31 -- Outlands Battlemoor III & Highland War (al-Sahid)
Saturday, September 1 -- Outlands Battlemoor III & Highland War (al-Sahid)
Sunday, September 2 -- Outlands Battlemoor III & Highland War (al-Sahid)
Monday, September 3 -- Outlands Battlemoor III & Highland War (al-Sahid)
Saturday, September 8 -- Angels Anniversary
Saturday, September 15 -- Calafia Equestrian Champion & Knewbie Knockabout (Wintermist)
Saturday, September 22 -- Longsword/Greatsword Tourney (Calafia: Canton of Summergate)
Wednesday, October 3, 2012 -- Great Western War
Thursday, October 4, 2012 -- Great Western War
Friday, October 5, 2012 -- Great Western War
Saturday, October 6, 2012 -- Great Western War
Sunday, October 7, 2012 -- Great Western War
Monday, October 8, 2012 -- Great Western War
Saturday, October 13, 2012 -- Leif Erikson Tourney (Calafia)
Saturday, October 20, 2012 -- Harvest Feast and Arts (Carreg Wen) & QC Archery (Fall) (at GWW/?) (Angels)
Saturday, October 27, 2012 -- Dreiburgen Anniversary

Sunday, October 28, 2012 -- Agincourt Tourney (Altavia)
Saturday, November 3, 2012 -- Fall Coronation / QC (Starkhafn)
Sunday, November 4, 2012 -- Fall Coronation / QC (Starkhafn)
Friday, November 9, 2012 -- Known World Academy of the Rapier/Known World Costuming Symposium (Middle Kingdom)
Saturday, November 10, 2012 -- Known World Academy of the Rapier/Known World Costuming Symposium (Middle Kingdom) & Calafia Anniversary & Isles Anniversary
Sunday, November 11, 2012 -- Known World Academy of the Rapier/Known World Costuming Symposium (Middle Kingdom)
Saturday, November 17, 2012 -- Naevehjem Anniversary
Saturday, December 1, 2012 -- Winter Arts (Calafia) & Wintermist Anniversary
Saturday, December 8, 2012 -- Altavia Yule & Gyldenholt/Lyondemere Yule & Nordwache Yule
Saturday, December 15, 2012 -- Angels Yule & Dreiburgen Yule & Dun Or Yule & Starkhafn Yule



This is the summer 2012, issue of the **Fret Knot**, a publication of the Barony of Altavia of the Society for Creative Anachronism, Inc. (SCA, Inc.). The **Fret Knot** is available from **Mercy Neumark** (Baroness Asakura Mashime) at chronicler@sca-altavia.org. It is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies.

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The Fret Knot is provided free of charge; and can be downloaded from the *Altavia* Yahoo!© Group website: <http://groups.yahoo.com/group/Altavia/>. Membership in the online *Altavia* group is free and open to the public, though initial posts are moderated.

Submission Guidelines: Just do it! (chronicler@sca-altavia.org.)

Hark the Heralds

There are some new rules... er, Standards in Town!

Up until the mid-1970's, there were no official rules for determining whether a submitted device was registerable or not. So, Joseph of Locksley (Laurel in 1973) could simply say "device X is too close to device Y", and return it without further comment.

The rules that were adopted in the 1980's were an attempt at quantifying just how different 2 devices were. This first attempt involved finding major and minor points of difference. It was replaced in the 1990's with counting "clear visual differences" (or "clear differences - CD's). The complexity of a device was also quantified - the number of charge types plus the number of tinctures. The magic number was (and still is) 8.

Beyond quantification, there was an attempt at defining the style and content of medieval armory. This attempt has been continued and expanded in the new rules, called the "Standards for Evaluation of Names and Armory" (SENA), approved by the Board of Directors in April. SENA will replace the old Rules for Submission (RFS) in October.

The short story: most of the names and arms you can register under the old rules will still work with the new ones.

The long story: SENA has:

1. Expanded its discussion of non-personal names (eg, names for households, awards, territories)
2. Provided a slightly different way of determining conflict between names.
3. Provided a more restricted way of determining conflict between devices with charges on charges. For example - device X has a white bend with 3 black roundels. Device Y has a white bend with 3 black cats. Under the RFS, there is NO difference between the two bends. But with SENA the two bends ARE different, and you get one DC (SENA calls them 'DC's rather than 'CD's.)
4. Provided more ways for primary charges to avoid conflict. For example - Device X is a white field with one black lion. Device Y is a white field with 3 black lions. Under the RFS, these devices conflict. Under SENA, they do not. SENA considers changes in type, number, arrangement and posture to the primary charge group to be a substantial change (which is more than a distinct change,) hence there is no conflict.
5. Added some REALLY interesting appendices that specify attested patterns for names and arms (thus creating one more place to go to form your name, or design your device.)
6. Allowances for bynames to be registered that make claims to rank. This allowed for someone if they have a rank in the SCA, and if that rank is permanent (so, court barons are OK, but not landed barons - sorry Secca!)

SENA has only been official for about 2 months, so we haven't seen much of a change yet. Currently, we are in the 6-month period where we are using both sets of rules (we did this before in the 1990's, when the RFS was first introduced.) Looking through some of the recent submissions, most of what is passing appears to be doing so under both sets of rules. The ones that need the help of SENA are the devices with tertiaries (charges on charges.)

SENA was written in such a way that it appears to assume that people will research names and arms in order pass things having a pattern not included in SENA's appendices. So - get reading and documenting!

--*JHL* Damien Von Baden



You and the *Compendium Caidis* (aka the Caid wiki)

wiki.caid-commons.org

By: Baroness Lynnette de Sandoval del Valle de los Unicornios

The *Compendium Caidis* wiki website contains over 6,000 pages that display knowledge gained from every facet of Caidan and SCA life, and provide a means by which the populace of Caid can share knowledge with others.

This is a fantastic resource for people and things Caidan; it is a valuable history of Caid as well as a good place for current information.

The main page includes links to the following pages:

- Activities** -- Types of activities happening at events, practices: A&S, Combat, Games, and more.
- Articles** -- Articles of interest to Caidans.
- Awards** -- About Caidan Awards.
- Bardic Arts** -- About bardic groups, works, and activities.
- Baronage** -- About Caid's Barons and Baroness, and links to the Caid barony wiki pages.
- Caid** -- About our Kingdom.
- Charities** -- About charitable causes we've contributed to within the Society and in the modern community.
- Equestrian** -- About Equestrian activities and equestrians in Caid.
- Events** -- About past events held in Caid.
- Groups** -- Kingdoms, Territories, Guilds, Households, Peers, White Scarves, Warbands.
- History** -- Tales, pictures, and references to the history of Caid.
- Households** -- About households in Caid.
- Memoriam** -- In Memoriam to those who have gone before us.
- Officers** -- Listings of current and previous Kingdom officers of Caid
- Peers** -- About the peers and peerages of Caid: Chivalry aka Knights (Armored Combat), Laurels (Arts & Sciences), Pelicans (Service), Royal Peerage (Previous Kings, Queens, Princes, and Princesses).
- Populace** -- Index of wiki pages for individuals in Caid.
- Results** -- Results from previous Caidan events.
- Roses** -- About the Order of the Rose for the SCA which was founded in A.S. II by Queen Sheryl of Thespis (now known as Countess Amina Sherana de Talavera) to honor those who had been Queen.
- Royals** -- About previous and current Kings and Queens of Caid.
- Scribes** -- About the Scribal Arts, including links to photos of scrolls created in Caid.
- Showcase** -- A showcase of some fantastic Caidan Artists!
- Territories** -- About Caidan territories: Baronies, Shires, Cantons, and Colleges.
- Trivia** -- Caid trivia questions.
- Warbands** -- About warbands in Caid.
- White Scarves** -- About the Order of the White Scarf, which is awarded for outstanding ability in rapier combat.

A couple of other fun links to browse around in are: "Pages of the Month" in the Contents box in the middle of the main page. And "**Random Page**" on the left side of the page, a few items down from the Caidan Device.

And, of course, each page also contains a search field on the left hand side of the page.

Take a cruise around the *Compendium Caidis*, you'll be glad you did!

The *Compendium Caidis* contains over 4,000 "Populace" pages, each of these pages is devoted to information about an individual Caidan -- listing their contributions in service, arts, a combat; persona information; achievements; and more.

Each member of the Caidan populace is welcome and encouraged to create and update a page about themselves. This is our record of our group, and we're all part of that!

The *Compendium Caidis* is built by the members of Caid, you too can get access to create and edit pages -- on the main page "Contents" box, click on "New Users".

Or you can submit information to request that Compendium editors create the page for you. Do that via the Wiki Profile Assistant at wiki.caid-commons.org/profileassistant.php

Use the Wiki Profile Assistant form to submit information regarding your persona for publication in *Compendium Caidis*. An editor will receive your submitted form and include the information on a "Populace" page filed under your SCA name. Information submitted may be edited at any time after publication.

The form will ask for the following information ... if a question doesn't apply, don't worry, just leave it blank. If at some time in the future you now have entries for that field, you can submit that info then, and the wonderful editors will update your page!

- What is your persona name? (This is the one requirement ... all populace entries are listed by persona name, so you must have one at least submitted to the Heralds to create a page.)
- Please describe your Persona (if you have one)
- What territory do you belong to? (What's your home group, or the group you play with the most?)
- What is your Status? (Active, semi-active, etc.)
- What households do you belong to? Who are your knight or squires? Your mentor or proteges? Your don or students? Etc.
- What offices have you held in the SCA?
- What Events have you staffed?
- What Projects & Publications have you been involved in?
- Anything else you would like to include? (for example, website URL?)
- Personal Photo / Photo Caption / Photographer (This should be in garb so we know what you look like at events)
- Device Photo / Device Caption. / Artist



St. Firmin

Greetings Altavians!

The College of Saint Firmin was officially made a college at Altavia Anniversary and the college would like to thank everyone in the Barony that supports our efforts.

We had members that attended Anniversary as their first SCA event and they had a great time, and our members plan on attending more events.

Because of summer the College is holding fewer meetings, Council meetings and Art & Science meetings are still happening on the second and fourth Tuesdays of each month (respectively).

We will resume our game nights in September, which are held on the first Tuesday of each month. There are also Thursday night fighter practices happening in Northridge recreation center every week.

Here are the next few meetings and details for them:



- June 26th, A&S night in the Balboa room
- July 10th Council meeting in the Balboa room
- July 24th A&S night in the Balboa room
- August 14th Council meeting in the Ventura room
- August 28th A&S night in the Balboa room
- Sept 4th Game night in the Balboa room
- Sept 11th Council meeting in the Burbank room

The address is 18111 Nordhoff Street, Northridge, CA 91330. Which is California State University Northridge's address, but the meetings take place on campus in the University Student Union, most easily accessible from Zelzah and turning onto Prairie. (Parking on campus lots is \$6.00 and is enforced.) There are campus maps on the Barony website or on CSUN's website.

All meeting are from 7-9 pm. See you there!

Lady Lina de Lune

Water, Chilled and Cooled

Contributed by THL Johnnae Ilyn Lewis, CE

The popular media today offers the modern consumer unlimited daily doses of health and dietary advice and information. Today's headlines often contain warnings and advice regarding bottled water versus tap water, undesirable trace elements in public water, and the proper quantity of water to consume in a modern diet. Perhaps the oft quoted eight cups a day requirement is correct or perhaps this suggested amount is really all wet. Perhaps drinking lots of water doesn't actually provide any clinical, scientifically verifiable health benefits at all.

We might think that such advice is totally modern, but of course it's not. A thousand years ago the author Ibn Sayyār al-Warrāq devoted two chapters of his tenth century Baghdadi cookbook to the subject of water. We are very lucky that Nawal Nasrallah in **Annals of the Caliphs' Kitchens: Ibn Sayyār al-Warrāq's Tenth-Century Baghdadi Cookbook** has provided us with a marvelous new English translation. Chapter 110 (in translation) is titled: *Measures Taken When Drinking Water Cooled in Muzammala' or Chilled with Crushed Ice (Thalj Madrub)*. Yes, that is correct; the text reads "Water... Chilled with Crushed Ice..." This is not the way that people have previously thought about water as a beverage when they considered Baghdad of the tenth century. Sample a hundred people at any Society event and no doubt no one would associate medieval Baghdad with chilled or iced drinking water. To most who read them, these chapters will prove to be simply astonishing.

Here we read "Ice-chilled water (ma al-thalj) should be taken in small amounts when having a meal, and only sparsely. In such a case drinking it in small quantities will do no harm." We are also told later in the same chapter "people with weak nervous systems or cold stomachs and livers should shun ice-chilled water." The author concludes this chapter by saying that "Water is good, and drinking it according to these regulations will benefit the body and keep it strong."

Chapter 111 is titled (in translation): *Qualities of Air-Cooled Water (Ma' Mubarrad Bi'l-Hawa'*. Here we read: "Know that water preserves the body's innate moisture... Know also that the best and the most beneficial water is the lightest in weight, the fastest to heat up or cool down, and the sweetest in taste." Again we read: "Water chilled with ice or water which of itself is as cold, will awaken and arouse the drinker if taken first thing in the morning." One is also cautioned that "Chilled water that is too cold to enjoy causes flatulence... it is not good."



So here we have advice from tenth century Baghdad as to the drinking of water, chilled and iced. Nasrallah also includes some material on how they managed their ice supplies in early medieval Baghdad. In another new work, Professor Paulina Lewicka examines the foods and foodways of medieval Cairo; she also provides a chapter on drinking water in Cairo with an emphasis on sources, medieval water purification, and transportation. Despite mostly coming from the polluted Nile, the water of medieval Cairenes had the reputation for being sweet tasting, good, and healthy. Lewicka also mentions the desire for cooled and iced drinks. Residents of Cairo, just like those of Baghdad, made use of special cooling jars and porous pottery that lowered the temperature of water held in it by a few precious degrees.

For the wealthy there were other options. “The rulers of Egypt,” Lewicka writes, “from Fatimids to Mamluks, wanted it [the beverage water] still cooler and in order to quench their summer thirst with refrigerated water, ice/snow was imported from Syria to Cairo.” In Mamluk times, this ice was even stored in the royal *sharab khana* in the Citadel. For all Arabs, including the medieval Arabs of a thousand years ago, “water was” in the words of the Prophet, “the master of all drinks, in this world and in the hereafter.”

All in all this idea of period or medieval water being appropriately served as chilled or even iced is certainly something to mull over on the warm spring and hot summer days ahead.

Sources:

Annals of the Caliphs' Kitchens: Ibn Sayyār al-Warrāq's Tenth-Century Baghdadi Cookbook. English Translation with Introduction and Glossary by Nawal Nasrallah. Leiden and Boston: Brill, 2007. Now also in paperback.

Lewicka, Paulina B. **Food and Foodways of Medieval Cairenes: Aspects of Life in an Islamic Metropolis of the Eastern Mediterranean.** Leiden and Boston: Brill, 2011.

Nasrallah, Nawal. **Delights from the Garden of Eden. A Cookbook and a History of Iraqi Cuisine.** 1stBooks, 2003. 1-4033-4793-X Contains additional information on the drinking of ice-cold water and cooling beverages in medieval Iraq.

Upcoming Baronial Events

ALTAVIA EQUESTRIAN CHAMPIONSHIP TOURNAMENT!

Saturday, June 30, 2012

“Inconceivable!” It’s time once again for Altavia’s Equestrian Championship Tournament! Please join us on Saturday, June 30th at Conejo Creek Equestrian Park 1350 E. Avenida de las Flores, Thousand Oaks, CA, 91360, as our Baronial Equestrian Champion is determined, “Princess Bride” style!

Schedule of the day:

8:00am Site Opens

9:00am List Opens

10:00am Opening Court

4:00pm Closing Court

6:00pm Site Closes

Directions: From the Valley, take the 101 North toward Ventura and continue onto CA-23 N (signs for Fillmore). Take exit 14 for Janss Road. Turn left onto E Janss Road. Take the first right onto Montgomery Road. Turn right onto E Avenida De Las Flores and follow the signs to the Equestrian Park, which will be on the right.

Site Fee(s):

\$5.00 for members (w/proof of membership); 3\$ for children 4-12; Children 3 and under are free. A \$5.00 non-member surcharge will apply for non-members over the age of 12.

Make check payable to: SCA Inc./Barony of Altavia.



Please contact our Event Steward, Lady Lysette at equestrian@sca-altavia.org with any questions and check the Events section at www.sca-altavia.org for updated information.

Upcoming Baronial Events

CAID RAPIER OPEN IS BACK!

July 28, 2012

A full day of fighting and the opportunity to be the next Rapier Champion of Caid. Combat will be in a double elimination format, with each fight being a best two out of three. Just to make it a little more interesting, we will be rolling giant dice to determine the weapons for your secondary hand.

Additional Information: In addition to fighting, there will be a fiber play day. Additionally, Lady Medb Ingen Eochaid will be teaching a button making class.

Site fee(s):

\$7 for members.

Children 9 and under are guests of the barony.

\$5 non-member surcharge.

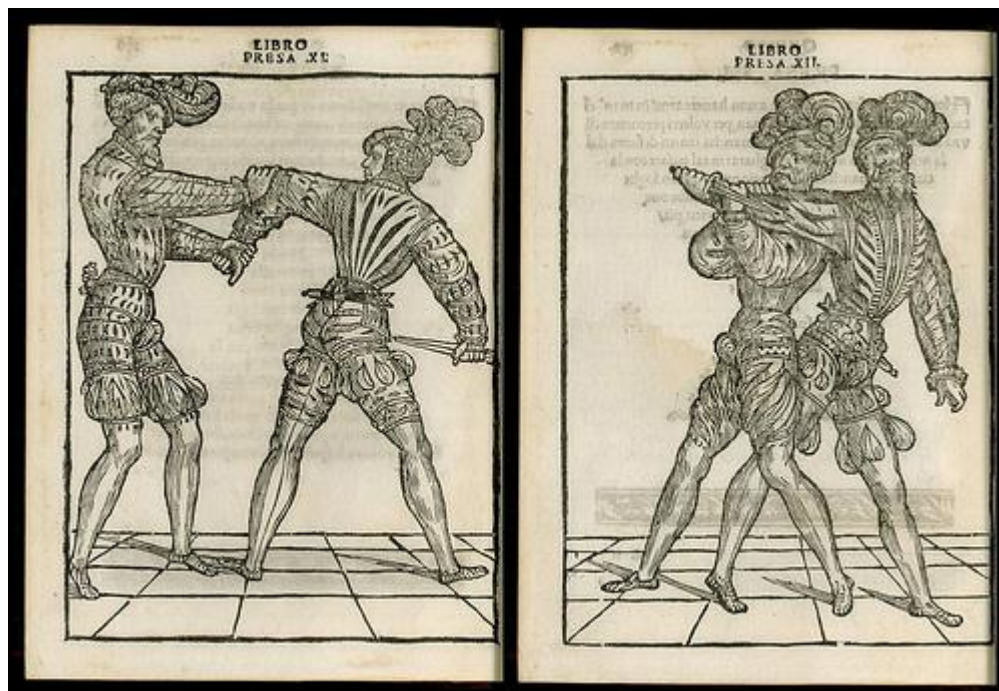
Make check payable to: SCA Inc./Barony of Altavia

Merchant Information: No merchenting allowed on site.

Site Name: Eagle Rock Recreation Center Address: 11000 Eagle Vista Dr., Los Angeles, Ca 90041

Directions to the event: From the West -- Favorite freeway to CA 134, off at Figueroa Blvd. Turn Rt (S) and take the 1st Rt - Eagle Vista Dr. From the East/South Favorite freeway to CA 134, off at Figueroa Blvd. Turn Lt (S) and take the 1st Rt - Eagle Vista Dr. The park is on the corner of Figueroa and East Vista Drive. There is a parking lot on the end by the main building or park along the street. We will be in area #3, by the playground.

Event Stewards: [THL Tezar of Aeolis](#) and [Lord Nathaniel Longbow](#) at Caidrapier2012@yahoo.com



Altavia Current Champions

- ✠ Archery **THL James Everglad** 10/23/11
- ✠ Armored Combat **Duke Edric Aaron Hartwood** 5/11/12
- ✠ Arts & Sciences **Baroness Bridget Lucia Mackenzie** 5/11/12
- ✠ Bardic **Baroness Bridget Lucia Mackenzie** 12/10/11
- ✠ Chess **Natasha Bersov** 12/10/11
- ✠ Equestrian **Alissa Charvonja** riding **Wonder** 5/14/11
- ✠ Rapier Combat **Don Laertes Blackavar McBride** 5/11/12
- ✠ Thrown Weapons **Ihon MacLucas** 10/23/11
- ✠ Youth Archery **Joseph of Altavia** 10/23/11
- ✠ Youth Combat (0 to 6 years) - **Nicholai Stagghorn** 5/11/12
- ✠ Youth Combat (7 to 9 years) - **Dakota** 5/11/12
- ✠ Youth Combat (10 to 13 years) - **Dante** 5/11/12
- ✠ Youth Thrown Weapons **Lady Kora Aelfbairn** 10/23/11



OUR OFFICER REPORTS

~~~~~ *Thrown Weapons Deputy: THL Cecilia di Medici*

Here is a report of what went on at Potrero: We held a Pirate themed weekend. Friday was Practice open Throw for adults and youth. We had a good size group of all ages come out. On Sat. we set up a special pirate novelty competition for youth and adults while keeping the open range running for those who did not wish to compete.

The youth competition started off with water balloons thrown at the scarecrow pirate with the parrot on his shoulder. They had to hit the pirate or bird and break the balloon to score points. There were 7 competitors.

Next they threw knives (3 at @ target) at the different targets that were set up. Points were given every time they stuck a knife. They went through each target 2 times.

1st place Nicholai Staghorn - Altavia

2nd place Alexandria Brude- Califia

3rd place Dakota

The adult competition: there were 18 competitors. 3 axes thrown at a pirate map propped up off ground stick for points. 5 knives thrown at suspended targets (hung like a mobile) they twisted and moved. 4 spears thrown at scarecrow pirate's parrot on his shoulder you also had 2 goth crosses to throw at the scarecrow pirate. There was a tie and a run off between

Ihon Mac Lucas of Carrigwen and Philip de Greylonde of Altavia

Philip won the tie breaker Angus Brude was 3rd

Sunday we had more open throwing and part two of the Potrero Championship. We had 15 competitors.

The throw was 5 knives, axes, and spears from 10'. We had 3 categories youth, Beginners and everyone else.

Youth - 1st place Vincent

2nd place - Nicholai

3rd place - tie Bill & Patrick

(one point behind them was Lindsay in 4th)

Beginners: 1st place - Joshua

2nd place - Siri

The winner for this competition was Angus Brude

2nd was Ihon Mac Lucas

Overall Potrero winner was Angus Brude of Calafia the reigning champion.

Baronial Officers

Baron is THL Secca of Kent	(Baron@sca-altavia.org)
Baroness is THL Meliora Deverel	(Baroness@sca-altavia.org)
Chief Lady-in-Waiting is Lady Fara MacGregor	(court@sca-altavia.org)
Captain of the Guard is Lord Uilliam mór MacGregor	(guard@sca-altavia.org)
Seneschal is Baroness Yssbell inghean Bhaltair	(seneschal@sca-altavia.org)
Deputy Seneschal Lord Francisco Rojas de Gomez Y Sandoval	
Captain of Archers is Lord Nikolaos Phaistos	(archery@sca-altavia.org)
Deputy Captain of Archers is THL Cristof Castellani	
Arts & Sciences Officer is Lady Aethelwyn of Ashgrove	(arts@sca-altavia.org)
Deputy A&S is THL Madelena Hidalgo de Valencia	
Chatelaine is Mistress Bridget Lucia Mackenzie	(chatelaine@sca-altavia.org)
Children's Minister is THL Cecilia di Medici	(children@sca-altavia.org)
Deputy Children's Officer is THL Tezar of Aeolis	
Chiurgeon is Lord <i>Caine</i> Dorcha	(chiurgeon@sca-altavia.org)
Deputy Chiurgeon is THL Cecilia Medici	
Chronicler is Baroness Asakura Mashime	(chronicler@sca-altavia.org)
Deputy Chronicler is Lady Catriona inghean Diarmada	
Constable is THL Thorin O'Seaghda	(constable@sca-altavia.org)
Exchequer is Eirikr Mjoksigliandi	(exchequer@sca-altavia.org)
Deputy Exchequer is Lady Leonor de Sevilla	
Herald (<i>Sable Fret Cornet</i>) is THL Damien von Baden	(herald@sca-altavia.org)
Court Herald is THL Tezar of Aeolis	
Lists Officer is THL Matlens Litovka	(lists@sca-altavia.org)
Marshal is Sir Thorin O'Seaghda	(marshal@sca-altavia.org)
Deputy Marshal is Sir Eronric of Devon	
Deputy Marshal for Equestrian is Dona Lady Virgina Read	(equestrian@sca-altavia.org)
Deputy Marshal for Armored Combat is Sir Thorin O'Seaghda	(marshal@sca-altavia.org)
Deputy Marshal for Rapier is Don Colwyn Stagghorn	(rapier@sca-altavia.org)
Deputy Marshal for Thrown Weapons is Lord Philip de Greylonge	(tw@sca-altavia.org)
Thrown Weapons Deputy is THL Cecilia di Medici	
Deputy Marshall For Youth Combat is Lord Uilliam of Altavia	(youthcombat@sca-altavia.org)
Scribe is Ysabel d'Outremer	(scribe@sca-altavia.org)
Webwright is Dame Lynnette de Sandoval del Valle de los Unicornios	(webwright@sca-altavia.org)
Deputy Webwright is THL James Everglad	

Altavia's College of Saint Firmin

College of Saint Firmin website: www.collegeofstfirmin.org

The College's Seneschal / President is Lina de Lune	(firminseneschal@sca-altavia.org)
The College's Exchequer / Treasurer is Lina of St. Firmin	(firminexchequer@sca-altavia.org)
The College's Arts & Sciences Officer / Secretary is Temperance Raynscofte	(firminarts@sca-altavia.org)

Ways to Stay Connected

Altavia has numerous ways of keeping in contact with you, keeping you informed and active. We welcome you to participate however way you feel most comfortable with. Here are several links in order to always keep up with what's going on with the Barony and the SCA.

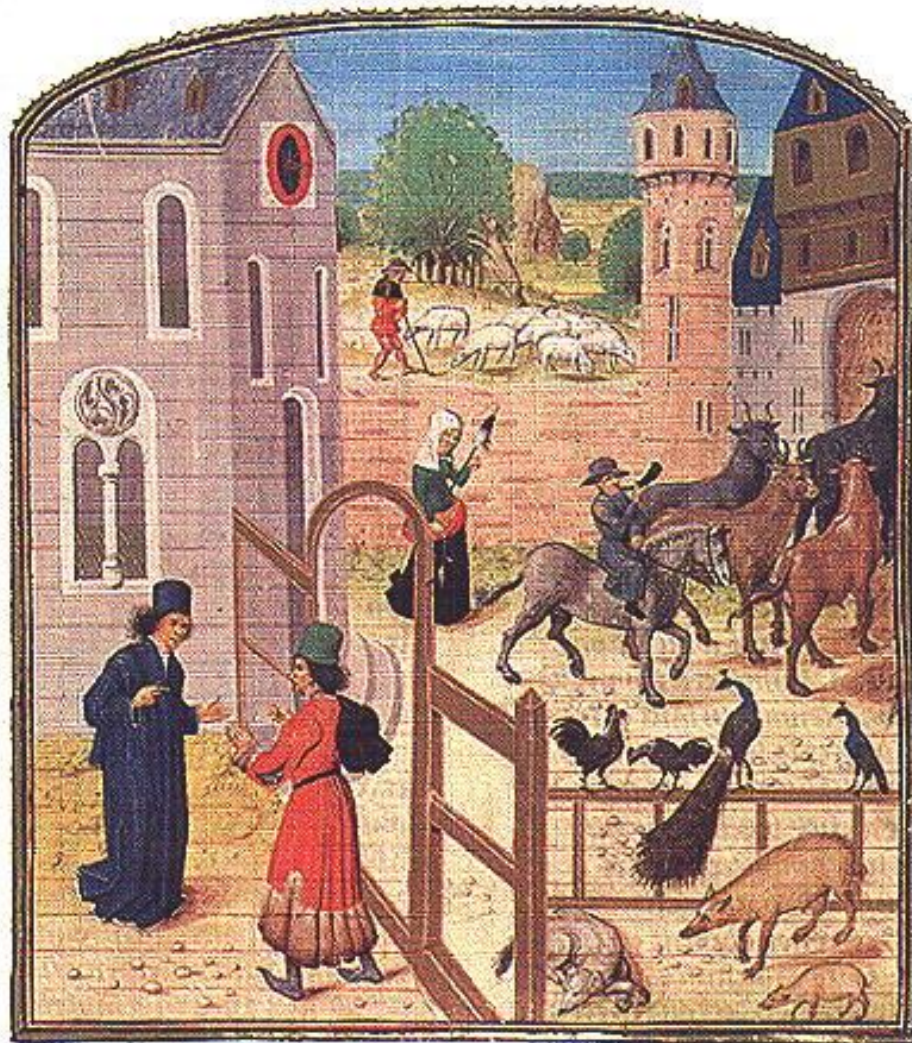
Altavia's Website: www.sca-altavia.com

Altavia's Yahoo Groups Page: <http://groups.yahoo.com/group/Altavia/join>

Altavia's Facebook Page: <http://www.facebook.com/groups/297336603655499/>

CAID's Website: <http://sca-caid.org/>

CAID's Facebook Page: <http://www.facebook.com/groups/3533625108/>



Meetings & Practices in the Barony

Business Meetings

- **Council Meeting**

2nd Tuesday of the month, 7:00pm at CSUN: Meeting room, parking info and maps are available on the [CSUN Meeting Site Info page](http://www.sca-altavia.org/Meetings/CSUN.html): <http://www.sca-altavia.org/Meetings/CSUN.html>

This is the monthly business meeting for the group. There are officer reports, event reports, discussion of Baronial involvement at the Kingdom Level, choosing new officers, when necessary, and announcements. Baronial decisions are made here, and you do have a voice. **Everyone is welcome (and encouraged) to attend the meeting!**

Pre-Meeting work session and officers arrive by 7:00pm. Meeting starts at 7:30pm.

Contact the [Seneschal](#) for details

- **Newcomers' Meeting**

Once a month, usually on the 4th Monday of the month, 7:00pm at [Verdugo Park](#) in Burbank, 3201 West Verdugo, Burbank CA, 91505. Directions: Off of Verdugo, turn North onto California and we are on the right hand side, half way down the block near the tennis courts. This is the same location as our weekly Fighter Practice.

We meet at the stone tables next to the restrooms; look for Bridget's Red Lantern!

These classes cover a general overview of the SCA and the types of events we hold in Caid. Please bring your questions and wonderful smiles. We look forward to seeing everyone there!

This is the plan for our Newcomers Meetings!

- Jun 25, 2012 -- Maps and Organization of the SCA
- Jul 23, 2012 -- Martial Arts
- Aug 27, 2012 -- Arts and Sciences
- Sept 24, 2012 -- Camping in the SCA
- Oct 22, 2012 -- Mock Court
- Nov 26, 2012 -- Heraldry and Persona
- Dec 2012 -- Happy Holidays!

Contact the [Chateline](#) (chatelaine@sca-altavia.org) for directions.

Combat Practices

- **Archery Practice**

The first and third Sunday of the month, 11:00am to 3:00pm At Woodley Park Archery Range, directions are <http://woodleyparkarchers.org/direction>

Additional practice times are available most **Tuesday and Friday nights**. Contact the [Captain of Archers](#) to verify dates and times.

Contact ahead for loaner gear. Lord Everglad is there on most Wednesday nights and Saturday mornings for authorization tests and help in shooting.

Contact the [Captain of Archers](#) (archery@sca-altavia.org) for more information.

- **Equestrian Practice**

Practices are held on various Fridays of every month, 6:30-8:30PM at Conejo Creek Equestrian Park, 1350 Avenida de las Flores, Thousand Oaks, CA 91360.

Open to any participants regardless of territory of residence. Rider must bring their own mounts. Unmounted ground crew training available. Authorizations available. Jousting, mounted combat, crest combat, mounted games, marshalette/marshalette-in-training, and general riding authorizations available on site. General driving and driving games authorizations available subject to prior coordination. Mounted archery authorizations available offsite. Riders are advised to bring their normal tack and equipment. No rental horses are available. Minors must have a parent or guardian present at all times.

Please contact the [Marshal in Charge: Lady Lysette](#) (equestrian@sca-altavia.org). For more information, visit the [CAID equestrian site](#) (<http://equestrian.sca-caid.org/>) or the [Altavia Equestrian webpage](#). (<http://www.sca-altavia.org/Meetings/Equestrian/index.html>). Join the [Altavian Equestrian Email group](#) (<http://groups.yahoo.com/group/AltavianEquestrian/>)

2011 Schedule:

- July 13, 2012
- Aug. 10, 2012
- Sept. 14, 2012
- Nov. 9, 2012
- Dec. 14, 2012

- **Fighter Practice -- Armored Combat**

Every Monday, 7:00pm to 9:30pm at [Verdugo Park](#) in Burbank, 3201 West Verdugo, Burbank CA, 91505. Directions: off of Verdugo, turn North onto California and we are on the right hand side, half way down the block near the tennis courts.

Contact the [Heavy Weapons Marshal](#) (heavy@sca-altavia.org) for more information or to request to join the [practice information E-mail list](#) (<http://groups.yahoo.com/group/fretfights/>).

Every Thursday, 7:00pm to 9:00pm at [Northridge Park](#), 18300 Lemarsh St. Northridge, CA 91324. Find us on the Reseda Blvd. side of the park. Hosted by St. Firmin. Contact the [THL Owain ap Gwyllim Pengryth](#) for more information.

[Guardians of the High Road webpage](#) (http://wiki.caid-commons.org/index.php/Guardians_of_the_High_Road)

- **Fighter Practice -- [Rapier](#)**

Every Monday, 7:30pm to 9:30pm at [Verdugo Park](#) in Burbank, 3201 West Verdugo, Burbank CA, 91505. Directions: off of Verdugo, turn North onto California and we are on the right hand side, half way down the block near the tennis courts.

Contact the [Rapier Marshal](#) for more information

Every Thursday, 7:00pm to 9:00pm at [Northridge Park](#), 18300 Lemarsh St. Northridge, CA 91324. Find us on the Reseda Blvd. side of the park. Hosted by St. Firmin. Contact the [THL Owain ap Gwyllim Pengryth](#) for more information.

[Guardians of the High Road webpage](http://wiki.caid-commons.org/index.php/Guardians_of_the_High_Road) (http://wiki.caid-commons.org/index.php/Guardians_of_the_High_Road)

- **Fighter Practice -- Youth Combat**

Twice a month - 2nd and 4th Mondays, 7:30pm to 8:00pm at [Verdugo Park](#) in Burbank, 3201 West Verdugo, Burbank CA, 91505. Directions: off of Verdugo, turn North onto California and we are on the right hand side, half way down the block near the tennis courts.

Contact the [Youth Combat Marshal](#) for more information

[Guardians of the High Road webpage](http://wiki.caid-commons.org/index.php/Guardians_of_the_High_Road) (http://wiki.caid-commons.org/index.php/Guardians_of_the_High_Road)

- **Thrown Weapons Practice**

The first and third Sunday of the month, 11:00am to 2:30pm at Woodley Park Archery Range, directions are <http://woodleyparkarchers.com/directions.html>

Contact ahead for loaner gear. Lord Everglad is there on most Wednesday nights and Saturday mornings for authorization tests and help in shooting.

Contact the [Thrown Weapons Marshal](#) (tw@sca-altavia.org) for more information and to verify dates and times.

Arts & Sciences

- **Arts & Science Workshops (aka Craft Nights)**

The 4th Tuesday of the month, 7:00pm to 9:00pm at CSUN, [Meeting site info](#) (<http://www.sca-altavia.org/Meetings/CSUN.html>). Bring your sewing or craft project to work on or help us make Baronial Presentations. The meetings sometimes have a project theme, which is usually published on the [Altavia E-mail list](#) (<http://groups.yahoo.com/group/altavia/>).

Contact [A&S Officer](#) (arts@sca-altavia.org) for details.

- **Bardic Circle**

Hosted by Baron Sir Charles of Dublin at the home of Baron Sir Robear du Bois. Contact [the A&S officer](#) (bardic@sca-altavia.org) for directions. The Bardic Circle will be pick, pass or play. For those who are new, this means that, as we go around the circle, you have the choice of:

1. Picking someone to perform something you like or something they want to do
2. Passing your turn to the next person
3. Performing yourself

This way you can relax & listen, perform, hear your favorites, or mix it up.

Contact [The A&S officer](mailto:bardic@sca-altavia.org) (bardic@sca-altavia.org) for dates, directions, and further information.

- **Children's Activities**

Children's activities are held at every event that Altavia sponsors.

Contact the [Children's Officer](mailto:children@sca-altavia.org) (children@sca-altavia.org) for information or offers to help.

- **Culinary Guild**

Special interest group for All Things Delicious to eat and drink, by the Barony of Altavia, the north-west Los Angeles County group of the Society for Creative Anachronism. Everyone is welcome in our discussions of recipes, historical research and events based around the food and beverages of the Middle Ages and Renaissance.

Meetings happen once a month. Contact the Guild through their Facebook page here: <http://www.facebook.com/groups/242868192471271/> or contact Baroness Asakura Mashime for information (chronicler@sca-altavia.org)

- **Dance Practice**

Belly Dance every Monday, 7:30pm at [*Verdugo Park*](#) in Burbank, 3201 West Verdugo, Burbank CA, 91505. Directions: off of Verdugo, turn North onto California and we are on the right hand side, half way down the block).

Tribal style belly dance practice. We have a mixture of absolute beginners, beginners and old pros. It's outside so dress warmly. Its lots of fun!

We are near the tennis courts and, as we practice next to the Heavies Fighters, just look for the fierce men and women in armor!

English Country Dance, the 3rd Tuesday of the month, 7:00pm to 9:00pm at CSUN, [Meeting site info](#).

No previous dance knowledge, equipment, or expertise is needed – but bring water - dancing takes more energy than you think. Garb is encouraged, but not required. The main focus will be English Country dancing, but we may introduce a few sets of some more international dances as well – depending on who is teaching that month. Special instructors and sets may be announced when/if they are known. If you are already skilled at dancing, and are willing to teach a dance or three to others; don't hesitate to contact [Meala Caimbeul](#) and we can make that happen! Likewise, if you want to learn a specific dance – ask and I'll do my very best to make that happen too.

Contact [Baroness Meliora Deverel](mailto:bellydance@sca-altavia.org) (bellydance@sca-altavia.org) for more information or to request to join their practice and event information E-mail group. For English Country Dance, contact Meala Caimbeul (dance@sca-altavia.org) for more details.

- **Potters Guild of Caid**

Meets once a month, contact [Baroness Asakura no Mashi](mailto:chronicler@sca-altavia.org) (chronicler@sca-altavia.org) for meeting times and location. To provide a supportive organization for ceramic artists of all skill levels. To provide an opportunity to network and share knowledge and techniques through workshops, special events, and at Arts and Sciences displays. To provide populace awareness and appreciation for ceramic artists and their work. To promote period creation, education and high quality work among our members.

[Potters guild of CAID Yahoo group](http://groups.yahoo.com/group/Potters_guild_of_CAID/) (http://groups.yahoo.com/group/Potters_guild_of_CAID/)

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